

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#100 Men 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Bailey, Ethan J	20	AQDO-CP	4:05.77
2 Wright, Keegan	17	TYGE-CP	4:07.80
3 Wolson, Daniel A	16	SAAW-CP	4:15.43
4 Forbes, Thomas I	19	LALE-CE	4:17.62
5 McWilliam, Troy	16	TYGE-CP	4:17.96
6 McWilliam, Benn	17	TYGE-CP	4:22.53
7 Trower, Nic T	14	TYGE-CP	4:23.00
8 Beukes, Wade	16	AQDO-CP	4:23.08
9 Levey, Chad	17	GSA-CP	4:23.92
10 West, Gabriel	19	TYGE-CP	4:26.48
11 Boshoff, Juan C	18	TYGE-CP	4:27.62
12 Malan, Johan S	17	CASC-CP	4:27.79
13 Van Rooyen, Jan-	17	KNYA-ED	4:28.16
14 Southworth, Mat	15	CYBE-CP	4:28.99
15 Bannister, Joshua	15	TYGE-CP	4:29.49
16 Van Wyk, Wayne	15	GSA-CP	4:29.63
17 Dos-Santos, Andri	15	CYBE-CP	4:30.91
18 Solomon, Ethan	15	AQDO-CP	4:31.92
19 Strydom, Stepha	18	TYGE-CP	4:33.07
20 Terblanche, Kiaa	18	TYGE-CP	4:35.48
21 Lastroni, Giulian	17	TSC	4:36.00
22 Coetzer, Milan J	16	CYBE-CP	4:37.19
23 Swart, Niklis	18	PLAY-CE	4:37.50
24 Möller, FC C	16	TYGE-CP	4:40.04
25 Kinneer, Connor	15	TYGE-CP	4:40.51
26 Nefdt, Grant	16	AQDO-CP	4:42.05
27 February, Gerard	14	CASC-CP	4:42.29
28 Pautz, Nathan M	15	BLMA-CP	4:43.18
29 Bezuidenhout, E	13	CASC-CP	4:43.27
30 De Lange, Adriaa	13	TYGE-CP	4:43.37
31 McPetrie, James I	16	MANT-CP	4:44.12
32 Esterhuizen, Lor	14	AQUA	4:44.41
33 Szapira, Saul	17	TYGE-CP	4:46.54
34 Bester, Eben	16	TYGE-CP	4:47.27
35 Benecke, Alexanc	15	SSISA-CP	4:47.96
36 Van Wyk, Wesley	17	ASAC-CP	4:48.96
37 Fernold, AJ	13	ROA-ED	4:51.93
38 Terblanche, Luar	15	TYGE-CP	4:51.98
39 Smith, Sebastian	14	TYGE-CP	4:52.03
40 Williams, Jayden	14	PAQU-CE	4:52.13
41 Kotzè, Max M	14	BLMA-CP	4:52.53
42 Basson, Lucca N	14	CYBE-CP	4:52.88
43 Karsten, Jody	16	BLMA-CP	4:53.97
44 Myburgh, Ruan	15	BLMA-CP	4:55.39
45 Arnott, Carter J	15	ASAC-CP	4:55.57
46 Pretorius, Luuk F	15	KNYA-ED	4:55.60
47 Cloete-Hopkins, J	16	SSISA-CP	4:58.56
48 Verbeek, Pierre C	12	CASC-CP	4:59.31
49 Williams, Evan B	13	SSISA-CP	4:59.80
50 Schreuder, Steffe	15	ASAW-CE	5:00.93
51 Roman, Noah P	13	AQDO-CP	5:01.02
52 Kalapac, Joshua	14	BLMA-CP	5:02.90
53 Goussard, Henry	13	GREY-CP	5:03.01
54 Van Zyl, Daniël R	12	TYGE-CP	5:03.52
55 Coolen, Jonathan	13	STAQ-CE	5:04.15
56 Poggenpoel, Troy	14	SSISA-CP	5:04.55
57 Vorster, Josua A	18	FISH-ED	5:04.71
58 Oaten, Rourke	13	CYBE-CP	5:09.63
59 Viljoen, Jaden R	15	ASAC-CP	5:09.65

60 Van Wyk, Jack R	12	CASC-CP	5:09.70
61 Bouwer, Jason	13	TYGE-CP	5:10.55
62 Hahn, Kyle	11	ROA-ED	5:10.56
63 Afonso, Aragon C	13	QUIC-CP	5:10.59
64 De Bruyn, Cornè	14	ASAC-CP	5:11.20
65 Loots, Noah C	12	ASAC-CP	5:11.39
66 Hekandjo, Kabi A	13	AQUA	5:12.52
67 Stander, Luan	15	PLAY-CE	5:12.64
68 Gilbert, Andrew	14	SAAW-CP	5:15.65
69 Breebaart, Joshu	11	GREY-CP	5:16.60
70 Rohner, Jayden M	16	BLMA-CP	5:16.78
71 Rheeder, Liam M	13	PAQU-CE	5:16.91
72 Boshoff, Keanu A	12	KNYA-ED	5:18.49
73 Trower, Michael	12	TYGE-CP	5:18.56
74 Cavallaro, Michel	13	CYBE-CP	5:18.58
75 Smit, Reynard-Gi	12	SFSC-CP	5:18.75
76 Mkavea, Tasu	13	UWCA-CP	5:21.96
77 Mouton, Jean A	13	ASAC-CP	5:22.64
78 Swart, Nico N	12	CASC-CP	5:23.71
79 Pautz, Benjamin	11	BLMA-CP	5:24.75
80 Walther-Kotzè, L	13	ASAC-CP	5:26.11
81 Faulkner, Callum	12	BLMA-CP	5:27.16
82 Schaefer, Daniel	11	PLAY-CE	5:27.34
83 Cole, Jarryd C	13	SAAW-CP	5:27.89
84 Pieterse, Marcell	13	XCEL-CP	5:28.10
85 Swanepoel, Ewal	13	FISH-ED	5:29.69
86 Nagendrakumar,	13	SFSC-CP	5:30.96
87 Coleman, Travis	12	BLMA-CP	5:31.06
88 van Wyk, Tariq K	13	BARR-CP	5:32.50
89 Wing, James L	13	GREY-CP	5:35.46
90 Coetzee, Sion M	13	QUIC-CP	5:35.50
91 Wagener, Tiaan F	11	ASAW-CE	5:36.11
92 Yeowart, Luke D	13	GREY-CP	5:36.56
93 Bright, Michael C	11	CASC-CP	5:37.85
94 Hodgskiss, Fin J	12	SSISA-CP	5:38.62
95 Yeowart, Seth W	13	GREY-CP	5:41.40
96 Vd Watt, Earle	11	GSA-CP	5:45.97
97 Akinci, Can Batu	11	VINE-CP	5:47.01
98 Barnard, Theo J	11	SWAR-WC	5:48.00
99 Stander, Christia	11	ASAW-CE	5:51.64
100 Fouche, Jack	11	TYGE-CP	5:51.98
101 February, Dillon	11	CASC-CP	5:52.91
102 Schreve, Lehan	11	SWAR-WC	5:53.70
103 van Rensburg, Tr	11	GSA-CP	5:55.99
104 Mallin, Lukas	9	SAAW-CP	5:57.24
105 Van Onselen, Pie	10	TYGE-CP	6:07.83
106 Bosch, Ewan Y	11	TYGE-CP	6:08.22

#101 Women 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Hearne, Trinity S	20	CYBE-CP	4:32.92
2 Noades, Kiara J	22	LALE-CE	4:34.79
3 Fury, Rebecca G	16	VINE-CP	4:39.52
4 Neilson, Hannah	18	UWCA-CP	4:40.84
5 du Plessis, Madis	15	BLOT-MA	4:45.24
6 Morton, Tayler R	16	GSA-CP	4:48.42
7 King, Mischa	18	LALE-CE	4:49.72
8 Kotzè, Tamsyn G	16	BLMA-CP	4:53.33
9 Groepes, Rachel	17	SAAW-CP	4:53.56
10 Laubscher, Maya	16	GSA-CP	4:53.63
11 Kleinhans, Zara I	18	AQDO-CP	4:53.71
12 Prinsloo, Mila	16	ASAW-CE	4:55.11

13 Humphrey, Jessic	15	AQUA	4:55.16
14 De Roubaix, Mari	16	LALE-CE	4:55.74
15 Theron, Jady	16	ASAW-CE	4:55.99
16 Evans, Caitlin N	13	TYGE-CP	4:56.36
17 Zeelie, Shanna-L	14	BLMA-CP	4:57.07
18 Bergh, Madison S	14	AQUA	4:57.15
19 de Jager, Katie	14	BLOT-MA	4:58.95
20 Grütter, Arabelle	13	ROA-ED	4:59.21
21 Senekal, Margo	14	TYGE-CP	4:59.57
22 Havenga, Skyla K	17	CLSC-WC	5:01.93
23 Hahn, Kayleigh K	14	ROA-ED	5:03.37
24 Vd Westhuizen, J	15	AQDO-CP	5:03.62
25 Gennarakis, Chri	16	CASC-CP	5:05.30
26 Louw, Anieka	13	CASC-CP	5:05.62
27 Franks, Madison	16	SSISA-CP	5:05.96
28 Raimond, Marike	14	TYGE-CP	5:06.11
29 Newton, Ava L	14	CASC-CP	5:06.63
30 Hartung, Amy M	14	ASAC-CP	5:06.64
31 Du Plessis, Chan	16	CYBE-CP	5:09.92
32 Durandt, Sharli	12	SAAW-CP	5:09.99
33 Lorenzen, Ava E	12	BLMA-CP	5:10.26
34 De Villiers, Anja	12	TYGE-CP	5:10.47
35 Swanepoel, Lulu	12	ASAC-CP	5:11.27
36 Langenhoven, Er	16	SFSC-CP	5:11.37
37 Tsai-Rieb, Pei-Ch	12	CYBE-CP	5:12.13
38 Vd Wal, Mieke	15	CASC-CP	5:13.78
39 Coleman, Madisc	14	BLMA-CP	5:15.06
40 Holthuis, Keilah-	14	QSAW-CE	5:16.11
41 Visser, Cara	13	CYBE-CP	5:16.24
42 Hayes, Kerrigan I	14	CASC-CP	5:18.98
43 du Plessis, Sumr	13	BLOT-MA	5:19.31
44 Messiter-Tooze, I	13	SFSC-CP	5:20.05
45 Van Der Wath, Iz	13	KNYA-ED	5:20.37
46 Olivier, Shani	16	WELL-CE	5:21.19
47 Grobler, Zané	13	ROA-ED	5:23.06
48 Ahmed, Ayla	12	SAAW-CP	5:24.30
49 Nilsson, Rebecca	12	TYGE-CP	5:25.45
50 Bova-Olsen, Katy	13	MARL-CP	5:28.11
51 du Plessis, Evie	11	BLOT-MA	5:29.70
52 Gerber, Simonè M	13	GREY-CP	5:30.05
53 Fury, Amelia J	12	VINE-CP	5:32.07
54 Burger, Juanè	13	TYGE-CP	5:32.13
55 Botha, Chelsea	13	CASC-CP	5:35.15
56 Jagger, Ammara	15	AQDO-CP	5:35.21
57 O'Carroll, Nia E	13	STAQ-CE	5:36.92
58 Lockitch, Zara	11	CYBE-CP	5:37.17
59 Blake, Abi E	13	GREY-CP	5:37.18
60 Williams, Aqeela	11	UWCA-CP	5:37.57
61 Laubscher, Mikal	13	GSA-CP	5:38.33
62 Krog, Miya	13	SAAW-CP	5:41.04
63 Olivier, Julie M	11	TYGE-CP	5:41.29
64 Van Dyk, Zani	11	GSA-CP	5:41.72
65 Saayman, Nika D	13	PLAY-CE	5:44.43
66 Joyce, Jenna	11	CASC-CP	5:44.53
67 Els, Jamie	11	AQDO-CP	5:46.59
68 Billson, Amelie	11	CASC-CP	5:47.22
69 Dimatellis, Zoi	11	ROA-ED	5:48.01
70 Sabbagha, Georg	11	PAQU-CE	5:51.88
71 Nienaber, Mila J	12	QSAW-CE	5:55.49

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#102 Men 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 TYGE-CP	A	7:58.13
Trower, Nic T 14		West, Gabriel 19
Wright, Keegan 17		Esterhuysen, Joshua N 16
2 LALE-CE	A	8:21.10
Forbes, Thomas P 19		Clarke, Liam 16
Van Heerden, Stefan F 17		Clayton, Antony L 16
3 TYGE-CP	B	8:26.12
Boshoff, Juan C 18		Bannister, Joshua G 15
McWilliam, Troy J 16		McWilliam, Benn D 17
4 AQDO-CP	A	8:27.62
Beukes, Wade 16		Nefdt, Grant 16
Solomon, Ethan 15		Bailey, Ethan J 20
5 CASC-CP	A	8:31.08
Malan, Johan S 17		February, Gerard G 14
Louw, Guillaume 20		Kriegler, Christian C 18
6 CYBE-CP	A	8:39.21
Basson, Lucca N 14		Coetzer, Jayden P 18
Coetzer, Milan J 16		Southworth, Matthew W 15
7 LALE-CE	B	8:45.60
Malherbe, Nicholas N 17		Barnard, Rohan C 19
Uys, Keegan 16		Forbes, Nicholas J 17
8 ASAC-CP	A	8:46.52
Basson, Wilan 17		Abrahams, Matthew N 24
Arnott, Carter J 15		Van Wyk, Wesley R 17
9 VINE-CP	A	8:47.24
10 SSISA-CP	A	8:53.72
Oosthuizen, Nic D 21		Benecke, Alexander 15
Du Preez, Shaun 16		Kleinbans, Kyle 17
11 CYBE-CP	B	9:05.06
Dos-Santos, Andrei 15		Davidtsz, Colin 16
Oaten, Rourke 13		Cavallaro, Federico F 18
12 ASAC-CP	B	9:39.28
De Bruyn, Cornè C 14		Loots, Noah C 12
Viljoen, Jaden R 15		Davydov, Davis 16
13 GSA-CP	A	NT
Klevnhans, Ian 16		Levey, Chad 17
Van Helden, Ethan C 15		Van Wyk, Wayne E 15
14 SAAW-CP	A	NT
Wolson, Daniel A 16		Smit, MJ M 15
Zellie, Thomas J 16		Cole, Jarryd C 13

#103 Women 4x200 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 LALE-CE	A	9:04.19
Noades, Kiara I 22		De Jongh, Grace 17
King, Mischa 18		Michell, Emma Y 18
2 VINE-CP	A	9:08.01
3 TYGE-CP	A	9:08.42
Uys, Tara 18		Evans, Caitlin N 13
Glover, Erin K 15		Kotze, Abigail 14
4 CASC-CP	A	9:21.18
Gennarakis, Christina 16		Louw, Anieka 13
Vd Wal, Mieke 15		Christie, Leah E 18
5 SSISA-CP	A	9:27.45
6 CYBE-CP	A	9:29.84
Hearne, Trinity S 20		Du Plessis, Chanel P 16
Visser, Cara 13		Tsai-Rieb, Pei-Chi P 12
7 TYGE-CP	B	9:38.64
De Villiers, Ania 12		Raimond, Marike M 14
Ryser, Aurora 16		Senekal, Margo 14

8 ASAC-CP	A	10:09.89
Swanepoel, Lulu A 12		Havemann, Bella 15
Heyes, Danielle A 17		Hartung, Amy M 14
9 GSA-CP	A	NT
Laubscher, Maya R 16		Cope, Morgan M 17
Morton, Tayler R 16		Vd Merwe, Simone 16
10 SAAW-CP	A	NT
Cromhout, Hannah E 19		Groepes, Rachel L 17
Ahmed, Ayla 12		Durandt, Sharli 12

#200 Men 100 LC Meter Backstroke

Name	Age	Team	Seed Time
1 Van Vondel, Antc	16	TYGE-CP	58.63
2 Kriegler, Christia	18	CASC-CP	58.68
3 Boshoff, Juan C	18	TYGE-CP	59.57
4 Kotze, Eric B	14	STAQ-CE	59.63
5 Trower, Nic T	14	TYGE-CP	1:00.08
6 Coetzer, Jayden F	18	CYBE-CP	1:01.52
7 Wolson, Daniel A	16	SAAW-CP	1:01.61
8 Strydom, Conrad	15	QUIC-CP	1:01.75
9 Burger, Schalk S	18	SWAR-WC	1:01.85
10 Foot, Aiden C	17	SWAR-WC	1:02.33
11 Webb, Corey	20	SSISA-CP	1:02.85
12 Coetzer, Milan J	16	CYBE-CP	1:02.93
13 Pretorius, Luuk I	15	KNYA-ED	1:03.13
14 Esterhuizen, Lor	14	AQUA	1:03.18
15 Swarts, Keeno A	18	VINE-CP	1:03.19
16 Wright, Keegan	17	TYGE-CP	1:03.34
17 Kleinbans, Kyle	17	SSISA-CP	1:03.42
18 Bestel, Luc M	14	VINE-CP	1:03.68
19 Wollenschlaeger,	15	VINE-CP	1:03.70
20 Smit, MJ M	15	SAAW-CP	1:03.74
21 Ritchie, Andrew	23	TYGE-CP	1:04.02
22 Lottering, Seb C	15	ROA-ED	1:04.41
23 Orchard, Thoma:	16	SWAR-WC	1:04.50
24 Boonzaier, Janni	17	ASAC-CP	1:04.64
25 De Lange, Adriaa	13	TYGE-CP	1:04.82
26 Hopkins, Tim	18	TYGE-CP	1:04.87
27 Terblanche, Kiaa	18	TYGE-CP	1:04.87
28 Field, Luke D	17	VINE-CP	1:04.90
29 Louw, Guillaume	20	CASC-CP	1:05.01
30 Nelson, Christop	16	LALE-CE	1:05.21
31 Van Wyk, Wayne	15	GSA-CP	1:05.40
32 Breet, Dawie-Lou	16	PLAY-CE	1:05.72
33 Ollkers, Caellum (17	CASC-CP	1:05.78
34 Landi, Tristan	15	VINE-CP	1:06.05
35 Gounden, Mikha	18	CLSC-WC	1:06.08
36 Van Helden, Etha	15	GSA-CP	1:06.20
37 De Kock, John P	14	LALE-CE	1:06.45
38 Myburgh, Jordan	18	BLMA-CP	1:06.49
39 Schultz, Heinrich	14	LALE-CE	1:06.50
40 Engelbrecht, Rut	16	PLAY-CE	1:06.70
41 Peceur, Mark D	19	PAQU-CE	1:06.81
42 Sirin, Ben	14	VINE-CP	1:06.86
43 Geyser, Jacques M	16	LALE-CE	1:06.89
44 February, Gerard	14	CASC-CP	1:06.92
45 Strydom, Stepha	18	TYGE-CP	1:07.08
46 Bester, Eben	16	TYGE-CP	1:07.11
47 Forbes, Nicholas	17	LALE-CE	1:07.13
48 Szapira, Saul	17	TYGE-CP	1:07.20
49 Smith, Sebastian	14	TYGE-CP	1:07.23
50 Nefdt, Grant	16	AQDO-CP	1:07.32

51 Bezuidenhout, Ei	13	CASC-CP	1:07.45
52 Möller, FC C	16	TYGE-CP	1:07.92
53 Lombard, Kyle M	15	BARR-CP	1:07.97
54 Daniels, Adam M	14	ELEC-TS	1:08.14
55 Abrahams, Wasfi	17	MARL-CP	1:08.16
56 Lehnberg, Malan	17	FISH-ED	1:08.21
57 Bannister, Joshua	15	TYGE-CP	1:08.36
58 Grové, Daniël	14	CUHE-OB	1:08.42
59 Fernold, AJ	13	ROA-ED	1:08.60
60 Karsten, Jody	16	BLMA-CP	1:08.69
61 Kalapac, Joshua	14	BLMA-CP	1:08.81
62 Arnott, Carter J	15	ASAC-CP	1:08.92
63 Beukes, Mateo A	18	WALM-CP	1:09.01
64 Gilmour, Connor	13	SFSC-CP	1:09.22
65 Basson, Lucca N	14	CYBE-CP	1:09.34
66 Benecke, Alexander	15	SSISA-CP	1:09.73
67 Adendorff, James	15	TYGE-CP	1:09.78
68 Nel, Max	13	ROA-ED	1:09.85
69 Walker, Yohan G	15	VINE-CP	1:09.86
70 Rayne, Leo	14	ASAC-CP	1:10.00
71 Barnard, Rohan C	19	LALE-CE	1:10.17
72 Pautz, Nathan M	15	BLMA-CP	1:11.02
73 Terblanche, Luar	15	TYGE-CP	1:11.03
74 Viljoen, Jaden R	15	ASAC-CP	1:11.05
75 Renard, Leo G	16	ASAC-CP	1:11.69
76 McPetrie, James J	16	MANT-CP	1:11.86
77 Coolen, Jonathan	13	STAQ-CE	1:11.91
78 Van Graan, Matth	13	STAQ-CE	1:11.94
79 Kotzè, Kailen M	17	SWAR-WC	1:12.00
80 Das Neves, Lucas	14	TYGE-CP	1:12.85
81 Witbooi, Reinhar	16	STAQ-CE	1:12.89
82 Lategan, Nicky N	14	SWAR-WC	1:12.91
83 Kotzè, Max M	14	BLMA-CP	1:12.99
84 Bouwer, Jason	13	TYGE-CP	1:13.07
85 Myburgh, Ruan	15	BLMA-CP	1:13.27
86 Hewitt-Smook, K	15	SWAR-WC	1:13.44
87 Njoroge, Alphons	14	CASC-CP	1:13.82
88 Verbeek, Pierre C	12	CASC-CP	1:14.07
89 Hahn, Kyle	11	ROA-ED	1:14.43
90 Williams, Evan B	13	SSISA-CP	1:14.94
91 Stanfliet, Nichola	13	VINE-CP	1:15.19
92 Williams, Logan	13	VINE-CP	1:15.25
93 Barge, Zac	14	SAAW-CP	1:15.33
94 Troskie, Roean	12	QUIC-CP	1:15.65
95 Rohner, Jayden M	16	BLMA-CP	1:16.13
96 Yiorkas, Yiorgos	14	BLOT-MA	1:16.37
97 Van der Watt, Alj	15	PLAY-CE	1:16.41
98 De Jager, Nathan	15	ASAC-CP	1:16.47
99 Hekandjo, Kabi A	13	AQUA	1:16.62
100 Van Wyk, Jack R	12	CASC-CP	1:17.15
101 Conradie, Niel	13	QUIC-CP	1:17.69
102 Parr, Colbyn S	12	KNYA-ED	1:18.02
103 Van Zyl, Daniël R	12	TYGE-CP	1:18.13
104 Pieterse, Marcell	13	XCEL-CP	1:18.34
105 Van Vondel, Rola	12	TYGE-CP	1:18.70
106 Bright, Michael C	11	CASC-CP	1:18.83
107 Rheeder, Liam M	13	PAQU-CE	1:19.12
108 Afonso, Aragon C	13	QUIC-CP	1:19.25
109 Schaefer, Daniel C	11	PLAY-CE	1:19.63
110 van Wyk, Tariq K	13	BARR-CP	1:19.64
111 Du Plessis, Jason	13	CLSC-WC	1:19.87
112 Yeowart, Luke D	13	GREY-CP	1:20.10

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#200 ... (Men 100 LC Meter Backstroke)

113	Nell, Liam	12	VINE-CP	1:20.12
114	Hodge, Cameron	13	LALE-CE	1:20.15
115	Oaten, Rourke	13	CYBE-CP	1:20.22
116	Vergotine, Valent	36	VINE-CP	1:20.77
117	Trower, Michael	12	TYGE-CP	1:20.89
118	Bergh, Riley R	12	AQUA	1:20.96
119	Vd Watt, Earle	11	GSA-CP	1:20.98
120	Hodgskiss, Fin J	12	SSISA-CP	1:21.17
121	Matthee, Burger	12	AGAQ-OB	1:21.67
122	Yeoward, Seth W	13	GREY-CP	1:21.74
123	Coetzee, Sion M	13	QUIC-CP	1:21.88
124	Pautz, Benjamin	11	BLMA-CP	1:22.35
125	Benecke, Delmar	12	VINE-CP	1:22.54
126	Spencer, Marcus	12	VINE-CP	1:22.84
127	February, Dillon	11	CASC-CP	1:22.98
128	Oosthuizen, Etha	13	PLAY-CE	1:24.03
129	Faulkner, Callum	12	BLMA-CP	1:24.50
130	Coleman, Travis	12	BLMA-CP	1:24.65
131	Poatney, Matthe	10	SAAW-CP	1:24.67
132	Van Onselen, Pie	10	TYGE-CP	1:24.98
133	Grobler, Reuben	13	PLAY-CE	1:25.04
134	Coolen, Nicolas L	11	STAQ-CE	1:25.62
135	Nagendrakumar,	13	SFSC-CP	1:25.70
136	Muller, Lukas D	12	QUIC-CP	1:25.84
137	Slabber, Ruhann	13	CASC-CP	1:26.09
138	Leitner, Zachary	10	AQUA	1:26.35
139	Mallin, Lukas	9	SAAW-CP	1:27.00
140	Visagie, Dian	11	SWAR-WC	1:27.04
141	Kruger, Zachary	11	SWAR-WC	1:27.17
142	Bosch, Ewan Y	11	TYGE-CP	1:27.34
143	Barnard, Theo J	11	SWAR-WC	1:27.38
144	Wessels, Hendrè	11	AGAQ-OB	1:28.45
145	Schreive, Lehan	11	SWAR-WC	1:28.54
146	Lewis, Amaru C	11	PAQU-CE	1:29.10
147	Wagner, Tiaan F	11	ASAW-CE	1:29.83
148	Gerber, Luke M	10	CASC-CP	1:29.95
149	Immelman, Max	13	GREY-CP	1:29.98
150	Pardoe, James N	12	GREY-CP	1:30.00
151	Naude, AJ J	11	AGAQ-OB	1:30.26
152	Boshoff, Mickayl	11	KNYA-ED	1:30.57
153	Viljoen, Jagger F	10	ASAC-CP	1:31.63
154	King, Aidan J	11	GSA-CP	1:32.16
155	Akinci, Can Batu	11	VINE-CP	1:36.74
156	Pieterse, Owen	11	GSA-CP	1:37.17
157	Van Schaik, Luc	13	VINE-CP	NT

#201 Women 100 LC Meter Backstroke

Name	Age	Team	Seed Time	
1	De Wet, Emma M	16	VINE-CP	1:03.64
2	Burgess, Cassidy	15	VINE-CP	1:04.22
3	Uys, Tara	18	TYGE-CP	1:04.71
4	Humphrey, Jessic	15	AQUA	1:05.06
5	De Jongh, Grace	17	LALE-CE	1:05.13
6	De Villiers, Lezar	19	LALE-CE	1:06.04
7	Orchard, Milan N	13	VINE-CP	1:06.28
8	Kotze, Abigail	14	TYGE-CP	1:06.88
9	Du Plessis, Chant	16	CYBE-CP	1:07.58
10	Groepes, Rachel	17	SAAW-CP	1:07.92
11	Vickers, Sophie	16	SSISA-CP	1:08.13
12	Morton, Tayler R	16	GSA-CP	1:08.55

13	Combrink, Amy	14	VINE-CP	1:08.75
14	Hebler, Lily M	14	QSAW-CE	1:09.34
15	Helmand, Anieke	18	KOV5-MA	1:09.51
16	Lombard, Jana	16	LALE-CE	1:09.68
17	Van Niekerk, Lic	16	PLAY-CE	1:09.70
18	Cronjè, Danielle	15	LALE-CE	1:09.78
19	Michell, Emma Y	18	LALE-CE	1:09.87
20	Botha, Lara E	17	ASAW-CE	1:10.11
21	Kuun, Melissa	16	FISH-ED	1:10.21
22	Viljoen, Jo-Ell	17	ASAW-CE	1:10.44
23	Bester, Lisa	16	WELL-CE	1:10.53
24	Daffarn, Eri J	19	VINE-CP	1:10.87
25	du Plessis, Madis	15	BLOT-MA	1:11.08
26	Newton, Ava L	14	CASC-CP	1:11.09
27	Schmidt, Amy	15	ASAW-CE	1:11.15
28	Ribeiro, Nuria A	21	MATI-CE	1:11.20
29	Jones, Gemma K	15	VINE-CP	1:11.32
30	Bergh, Madison S	14	AQUA	1:11.54
31	Ryder, Aurora	16	TYGE-CP	1:11.56
32	Smidt, Clio J	17	VINE-CP	1:11.61
33	Ward, Tanith A	17	SSISA-CP	1:11.65
34	Trout, Sophia L	14	VINE-CP	1:12.29
35	Hayes, Kerrigan I	14	CASC-CP	1:12.64
36	Smit, Jenna	16	CASC-CP	1:12.97
37	Dowdle, Kalyne	16	ASAW-CE	1:13.05
38	Lategan, Emma M	15	CASC-CP	1:13.08
39	Rossouw, Emma	14	TYGE-CP	1:13.22
40	Glover, Erin K	15	TYGE-CP	1:13.37
41	Bulose, Megan	19	YWCA-CP	1:13.49
42	Evans, Caitlin N	13	TYGE-CP	1:13.53
43	Holman, Acaylia	13	MARL-CP	1:13.56
44	Van Huyssteen, M	16	CUHE-OB	1:13.67
45	Gennarakis, Chri	16	CASC-CP	1:13.91
46	Borman, Jani	15	SWAR-WC	1:13.97
47	Jantzen, Zianè	14	QUIC-CP	1:14.44
48	Lorenzen, Ava E	12	BLMA-CP	1:14.46
49	Rossouw, Nadia	17	TYGE-CP	1:14.93
50	Smith, Sophie	12	VINE-CP	1:15.01
51	Van Galen, Ava-L	14	STAQ-CE	1:15.02
52	Coleman, Madisc	14	BLMA-CP	1:15.23
53	Wium, Mari	14	QSAW-CE	1:15.51
54	Morris, Jenna	14	VINE-CP	1:15.51
55	Watson, Caitlin C	16	BLMA-CP	1:15.52
56	Juries, Sam C	14	CLSC-WC	1:15.61
57	De Roubaix, Mar	16	LALE-CE	1:15.67
58	Goebel, Zoë	15	TYGE-CP	1:16.22
59	Grütter, Arabelle	13	ROA-ED	1:16.24
60	Zeelie, Shanna-L	14	BLMA-CP	1:16.24
61	Vd Westhuizen, J	15	AQDO-CP	1:16.27
62	Riley, Logan	13	VINE-CP	1:16.43
63	Vd Merwe, Simo	16	GSA-CP	1:16.44
64	De Villiers, Anja	12	TYGE-CP	1:16.59
65	La Grange, Emm	15	PLAY-CE	1:16.67
66	Vd Merwe, Mi-Ly	14	LALE-CE	1:16.87
67	Visser, Cara	13	CYBE-CP	1:16.91
68	Holthuis, Keilah	14	QSAW-CE	1:16.97
69	Raimond, Marike	14	TYGE-CP	1:17.02
70	Basson, Lenè	12	CLSC-WC	1:17.24
71	Louw, Anieka	13	CASC-CP	1:17.27
72	Vd Merwe, Mia	14	GSA-CP	1:17.52
73	Magotsi, Riziki A	13	VINE-CP	1:17.78
74	Slinger, Gizelle	14	AQUA	1:18.88

75	Baillie, Gabi J	13	ROA-ED	1:19.02
76	Senekal, Margo	14	TYGE-CP	1:19.05
77	Smith, Lara E	15	TYGE-CP	1:19.24
78	Coetzee, Liane	12	PLAY-CE	1:19.47
79	Gerber, Mia	15	LALE-CE	1:19.54
80	O'Carroll, Nia E	13	STAQ-CE	1:19.76
81	Gerber, Simonè M	13	GREY-CP	1:19.94
82	Havemann, Bella	15	ASAC-CP	1:20.23
83	Saayman, Nika D	13	PLAY-CE	1:20.37
84	Boshoff, Anja	11	TYGE-CP	1:20.43
85	Botha, Chelsea	13	CASC-CP	1:20.43
86	Messiter-Tooze, I	13	SFSC-CP	1:20.87
87	Jagger, Ammara	15	AQDO-CP	1:21.20
88	Myers, Kirsten E	13	SSISA-CP	1:21.30
89	Fenner, Olivia M	12	PLAY-CE	1:21.58
90	Dimatellis, Zoi	11	ROA-ED	1:21.59
91	Dreyer, Arne'	13	STAQ-CE	1:21.73
92	Bayly, Arabella	12	VINE-CP	1:22.42
93	Mason, Phoebe M	13	STAQ-CE	1:22.51
94	Van Dyk, Zani	11	GSA-CP	1:22.73
95	Oaten, Sabrina	13	CYBE-CP	1:22.96
96	Blake, Abi E	13	GREY-CP	1:23.40
97	Grobler, Zanè	13	ROA-ED	1:24.15
98	Laubscher, Mikal	13	GSA-CP	1:24.50
99	Burger, Juanè	13	TYGE-CP	1:24.91
100	Schäfer, Kyla	12	KNYA-ED	1:24.96
101	Olivier, Julie M	11	TYGE-CP	1:25.16
102	Samuels, Londyn	11	PAQU-CE	1:25.66
103	du Plessis, Evie	13	BLOT-MA	1:25.72
104	Louw, Isabella A	12	BLMA-CP	1:25.72
105	Lockitch, Zara	11	CYBE-CP	1:25.84
106	Jansen van Rensl	11	VINE-CP	1:26.19
107	Terblanche, Essie	14	LALE-CE	1:26.38
108	Thirsk, Savannah	11	TYGE-CP	1:26.41
109	Thirsk, Madison	13	TYGE-CP	1:27.32
110	De Beer, Isabella	12	QSAW-CE	1:27.98
111	Taljaard, Lianè	13	FISH-ED	1:28.16
112	McAfee, Holly B	13	FISH-ED	1:28.23
113	Sabbagha, Georg	11	PAQU-CE	1:28.31
114	Coetzee, Marli	11	GSA-CP	1:29.62
115	Billson, Amelie	11	CASC-CP	1:30.41
116	Hager, Carle	13	LALE-CE	1:31.17
117	Groves, Philippa	12	SSISA-CP	1:31.25
118	du Plessis, Sumr	13	BLOT-MA	1:31.57
119	Joyce, Jenna	11	CASC-CP	1:31.75
120	Stilwaney, Mia C	11	PAQU-CE	1:32.52
121	Horn, Anna	11	XCEL-CP	1:36.00
122	Ahmed, Bria	10	SAAW-CP	1:36.84

#202 Men 200 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hendricks, Robe	18	ROA-ED	2:06.20
2	Bailey, Ethan J	20	AQDO-CP	2:07.54
3	West, Gabriel	19	TYGE-CP	2:11.87
4	Mia, Sirhaan	17	MARL-CP	2:13.08
5	Esterhuyesen, Josl	16	TYGE-CP	2:13.75
6	Boshoff, Juan C	18	TYGE-CP	2:15.10
7	Esterhuizen, Lor	14	AQUA	2:18.99
8	Viljoen, Stèphen	17	ASAW-CE	2:20.39
9	Louw, Guillaume	20	CASC-CP	2:21.43
10	McWilliam, Benn	17	TYGE-CP	2:22.22
11	Pecur, Mark D	19	PAQU-CE	2:23.21

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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#202 ... (Men 200 LC Meter Butterfly)

12	Dos-Santos, Andi	15	CYBE-CP	2:23.21
13	Kotze, Eric B	14	STAQ-CE	2:24.00
14	Van Rooyen, Jan-	17	KNYA-ED	2:26.12
15	Southworth, Mat	15	CYBE-CP	2:28.02
16	Solomon, Ethan	15	AQDO-CP	2:28.70
17	Beukes, Wade	16	AQDO-CP	2:31.98
18	Terblanche, Luar	15	TYGE-CP	2:32.10
19	Cavallaro, Michel	13	CYBE-CP	2:34.10
20	Waters, Steven G	14	LALE-CE	2:35.58
21	Bezuidenhout, E	13	CASC-CP	2:41.42
22	Bouwer, Jason	13	TYGE-CP	2:44.34
23	Beukes, Jaden L	14	WALM-CP	2:44.34
24	Kotzè, Arden C	13	ASAW-CE	2:47.72
25	Nel, Max	13	ROA-ED	2:50.27
26	Swart, Nico N	12	ASAC-CP	2:54.76
27	Rheeder, Liam M	13	PAQU-CE	2:57.96
28	Poggenpoel, Troy	14	SSISA-CP	3:12.59
29	Mkavea, Tasu	13	UWCA-CP	3:12.98
30	Boshoff, Mickayl	11	KNYA-ED	3:32.00

#203 Women 200 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	2:14.78
2	Viljoen, Jo-Ell	17	ASAW-CE	2:28.26
3	Prinsloo, Mila	16	ASAW-CE	2:32.68
4	Evans, Caitlin N	13	TYGE-CP	2:37.35
5	Hartung, Amy M	14	ASAC-CP	2:42.41
6	Tsai-Rieb, Pei-Ch	12	CYBE-CP	2:44.31
7	Vd Westhuizen, J	15	AQDO-CP	2:47.94
8	Liebenberg, Emil	14	SWAR-WC	2:51.22
9	Durandt, Sharli	12	SAAW-CP	3:02.85

#204 Men 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Etzold, Peter S	18	VINE-CP	29.84
2	Rudolph, Wido	17	FISH-ED	30.15
3	Van Greunen, Rei	17	FISH-ED	30.41
4	Hartman, Timot	17	SSISA-CP	30.47
5	Leiar, Alex H	18	KNYA-ED	30.59
6	Sack, Benji	27	SSISA-CP	30.60
7	Boshoff, Juan C	18	TYGE-CP	31.02
8	Field, Luke D	17	VINE-CP	31.13
9	Clayton, Franco F	17	LALE-CE	31.47
10	Malan, Johan S	17	CASC-CP	31.75
11	Carr, Simeon	17	TSC	32.20
12	Wessels, Armin I	16	LALE-CE	32.52
13	Van Heerden, Ste	17	LALE-CE	32.61
14	Myburgh, Jordan	18	BLMA-CP	32.78
15	Hugo, Retief R	17	ASAW-CE	32.85
16	DE Bruyn, Flippi	17	FISH-ED	32.86
17	Omar, Ilyas I	17	MARL-CP	32.92
18	Van Reenen, Rya	24	BLMA-CP	33.13
19	McWilliam, Benn	17	TYGE-CP	33.17
20	Malherbe, Nichol	17	LALE-CE	33.32
21	Nelson, Christop	16	LALE-CE	33.36
22	Theron, Luca D	15	VINE-CP	33.37
23	West, Gabriel	19	TYGE-CP	33.38
24	Gilbert, Andrew	14	SAAW-CP	33.41
25	Van Vondel, Anto	16	TYGE-CP	33.42
26	Goldstein, Trista	18	ASAC-CP	33.62

27	Daniels, Adam M	14	ELEC-TS	33.69
28	Ritchie, Andrew	23	TYGE-CP	33.80
29	Carrol, Matt	18	BLMA-CP	33.83
30	Hendricks, Joshu	16	LALE-CE	33.85
31	Alexander, Amm	16	MARL-CP	33.98
32	Lehnberg, Malan	17	FISH-ED	34.03
33	Engelbrecht, Ruf	16	PLAY-CE	34.08
34	Simpson, Jesse	15	VINE-CP	34.25
35	Williams, Jayden	14	PAQU-CE	34.35
36	Zellie, Thomas J	16	SAAW-CP	34.59
37	Beste, Eben	16	TYGE-CP	34.66
38	Yiorkas, Yiorgos	14	BLOT-MA	34.69
39	Stanfliet, Nichola	13	VINE-CP	34.70
40	February, Gerard	14	CASC-CP	34.71
41	Smith, Damian G	19	FISH-ED	34.77
42	Karsten, Jody	16	BLMA-CP	34.82
43	Esterhuizen, Lor	14	AQUA	34.92
44	Kinnear, Connor	15	TYGE-CP	34.92
45	Anthony, Ammar	20	MARL-CP	34.98
46	Goldstein, Phoen	15	ASAC-CP	35.04
47	Vorster, Josua A	18	FISH-ED	35.17
48	Du Preez, Shaun	16	SSISA-CP	35.20
49	Sirin, Ben	14	VINE-CP	35.42
50	Uys, Keegan	16	LALE-CE	35.57
51	Van Helden, Etha	15	GSA-CP	35.58
52	Van der Watt, Alj	15	PLAY-CE	35.59
53	Linscott, Josh C	15	MANT-CP	35.60
54	Mkavea, Tasu	13	UWCA-CP	35.69
55	Saayman, Dehan	15	PLAY-CE	35.76
56	Burger, Rosseau	14	LALE-CE	35.81
57	Hudson, Thomas	13	PLAY-CE	35.83
58	Kotzè, Kailen M	17	SWAR-WC	35.87
59	Adendorff, Jame	15	TYGE-CP	36.15
60	Searle, Jude	13	VINE-CP	36.20
61	Kuun, Hanru P	16	FISH-ED	36.29
62	Pautz, Nathan M	15	BLMA-CP	36.31
63	Spencer, Charles	14	VINE-CP	36.31
64	Moolman, Carter	15	MANT-CP	36.39
65	Goussard, Henry	13	GREY-CP	36.46
66	Smith, Sebastian	14	TYGE-CP	36.47
67	McWilliam, Troy	16	TYGE-CP	36.53
68	Wing, James L	13	GREY-CP	36.56
69	Landi, Tristan	15	VINE-CP	36.64
70	Schultz, Heinrich	14	LALE-CE	36.77
71	Witbooi, Reinhar	16	STAQ-CE	36.88
72	Torbochkin, Davi	14	ASAC-CP	37.45
73	Vermeulen, Hanc	14	ASAW-CE	37.80
74	Szapira, Saul	17	TYGE-CP	37.98
75	Louw, Guillaume	20	CASC-CP	38.00
76	Mansfield, Luke	13	LALE-CE	38.08
77	Myburgh, Ruan	15	BLMA-CP	38.20
78	Boshoff, Keanu A	12	KNYA-ED	38.54
79	Olkers, Caellum C	17	CASC-CP	38.54
80	Wagner, Noah J	13	SAAW-CP	38.59
81	De Bruyn, Cornè	14	ASAC-CP	38.88
82	Bezuidenhout, Ei	13	CASC-CP	39.13
83	De Lange, Adriaa	13	TYGE-CP	39.31
84	Swart, Nico N	12	ASAC-CP	39.32
85	Vergotine, Valent	36	VINE-CP	39.42
86	Immelman, Max	13	GREY-CP	39.52
87	Torbochkin, Dan	12	ASAC-CP	39.61
88	Loots, Noah C	12	ASAC-CP	40.06

89	Coleman, Travis	12	BLMA-CP	40.54
90	Parr, Colbyn S	12	KNYA-ED	40.62
91	Mouton, Jean A	13	CASC-CP	40.93
92	Verbeek, Pierre C	12	CASC-CP	40.97
93	Hendricks, Tysor	13	ROA-ED	41.45
94	Kent, Tyler	13	BLMA-CP	41.45
95	Bouwer, Jason	13	TYGE-CP	41.57
96	Spencer, Marcus	12	VINE-CP	41.97
97	Bergh, Riley R	12	AQUA	42.09
98	Potgieter, Micah	13	VINE-CP	42.34
99	Williams, Logan	13	VINE-CP	42.47
100	Pieterse, Owen	11	GSA-CP	42.66
101	Van Wyk, Jack R	12	CASC-CP	42.76
102	Du Plessis, Jason	13	CLSC-WC	42.78
103	Faulkner, Callum	12	BLMA-CP	42.92
104	Baadjes, Cruden	11	PAQU-CE	42.96
105	Kotzè, Max M	14	BLMA-CP	43.05
106	Bright, Michael C	11	CASC-CP	43.59
107	van Rensburg, Tr	11	GSA-CP	43.63
108	Breebaart, Joshu	11	GREY-CP	43.70
109	Willenburg, Elija	13	SFSC-CP	44.13
110	Fortuin, Niyaaz	13	VINE-CP	44.16
111	Troskie, Jean	12	QUIC-CP	44.32
112	Fenner, Jenson V	11	PLAY-CE	44.75
113	Van Zyl, Daniël R	12	TYGE-CP	45.07
114	Njoroge, Alphons	14	CASC-CP	45.30
115	Pautz, Benjamin	11	BLMA-CP	45.73
116	Pearson-Adams,	13	SAAW-CP	46.03
117	Stander, Christia	11	ASAW-CE	46.18
118	Vd Watt, Earle	11	GSA-CP	46.25
119	Fouche, Jack	11	TYGE-CP	46.32
120	Rheeder, Liam M	13	PAQU-CE	46.65
121	February, Dillon	11	CASC-CP	46.98
122	Benecke, Delmar	12	VINE-CP	47.08
123	Slabber, Ruhann	13	CASC-CP	47.32
124	Lategan, Wessel	11	SWAR-WC	47.41
125	Kruger, Zachary	11	SWAR-WC	47.65
126	Van Onselen, Pie	10	TYGE-CP	47.92
127	Mallin, Lukas	9	SAAW-CP	48.01
128	Coolen, Nicolas I	11	STAQ-CE	48.32
129	Visagie, Dian	11	SWAR-WC	48.56
130	Bosch, Ewan Y	11	TYGE-CP	48.65
131	Dockerill, Max J	11	CASC-CP	50.19
132	Pardoe, James N	12	GREY-CP	52.28
133	Akinci, Can Batu	11	VINE-CP	53.96
134	Leitner, Zachary	10	AQUA	54.45
135	Gerber, Luke M	10	CASC-CP	56.07

#205 Women 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Cope, Morgan M	17	GSA-CP	32.69
2	Fury, Rebecca G	16	VINE-CP	33.99
3	Helmand, Anieke	18	KOVS-MA	35.16
4	Nieuwstad, Mich	29	LALE-CE	35.28
5	Vd Wal, Mieke	15	CASC-CP	35.34
6	Meier, Marné	24	CASC-CP	36.04
7	Combrink, Amy	14	VINE-CP	36.06
8	Van Niekerk, Lic	16	PLAY-CE	36.16
9	Paljk, Tilka	26	MATI-CE	36.51
10	Cilliers, Kara K	18	QSAW-CE	36.99
11	Hugo, Anika S	17	QSAW-CE	37.01
12	Van Galen, Ava-L	14	STAQ-CE	37.07

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#205 ... (Women 50 LC Meter Breaststroke)

13	Sabbagha, Annè	17	PAQU-CE	37.13	73	Slinger, Gizelle	14	AQUA	44.09	41	Basson, Wilan	17	ASAC-CP	2:10.48
14	Gerber, Simonè	13	GREY-CP	37.32	74	Van Dyk, Zani	11	GSA-CP	44.31	42	Uys, Keegan	16	LALE-CE	2:10.59
15	Evans, Caitlin N	13	TYGE-CP	37.44	75	Riley, Logan	13	VINE-CP	45.40	43	Strydom, Stepha	18	TYGE-CP	2:10.77
16	Jeftha, Zara L	15	MARL-CP	37.49	76	Retief, Jane	11	LALE-CE	45.42	44	Coetzer, Milan J	16	CYBE-CP	2:11.20
17	Coleman, Madisc	14	BLMA-CP	37.69	77	Sonnekus, Anya	12	TYGE-CP	45.42	45	Solomon, Ethan	15	AQDO-CP	2:11.34
18	Heyes, Danielle A	17	ASAC-CP	37.87	78	Schäfer, Kyla	12	KNYA-ED	45.57	46	Nefdt, Grant	16	AQDO-CP	2:12.13
19	Morris, Jenna	14	VINE-CP	37.98	79	Burger, Juanè	13	TYGE-CP	45.75	47	February, Gerard	14	CASC-CP	2:12.39
20	Daniels, Sara H	17	BLMA-CP	38.11	80	Mason, Phoebe M	13	STAQ-CE	46.23	48	Möller, FC C	16	TYGE-CP	2:12.79
21	Novello, Utah	17	CLSC-WC	38.14	81	Nienaber, Mila J	12	QSAW-CE	46.33	49	Oosthuizen, Nic I	21	SSISA-CP	2:12.92
22	Dreyer, Arne'	13	STAQ-CE	38.32	82	Olivier, Julie M	11	TYGE-CP	46.86	50	Geyser, Jacques M	16	LALE-CE	2:13.07
23	Bulose, Megan	19	UWCA-CP	38.39	83	Botha, Rebecca F	12	KNYA-ED	47.66	51	Kinnear, Connor	15	TYGE-CP	2:13.35
24	Langenhoven, Er	16	SFSC-CP	38.44	84	Hayes, Kerrigan I	14	CASC-CP	47.72	52	Karsten, Jody	16	BLMA-CP	2:13.51
25	Van Der Wath, Iz	13	KNYA-ED	38.48	85	Louw, Isabella A	12	BLMA-CP	48.54	53	Arnott, Carter J	15	ASAC-CP	2:13.65
26	Gerber, Mia	15	LALE-CE	38.50	86	Van Wyk, Josie	11	LALE-CE	48.92	54	Benecke, Alexan	15	SSISA-CP	2:13.76
27	Havenga, Skyla K	17	CLSC-WC	38.54	87	De Beer, Isabella	12	QSAW-CE	49.81	55	Du Preez, Shaun	16	SSISA-CP	2:13.78
28	Laubscher, Maya	16	GSA-CP	38.60	88	Coetzee, Marli	11	GSA-CP	51.40	56	Lombard, Kyle M	15	BARR-CP	2:13.89
29	Hebler, Lily M	14	QSAW-CE	38.72	89	Jansen van Rensl	11	VINE-CP	51.70	57	Theron, Luca D	15	VINE-CP	2:14.07
30	Schreuder, Hann	15	SAAW-CP	38.98	90	Thirsk, Madison	13	TYGE-CP	51.88	58	Beukes, Mateo A	18	WALM-CP	2:14.54
31	Orchard, Milan N	13	VINE-CP	39.09	91	Billson, Amelie	11	CASC-CP	55.74	59	Kalapac, Joshua	14	BLMA-CP	2:14.67
32	Visser, Sandri	14	PLAY-CE	39.34	#206 Men 200 LC Meter Freestyle									
33	Magotsi, Riziki A	13	VINE-CP	39.52	Name	Age	Team	Seed Time	61	Bezuidenhout, Ei	13	CASC-CP	2:14.81	
34	Newton, Ava L	14	CASC-CP	39.73	1	Luck, Taylor R	18	VINE-CP	1:55.45	62	Basson, Lucca N	14	CYBE-CP	2:14.81
35	Joyce, Jenna	11	CASC-CP	39.73	2	Esterhuysen, Josi	16	TYGE-CP	1:56.13	63	Smith, Sebastian	14	TYGE-CP	2:15.44
36	Borman, Jani	15	SWAR-WC	39.84	3	Bailey, Ethan J	20	AQDO-CP	1:56.55	64	Schultz, Heinrich	14	LALE-CE	2:15.48
37	Herbst, Mienke	17	SSISA-CP	39.86	4	Hendricks, Robel	18	ROA-ED	1:57.43	65	Gounden, Mikhae	18	CLSC-WC	2:15.53
38	Olivier, Shani	16	WELL-CE	40.05	5	Trower, Nic T	14	TYGE-CP	2:00.30	66	Abrahams, Matth	24	ASAC-CP	2:15.75
39	Lategan, Emma N	15	CASC-CP	40.12	6	Wright, Keegan	17	TYGE-CP	2:00.33	67	De Kock, John P	14	LALE-CE	2:16.08
40	Hahn, Kayleigh K	14	ROA-ED	40.19	7	West, Gabriel	19	TYGE-CP	2:01.37	68	De Lange, Adriaa	13	TYGE-CP	2:16.22
41	La Grange, Emm	15	PLAY-CE	40.25	8	Wolson, Daniel A	16	SAAW-CP	2:01.87	69	Terblanche, Luar	15	TYGE-CP	2:16.63
42	Havemann, Bella	15	ASAC-CP	40.25	9	Forbes, Thomas	19	LALE-CE	2:01.99	70	Fernold, AJ	13	ROA-ED	2:16.65
43	Neethling, Emm	14	FISH-ED	40.30	10	Clarke, Liam	16	LALE-CE	2:02.14	71	Pautz, Nathan M	15	BLMA-CP	2:16.84
44	Goebel, Zoë	15	TYGE-CP	40.31	11	Kriegler, Christia	18	CASC-CP	2:03.01	72	Orchard, Thoma	16	SWAR-WC	2:17.20
45	Botha, Chelsea	13	CASC-CP	40.44	12	McWilliam, Benn	17	TYGE-CP	2:05.12	73	Heyes, Garrick T	15	ASAC-CP	2:17.31
46	Ryser, Aurora	16	TYGE-CP	40.79	13	Malan, Johan S	17	CASC-CP	2:05.52	74	Wagner, Noah J	13	SAAW-CP	2:17.48
47	Stilwane, Mia C	11	PAQU-CE	40.80	14	Van Rooyen, Jan-	17	KNYA-ED	2:05.62	75	Lehnberg, Malan	17	FISH-ED	2:17.71
48	Rossouw, Nadia	17	TYGE-CP	40.80	15	Levey, Chad	17	GSA-CP	2:05.93	76	Schreuder, Steffe	15	ASAW-CE	2:18.43
49	Kotzè, Tamsyn G	16	BLMA-CP	41.30	16	Lastroni, Giulian	17	TSC	2:05.97	77	Wessels, Armin I	16	LALE-CE	2:18.45
50	Horn, Anna	11	XCEL-CP	41.34	17	Coetzer, Jayden F	18	CYBE-CP	2:06.42	78	Withooi, Reinhar	16	STAQ-CE	2:18.69
51	Barnard, Adelma	13	SWAR-WC	41.47	18	Wollenschlaeger	15	VINE-CP	2:06.61	79	Hewitt-Smook, K	15	SWAR-WC	2:18.88
52	Nilsson, Rebecca	12	TYGE-CP	41.51	19	Viljoen, Stèphen	17	ASAW-CE	2:06.76	80	Cloete-Hopkins, .	16	SSISA-CP	2:18.90
53	Laubscher, Mikal	13	GSA-CP	41.61	20	Southworth, Mat	15	CYBE-CP	2:06.78	81	Verbeek, Pierre C	12	CASC-CP	2:19.13
54	Bosman, Daizeli	13	PLAY-CE	41.68	21	Davidtsz, Colin	16	CYBE-CP	2:06.83	82	Goussard, Henry	13	GREY-CP	2:19.50
55	Oliver, Isabella	12	QSAW-CE	41.74	22	Pretorius, Luuk F	15	KNYA-ED	2:06.86	83	Williams, Logan	13	VINE-CP	2:19.92
56	Ahmed, Ayla	12	SAAW-CP	41.76	23	Lottering, Seb C	15	ROA-ED	2:06.95	84	Gilmour, Connor	13	SFSC-CP	2:19.93
57	Lorenzen, Ava E	12	BLMA-CP	41.78	24	McWilliam, Troy	16	TYGE-CP	2:06.96	85	Boshoff, Keanu A	12	KNYA-ED	2:20.04
58	Verbeek, Wilmie	15	CASC-CP	42.28	25	Hugo, Retief R	17	ASAW-CE	2:07.37	86	Haupt, Rhys A	14	VINE-CP	2:20.26
59	Glover, Erin K	15	TYGE-CP	42.30	26	Beukes, Wade	16	AQDO-CP	2:07.60	87	Kotzè, Max M	14	BLMA-CP	2:20.37
60	Krog, Miya	13	SAAW-CP	42.38	27	Van Wyk, Wesley	17	ASAC-CP	2:07.73	88	Das Neves, Lucas	14	TYGE-CP	2:20.50
61	Hawley, Nicola	12	PLAY-CE	42.43	28	Bannister, Joshua	15	TYGE-CP	2:08.13	89	Davydov, Davis	16	ASAC-CP	2:20.77
62	Charles, Tyla	11	VINE-CP	42.59	29	Van Wyk, Wayne	15	GSA-CP	2:08.21	90	Hendricks, Joshu	16	LALE-CE	2:20.98
63	Geyser, Almi	14	LALE-CE	42.81	30	Clayton, Antony I	16	LALE-CE	2:08.28	91	Williams, Evan B	13	SSISA-CP	2:21.05
64	Fury, Amelia J	12	VINE-CP	42.85	31	Hopkins, Tim	18	TYGE-CP	2:08.44	92	Rayne, Leo	14	ASAC-CP	2:21.54
65	Bova-Olsen, Katy	13	MARL-CP	43.22	32	Malherbe, Nichol	17	LALE-CE	2:08.46	93	Poggenpoel, Troy	14	SSISA-CP	2:22.03
66	du Plessis, Evie	11	BLOT-MA	43.30	33	Terblanche, Kiaa	18	TYGE-CP	2:08.53	94	Yeowart, Luke D	13	GREY-CP	2:22.22
67	Baillie, Gabi J	13	ROA-ED	43.33	34	Alexander, Amm	16	MARL-CP	2:09.75	95	Walker, Yohan G	15	VINE-CP	2:22.29
68	McAfee, Holly B	13	FISH-ED	43.35	35	Smit, MJ M	15	SAAW-CP	2:09.99	96	Rohner, Jayden N	16	BLMA-CP	2:23.81
69	Taljaard, Liané	13	FISH-ED	43.38	36	Foot, Aiden C	17	SWAR-WC	2:10.13	97	Mansfield, Luke	13	LALE-CE	2:24.03
70	Slatter, Mila-Bell	11	SSISA-CP	43.51	37	Louw, Guillaume	20	CASC-CP	2:10.16	98	Vermeulen, Hanc	14	ASAW-CE	2:24.42
71	Dimatellis, Zoi	11	ROA-ED	43.80	38	Szapira, Saul	17	TYGE-CP	2:10.18	99	Grovè, Daniël	14	CUHE-OB	2:24.42
72	Smith, Lara E	15	TYGE-CP	43.83	39	Dos-Santos, And	15	CYBE-CP	2:10.30	100	Rosslee, Christia	14	QSAW-CE	2:24.54
					40	Barnard, Rohan C	19	LALE-CE	2:10.46	101	Yeowart, Seth W	13	GREY-CP	2:24.71
										102	Van Schaik, Luc	13	VINE-CP	2:24.87

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#206 ... (Men 200 LC Meter Freestyle)

103	Barge, Zac	14	SAAW-CP	2:25.77
104	Van Wyk, Jack R	12	CASC-CP	2:26.77
105	Van Zyl, Daniël R	12	TYGE-CP	2:26.88
106	Viljoen, Jaden R	15	ASAC-CP	2:26.93
107	Bouwer, Jason	13	TYGE-CP	2:27.04
108	Wing, James L	13	GREY-CP	2:27.30
109	Mkavea, Tasu	13	UWCA-CP	2:27.66
110	Beukes, Jaden L	14	WALM-CP	2:28.40
111	Afonso, Aragon C	13	QUIC-CP	2:28.55
112	Kotzè, Arden C	13	ASAW-CE	2:28.76
113	van Wyk, Tariq K	13	BARR-CP	2:28.85
114	Hahn, Kyle	11	ROA-ED	2:29.35
115	Loots, Noah C	12	ASAC-CP	2:29.60
116	Breebaart, Joshu	11	GREY-CP	2:30.42
117	Hekandjo, Kabi A	13	AQUA	2:30.50
118	Oaten, Rourke	13	CYBE-CP	2:30.90
119	Rheeder, Liam M	13	PAQU-CE	2:31.02
120	Pieterse, Marcell	13	XCEL-CP	2:31.17
121	Smit, Reynard-Gi	12	SFSC-CP	2:31.22
122	Pearson-Adams,	13	SAAW-CP	2:31.71
123	Nel, Max	13	ROA-ED	2:31.90
124	Mouton, Jean A	13	CASC-CP	2:31.90
125	Cavallaro, Michel	13	CYBE-CP	2:31.97
126	Van Graan, Matt	13	STAQ-CE	2:31.98
127	De Jager, Nathan	15	ASAC-CP	2:31.98
128	Vergotine, Valent	36	VINE-CP	2:32.04
129	Spencer, Charles	14	VINE-CP	2:32.78
130	Schaefer, Daniel	11	PLAY-CE	2:33.12
131	Swanepoel, Ewal	13	FISH-ED	2:33.76
132	Pautz, Benjamin	11	BLMA-CP	2:34.20
133	Du Plessis, Jason	13	CLSC-WC	2:34.42
134	Swart, Nico N	12	ASAC-CP	2:34.57
135	Bright, Michael C	11	CASC-CP	2:34.75
136	Trower, Michael	12	TYGE-CP	2:34.96
137	Slabber, Ruhann	13	CASC-CP	2:35.33
138	Hudson, Thomas	13	PLAY-CE	2:37.36
139	Faulkner, Callum	12	BLMA-CP	2:37.44
140	Parr, Colbyn S	12	KNYA-ED	2:38.73
141	Troskie, Jean	12	QUIC-CP	2:39.02
142	Coetzee, Sion M	13	QUIC-CP	2:39.27
143	Kent, Tyler	13	BLMA-CP	2:39.42
144	Oosthuizen, Etha	13	PLAY-CE	2:39.94
145	Walther-Kotzè, L	13	ASAC-CP	2:40.07
146	Troskie, Roean	12	QUIC-CP	2:40.22
147	Mccollum, Aiden	11	AQDO-CP	2:40.44
148	Nagendrakumar,	13	SFSC-CP	2:40.49
149	Barnard, Theo J	11	SWAR-WC	2:40.52
150	Hodgskiss, Fin J	12	SSISA-CP	2:40.71
151	Vd Watt, Earle	11	GSA-CP	2:42.97
152	van Rensburg, Tr	11	GSA-CP	2:43.20
153	Hodge, Cameron	13	LALE-CE	2:43.37
154	February, Dillon	11	CASC-CP	2:45.21
155	Potgieter, Micah	13	VINE-CP	2:45.48
156	Akinci, Can Batu	11	VINE-CP	2:46.14
157	Schreve, Lehan	11	SWAR-WC	2:46.44
158	Boshoff, Mickayl	11	KNYA-ED	2:46.77
159	Stander, Christia	11	ASAW-CE	2:47.08
160	Mallin, Lukas	9	SAAW-CP	2:48.21
161	Wagener, Tiaan F	11	ASAW-CE	2:49.45
162	Poultney, Matthe	10	SAAW-CP	2:49.61

163	Fouche, Jack	11	TYGE-CP	2:49.87
164	Kruger, Zachary	11	SWAR-WC	2:50.61
165	Immelman, Max	13	GREY-CP	2:51.19
166	Leitner, Zachary	10	AQUA	2:52.81
167	Bosch, Ewan Y	11	TYGE-CP	2:53.40
168	Pardoe, James N	12	GREY-CP	2:54.49
169	VerLoren Van Th	11	LALE-CE	2:56.06
170	Viljoen, Jagger F	10	ASAC-CP	2:57.60
171	Lewis, Amaru C	11	PAQU-CE	3:02.34
172	Dockerill, Max J	11	CASC-CP	3:05.60
173	Gerber, Luke M	10	CASC-CP	3:06.52
174	King, Aidan J	11	GSA-CP	3:16.36

#207 Women 200 LC Meter Freestyle

	Name	Age	Team	Seed Time
1	Hearne, Trinity S	20	CYBE-CP	2:03.04
2	Noades, Kiara J	22	LALE-CE	2:07.92
3	Fury, Rebecca G	16	VINE-CP	2:08.44
4	Kotze, Abigail	14	TYGE-CP	2:12.77
5	Groepes, Rachel	17	SAAW-CP	2:14.09
6	Christie, Leah E	18	CASC-CP	2:15.71
7	Burgess, Cassidy	15	VINE-CP	2:16.45
8	du Plessis, Madis	15	BLOT-MA	2:16.68
9	Helmand, Anieke	18	KOVS-MA	2:16.72
10	Humphrey, Jessic	15	AQUA	2:16.95
11	Kleinbans, Zara I	18	AQDO-CP	2:17.33
12	Labuschagne, Mi	16	SSISA-CP	2:17.37
13	Gennarakis, Chri	16	CASC-CP	2:18.02
14	De Jongh, Grace	17	LALE-CE	2:18.22
15	King, Mischa	18	LALE-CE	2:18.84
16	Michell, Emma Y	18	LALE-CE	2:19.21
17	Daffarn, Eri J	19	VINE-CP	2:19.49
18	Glover, Erin K	15	TYGE-CP	2:19.72
19	Combrink, Amy	14	VINE-CP	2:19.97
20	Grütter, Arabelle	13	ROA-ED	2:20.31
21	Havenga, Skylia K	17	CLSC-WC	2:20.50
22	Prinsloo, Mila	16	ASAW-CE	2:20.76
23	Theron, Jady	16	ASAW-CE	2:21.14
24	Evans, Caitlin N	13	TYGE-CP	2:21.20
25	Bergh, Madison S	14	AQUA	2:21.22
26	Vd Wal, Mieke	15	CASC-CP	2:21.31
27	de Jager, Katie	14	BLOT-MA	2:21.70
28	Viljoen, Jo-Ell	17	ASAW-CE	2:22.23
29	De Roubaix, Mar	16	LALE-CE	2:22.73
30	Du Plessis, Chan	16	CYBE-CP	2:23.14
31	Zeelie, Shanna-L	14	BLMA-CP	2:23.18
32	Hahn, Kayleigh K	14	ROA-ED	2:23.21
33	Senekal, Margo	14	TYGE-CP	2:23.41
34	Kotzè, Tamsyn G	16	BLMA-CP	2:23.69
35	Franks, Madison	16	SSISA-CP	2:24.05
36	De Villiers, Anja	12	TYGE-CP	2:24.22
37	Watson, Caitlin C	16	BLMA-CP	2:24.84
38	Lombard, Jana	16	LALE-CE	2:24.86
39	Ryser, Aurora	16	TYGE-CP	2:24.99
40	De Wet, Emma M	16	VINE-CP	2:25.07
41	Cronjè, Danielle	15	LALE-CE	2:25.17
42	Jones, Gemma K	15	VINE-CP	2:25.44
43	Langenhoven, Er	16	SFSC-CP	2:25.47
44	Liebenberg, Emil	14	SWAR-WC	2:25.54
45	Hartung, Amy M	14	ASAC-CP	2:25.55
46	Vd Westhuizen, J	15	AQDO-CP	2:25.96
47	Ahmed, Ayla	12	SAAW-CP	2:25.99

48	Raimond, Marike	14	TYGE-CP	2:26.02
49	Louw, Anieka	13	CASC-CP	2:26.14
50	Holthuis, Keilah-	14	QSAW-CE	2:26.21
51	Van Der Wath, Iz	13	KNYA-ED	2:26.44
52	Lorenzen, Ava E	12	BLMA-CP	2:26.48
53	Coleman, Madisc	14	BLMA-CP	2:26.56
54	Newton, Ava L	14	CASC-CP	2:26.79
55	Rossouw, Nadia	17	TYGE-CP	2:27.01
56	Verbeek, Wilmie	15	CASC-CP	2:27.81
57	Durandt, Sharli	12	SAAW-CP	2:28.19
58	Holman, Acaylia	13	MARL-CP	2:28.56
59	Swanepoel, Lulu	12	ASAC-CP	2:28.81
60	Slinger, Gizelle	14	AQUA	2:29.23
61	Magotsi, Riziki A	13	VINE-CP	2:29.72
62	Cloete-Hopkins, .	13	SSISA-CP	2:29.85
63	Visser, Cara	13	CYBE-CP	2:30.71
64	Geyser, Almi	14	LALE-CE	2:30.79
65	Neethling, Emma	14	FISH-ED	2:31.53
66	du Plessis, Sumr	13	BLOT-MA	2:31.71
67	Heyes, Danielle A	17	ASAC-CP	2:31.96
68	Schmidt, Amy	15	ASAW-CE	2:32.31
69	Tsai-Rieb, Pei-Ch	12	CYBE-CP	2:32.95
70	Grobler, Zané	13	ROA-ED	2:33.39
71	Juries, Sam C	14	CLSC-WC	2:33.46
72	Rossouw, Emma	14	TYGE-CP	2:33.76
73	Fury, Amelia J	12	VINE-CP	2:34.16
74	Messiter-Tooze, I	13	SFSC-CP	2:34.36
75	du Plessis, Evie	11	BLOT-MA	2:34.37
76	Olivier, Shani	16	WELL-CE	2:34.64
77	Basson, Lenè	12	CLSC-WC	2:34.95
78	Ward, Tanith A	17	SSISA-CP	2:35.77
79	Nilsson, Rebecca	12	TYGE-CP	2:36.43
80	Jantzen, Zianè	14	QUIC-CP	2:36.94
81	Vd Merwe, Mi-Ly	14	LALE-CE	2:37.29
82	Burger, Juanè	13	TYGE-CP	2:37.33
83	Williams, Aqeela	11	UWCA-CP	2:37.38
84	O'Carroll, Nia E	13	STAQ-CE	2:37.53
85	Slatter, Mila-Bell	11	SSISA-CP	2:37.56
86	Botha, Chelsea	13	CASC-CP	2:37.72
87	Schreuder, Hann	15	SAAW-CP	2:38.19
88	Blake, Abi E	13	GREY-CP	2:38.80
89	Bova-Olsen, Katy	13	MARL-CP	2:39.55
90	Riley, Logan	13	VINE-CP	2:40.73
91	Van Dyk, Zani	11	GSA-CP	2:41.11
92	Faul, Ellen J	12	QSAW-CE	2:42.24
93	Nienaber, Mila J	12	QSAW-CE	2:43.45
94	Saayman, Nika D	13	PLAY-CE	2:43.55
95	Sonnekus, Anya	12	TYGE-CP	2:44.24
96	Olivier, Julie M	11	TYGE-CP	2:44.75
97	Sabbagha, Georg	11	PAQU-CE	2:45.43
98	Hager, Carle	13	LALE-CE	2:45.58
99	Myers, Kirsten E	13	SSISA-CP	2:45.58
100	Taljaard, Liané	13	FISH-ED	2:46.21
101	Barnard, Adelma	13	SWAR-WC	2:46.22
102	Billson, Amelie	11	CASC-CP	2:46.38
103	Oaten, Sabrina	13	CYBE-CP	2:46.58
104	Krog, Miya	13	SAAW-CP	2:47.35
105	Coetzee, Liane	12	PLAY-CE	2:47.77
106	Els, Jamie	11	AQDO-CP	2:47.87
107	Locketch, Zara	11	CYBE-CP	2:48.03
108	Louw, Isabella A	12	BLMA-CP	2:49.18
109	Groves, Philippa	12	SSISA-CP	2:50.68

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#207 ... (Women 200 LC Meter Freestyle)

110	Jantjies, Zara	11	MANT-CP	2:51.43
111	Van Wyk, Josie	11	LALE-CE	2:53.26
112	Ahmed, Bria	10	SAAW-CP	2:53.26
113	Joyce, Jenna	11	CASC-CP	2:53.29
114	Jansen van Rensl	11	VINE-CP	2:57.13
115	Oliver, Isabella	12	QSAW-CE	2:58.26
116	McAfee, Holly B	13	FISH-ED	2:58.27
117	Thirsk, Savannah	11	TYGE-CP	2:58.75

#208 Boys 11 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	SWAR-WC	A 5:06.72
	Schreve, Lehan 11	Visagie, Dian 11
	Kruger, Zachary C 11	Barnard, Theo J 11
2	TYGE-CP	A 5:17.10
	Fouche, Jack 11	Fouche, Ryan 9
	Bosch, Ewan Y 11	Van Onselen, Pierre S 10
3	CASC-CP	A 5:17.83
	February, Dillon S 11	Gerber, Luke M 10
	Dockerill, Max J 11	Bright, Michael C 11
4	LALE-CE	A 5:56.45
	VerLoren Van Themaat, He	Basson, Henk 11
	Fouche, Xander M 11	Ellis, Alec C 11
5	GSA-CP	A NT
	Pieterse, Owen 11	van Rensburg, Tristan 11
	King, Aidan J 11	

#209 Girls 11 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	TYGE-CP	A 5:18.19
	Boshoff, Ania 11	Chibharo, Lethabo L 11
	Thirsk, Savannah 11	Olivier, Julie M 11

#210 Boys 13 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	VINE-CP	A 4:16.07
2	CASC-CP	A 4:27.68
	Bezuidenhout, Ernst E 13	Mouton, Jean A 13
	Van Wyk, Jack R 12	Verbeek, Pierre O 12
3	TYGE-CP	A 4:29.21
	Bouwer, Iason 13	Van Zyl, Daniël R 12
	Trower, Michael 12	De Lange, Adriaan 13
4	GREY-CP	A 4:33.26
	Yeowart, Luke D 13	Breebaart, Joshua 11
	Goussard, Henry 13	Wing, James L 13
5	PLAY-CE	A 4:33.49
	Oosthuizen, Ethan 13	Weber, Daniel 12
	Grobler, Reuben C 13	Hudson, Thomas 13
6	SFSC-CP	A 4:34.64
	Smit, Revnard-Grav 12	Jones, Thomas W 13
	Willenburg, Elijah K 13	Gilmour, Connor A 13
7	BLMA-CP	A 4:47.40
	Pautz, Benjamin R 11	Kent, Tyler 13
	Faulkner, Callum E 12	Coleman, Travis 12
8	ASAC-CP	A 4:51.46
	Swart, Nico N 12	Goodall, Aaron 11
	Walther-Kotzè, Leon C 13	Loots, Noah C 12
9	CYBE-CP	A NT
	Cavallaro, Michele R 13	Oaten, Rourke 13
	Niemand, Leo 12	Harvey, Waylon 12

10	SAAW-CP	A NT
	Wagner, Noah I 13	Pearson-Adams, Wolfe D 13
	Poultney, Matthew 10	Mallin, Lukas 9

#211 Girls 13 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	TYGE-CP	A 4:35.61
	De Villiers, Ania 12	Burger, Juanè 13
	Nilsson, Rebecca B 12	Evans, Caitlin N 13
2	VINE-CP	A 4:36.27
3	PLAY-CE	A 4:49.85
	Coetzee, Liane 12	Bosman, Daizeli 13
	Saayman, Nika D 13	Fenner, Olivia M 12
4	SSISA-CP	A 4:51.67
	Cloete-Honkins, Arvana A	Groves, Philippa R 12
	Slatter, Mila-Belle 11	Myers, Kirsten E 13
5	CYBE-CP	A 4:55.43
	Tsai-Rieb, Pei-Chi P 12	Visser, Cara 13
	Lockitch, Zara 11	Oaten, Sabrina 13
6	CASC-CP	A 4:56.02
	Botha, Chelsea 13	Billson, Amelie 11
	Joyce, Jenna 11	Louw, Anieka 13
7	ASAC-CP	A 5:45.28
	Swanepoel, Lulu A 12	Pitout, Addison P 9
	Barkhuysen, Jani 12	Sprong, Jaime M 10
8	SAAW-CP	A NT
	Ahmed, Ayla 12	Krog, Miya 13
	Durandt, Sharli 12	Ahmed, Bria 10

#213 Boys 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	TYGE-CP	A 3:58.07
	Bannister, Joshua G 15	Das Neves, Lucas P 14
	Kinnear, Connor 15	Trower, Nic T 14
2	VINE-CP	A 4:00.09
3	ASAC-CP	A 4:08.42
	Heves, Garrick T 15	De Bruyn, Cornè C 14
	Viljoen, Jaden R 15	Arnott, Carter J 15
4	VINE-CP	B 4:09.51
5	BLMA-CP	A 4:09.78
	Pautz, Nathan M 15	Myburgh, Ruan 15
	Kotzè, Max M 14	Kalapac, Joshua 14
6	LALE-CE	A 4:12.16
	Schultz, Heinrich W 14	Kirsten, John-William R 15
	Waters, Steven G 14	De Kock, John P 14
7	CYBE-CP	A 4:15.75
	Dos-Santos, Andrei 15	Southworth, Matthew W 15
	Oaten, Rourke 13	Basson, Lucca N 14
8	ASAC-CP	B 4:20.01
	Goldstein, Phoenix J 15	Torbochkin, David S 14
	De Jager, Nathan B 15	Rayne, Leo 14
9	SSISA-CP	A 4:21.68
	Williams, Evan B 13	Hodgskiss, Fin J 12
	Poggenpoel, Troy J 14	Benecke, Alexander 15
10	SAAW-CP	A NT
	Smit, MJ M 15	Barge, Zac 14
	Gilbert, Andrew A 14	Wagner, Noah J 13

#214 Girls 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	TYGE-CP	A 4:19.47
	Glover, Erin K 15	Senekal, Margo 14
	Goebel, Zoë 15	Kotze, Abigail 14
2	VINE-CP	A 4:21.71

3	CASC-CP	A 4:29.04
	Verbeek, Wilmien 15	Hayes, Kerrigan L 14
	Newton, Ava L 14	Vd Wal, Mieke 15
4	LALE-CE	A 4:34.19
	Geyser, Almi 14	Gerber, Mia 15
	Vd Merwe, Simone 15	Cronjè, Danielle 15
5	BLMA-CP	A 4:34.94
	Zeelie, Shanna-Leigh 14	Louw, Isabella A 12
	Lorenzen, Ava E 12	Coleman, Madison 14
6	ASAC-CP	A 4:42.98
	Havemann, Bella 15	Allwood, Kate S 15
	Swanepoel, Lulu A 12	Hartung, Amy M 14

#215 Men 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1	VINE-CP	A 3:42.00
2	TYGE-CP	A 3:42.68
	West, Gabriel 19	Hopkins, Tim 18
	Boshoff, Juan C 18	Esterhuysen, Joshua N 16
3	LALE-CE	A 3:46.78
	Van Heerden, Stefan F 17	Moncherry, Adam J 25
	Malherbe, Nicholas N 17	Clarke, Liam 16
4	ASAC-CP	A 3:51.67
	Abrahams, Matthew N 24	Basson, Wilan 17
	Van Wyk, Wesley R 17	Boonzaier, Jannie R 17
5	CASC-CP	A 3:52.03
	Malan, Johan S 17	February, Gerard G 14
	Louw, Guillaume 20	Kriegler, Christiaan C 18
6	TYGE-CP	B 3:52.92
	Wright, Keegan 17	Szapira, Saul 17
	Van Vondel, Anton J 16	McWilliam, Benn D 17
7	MARL-CP	A 3:54.29
	Mia, Sirhaan 17	Anthony, Ammar 20
	Alexander, Ammaar 16	Omar, Ilyaa I 17
8	FISH-ED	A 3:54.52
	Van Greunen, Renier 17	Vorster, Josua A 18
	Lehberg, Malan 17	Rudolph, Wido 17
9	BLMA-CP	A 3:55.00
	Karsten, Iodv 16	Carrol, Matt 18
	Rohner, Jayden M 16	Myburgh, Jordan 18
10	SSISA-CP	A 3:55.64
	Kleinshans, Kvlè 17	Webb, Corey 20
	Du Preez, Shaun 16	Oosthuizen, Nic D 21
11	SWAR-WC	A 3:55.65
	Burger, Schalk S 18	Kotzè, Kailen M 17
	Orchard, Thomas J 16	Foot, Aiden C 17
12	GSA-CP	A 3:56.14
	Klevnhans, Ian 16	Levey, Chad 17
	Van Helden, Ethan C 15	Van Wyk, Wayne E 15
13	CYBE-CP	A 3:56.30
	Coetzer, Iavden P 18	Davidtsz, Colin 16
	Cavallaro, Federico F 18	Southworth, Matthew W 15
14	LALE-CE	B 3:56.78
	Forbes, Thomas P 19	Forbes, Nicholas J 17
	Geyser, Jacques M 16	Barnard, Rohan C 19
15	PLAY-CE	A 4:03.41
	Engelbrecht, Ruben I 16	Breet, Dawie-Louw L 16
	Saayman, Dehan 15	Swart, Niklis 18
16	AQDO-CP	A 4:04.14
	Solomon, Ethan 15	Nefdt, Grant 16
	Bailey, Ethan J 20	Beukes, Wade 16
17	SAAW-CP	A NT
	Wolson, Daniel A 16	Zellie, Thomas J 16
	Smit, MJ M 15	Gilbert, Andrew A 14

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#216 Women 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 LALE-CE	A	4:09.08
Noades, Kiara I 22	De Jongh, Grace 17	
Lombard, Jana 16	Nieuwstad, Michelle 29	
2 VINE-CP	A	4:10.73
3 CASC-CP	A	4:12.84
Gennarakis, Christina 16	Smit, Jenna 16	
Meier, Marné 24	Christie, Leah E 18	
4 CYBE-CP	A	4:20.71
Hearne, Trinity S 20	Du Plessis, Chanel P 16	
Tsai-Rieb, Pei-Chi P 12	Visser, Cara 13	
5 SSISA-CP	A	4:23.62
Franks, Madison M 16	Vickers, Sophie 16	
Ward, Tanith A 17	Labuschagne, Michaela 16	
6 TYGE-CP	A	4:24.11
Ryser, Aurora 16	Raimond, Marike M 14	
Rossouw, Nadia 17	Uys, Tara 18	
7 LALE-CE	B	4:25.46
King, Mischa 18	Beetge, Amy 16	
De Roubaix, Maric M 16	De Villiers, Lezanne 19	
8 BLMA-CP	A	4:25.75
Watson, Caitlin C 16	Daniels, Sara H 17	
Kotzè, Tamsyn G 16	Venter, Liya E 18	
9 CLSC-WC	A	4:36.19
Novello, Utah 17	Juries, Sam C 14	
Basson, Lenè 12	Havenga, Skyla K 17	
10 GSA-CP	A	NT
Cope, Morgan M 17	Laubscher, Maya R 16	
Morton, Tayler R 16	Vd Merwe, Simone 16	
11 SAAW-CP	A	NT
Cromhout, Hannah E 19	Groepes, Rachel L 17	
Schreuder, Hannah G 15	Ahmed, Ayla 12	

#300 Women 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Hearne, Trinity S	20	CYBE-CP	57.38
2 Fury, Rebecca G	16	VINE-CP	59.28
3 Kotze, Abigail	14	TYGE-CP	59.46
4 Helmand, Anieke	18	KOVS-MA	1:00.66
5 Burgess, Cassidy	15	VINE-CP	1:01.01
6 Groepes, Rachel	17	SAAW-CP	1:01.05
7 Christie, Leah E	18	CASC-CP	1:01.25
8 De Jongh, Grace	17	LALE-CE	1:01.89
9 Uys, Tara	18	TYGE-CP	1:02.16
10 Humphrey, Jessica	15	AQUA	1:02.26
11 Gennarakis, Christina	16	CASC-CP	1:02.50
12 Van Niekerk, Licé	16	PLAY-CE	1:02.87
13 Combrink, Amy	14	VINE-CP	1:02.96
14 Daffarn, Eri J	19	VINE-CP	1:03.02
15 Ribeiro, Nuria A	21	MATI-CE	1:03.22
16 Grütter, Arabelle	13	ROA-ED	1:03.56
17 De Wet, Emma M	16	VINE-CP	1:03.59
18 Lombard, Jana	16	LALE-CE	1:03.67
19 Heyes, Danielle A	17	ASAC-CP	1:03.70
20 Cronjè, Danielle	15	LALE-CE	1:03.85
21 Vd Wal, Mieke	15	CASC-CP	1:03.93
22 Brink, Payton B	17	VINE-CP	1:03.94
23 Kuun, Melissa	16	FISH-ED	1:04.06
24 Vickers, Sophie	16	SSISA-CP	1:04.27
25 Prinsloo, Mila	16	ASAW-CE	1:04.44
26 Orchard, Milan M	13	VINE-CP	1:04.56

27 Evans, Caitlin N	13	TYGE-CP	1:04.60
28 Webber, Isabella	16	VINE-CP	1:04.84
29 Theron, Jady	16	ASAW-CE	1:04.89
30 Bergh, Madison S	14	AQUA	1:04.91
31 Paljk, Tilka	26	MATI-CE	1:04.91
32 King, Mischa	18	LALE-CE	1:04.98
33 Langenhoven, Er	16	SFSC-CP	1:05.03
34 Smit, Jenna	16	CASC-CP	1:05.16
35 Labuschagne, Mi	16	SSISA-CP	1:05.31
36 Kleinhans, Zara I	18	AQDO-CP	1:05.36
37 Du Plessis, Chanel	16	CYBE-CP	1:05.36
38 Neilson, Hannah	18	UWCA-CP	1:05.38
39 Havenga, Skyla K	17	CLSC-WC	1:05.68
40 Venter, Liya E	18	BLMA-CP	1:05.69
41 Magotsi, Riziki A	13	VINE-CP	1:05.84
42 de Jager, Katie	14	BLOT-MA	1:05.86
43 La Grange, Emma	15	PLAY-CE	1:05.96
44 Watson, Caitlin C	16	BLMA-CP	1:05.97
45 Glover, Erin K	15	TYGE-CP	1:06.22
46 Liebenberg, Emil	14	SWAR-WC	1:06.31
47 Laubscher, Maya	16	GSA-CP	1:06.35
48 Coleman, Madisc	14	BLMA-CP	1:06.36
49 Goebel, Zoë	15	TYGE-CP	1:06.48
50 Hartung, Amy M	14	ASAC-CP	1:06.79
51 Jones, Gemma K	15	VINE-CP	1:06.80
52 Visser, Cara	13	CYBE-CP	1:06.86
53 Zeelie, Shanna-L	14	BLMA-CP	1:06.97
54 Kotzè, Tamsyn G	16	BLMA-CP	1:06.98
55 Franks, Madison	16	SSISA-CP	1:06.99
56 De Villiers, Anja	12	TYGE-CP	1:07.08
57 Daniels, Sara H	17	BLMA-CP	1:07.11
58 Slinger, Gizelle	14	AQUA	1:07.18
59 Lorenzen, Ava E	12	BLMA-CP	1:07.20
60 Holthuis, Keilah	14	QSAW-CE	1:07.28
61 Senekal, Margo	14	TYGE-CP	1:07.31
62 Van Der Wath, Iz	13	KNYA-ED	1:07.35
63 Rossouw, Nadia	17	TYGE-CP	1:07.36
64 Wium, Mari	14	QSAW-CE	1:07.57
65 Verbeek, Wilmie	15	CASC-CP	1:07.57
66 Hebler, Lily M	14	QSAW-CE	1:07.59
67 Neethling, Emma	14	FISH-ED	1:07.63
68 De Roubaix, Maric	16	LALE-CE	1:07.74
69 Geysler, Almi	14	LALE-CE	1:07.79
70 Havemann, Bella	15	ASAC-CP	1:07.85
71 Cloete-Hopkins, J	13	SSISA-CP	1:07.99
72 Raimond, Marike	14	TYGE-CP	1:08.20
73 Schmidt, Amy	15	ASAW-CE	1:08.25
74 Ward, Tanith A	17	SSISA-CP	1:08.40
75 Newton, Ava L	14	CASC-CP	1:08.44
76 Holman, Acaylia	13	MARL-CP	1:08.95
77 Hayes, Kerrigan I	14	CASC-CP	1:09.10
78 Trout, Sophia L	14	VINE-CP	1:09.34
79 Ahmed, Ayla	12	SAAW-CP	1:09.43
80 Louw, Anieka	13	CASC-CP	1:09.52
81 Riley, Logan	13	VINE-CP	1:09.53
82 Bulose, Megan	19	UWCA-CP	1:09.69
83 Fenner, Olivia M	12	PLAY-CE	1:09.90
84 O'Carroll, Nia E	13	STAQ-CE	1:10.01
85 Vd Merwe, Mia	14	GSA-CP	1:10.06
86 Witten, Hannah	16	AQDO-CP	1:10.31
87 Sabbagha, Annè	17	PAQU-CE	1:10.45
88 Nilsson, Rebecca	12	TYGE-CP	1:10.46

89 Grobler, Zané	13	ROA-ED	1:10.50
90 Vd Merwe, Simor	16	GSA-CP	1:10.65
91 Botha, Chelsea	13	CASC-CP	1:10.68
92 Faul, Ellen J	12	QSAW-CE	1:10.76
93 Fury, Amelia J	12	VINE-CP	1:10.82
94 Swanepoel, Lulu	12	ASAC-CP	1:10.85
95 Gerber, Simonè M	13	GREY-CP	1:10.87
96 Laubscher, Mikal	13	GSA-CP	1:10.87
97 Krog, Miya	13	SAAW-CP	1:10.90
98 Hager, Carle	13	LALE-CE	1:10.91
99 Vd Merwe, Mi-Ly	14	LALE-CE	1:10.99
100 Tsai-Rieb, Pei-Ch	12	CYBE-CP	1:11.11
101 Smith, Sophie	12	VINE-CP	1:11.36
102 Bova-Olsen, Katy	13	MARL-CP	1:11.80
103 Basson, Lenè	12	CLSC-WC	1:11.87
104 Juries, Sam C	14	CLSC-WC	1:11.91
105 Myers, Kirsten E	13	SSISA-CP	1:11.95
106 Locktick, Zara	11	CYBE-CP	1:12.06
107 du Plessis, Sumr	13	BLOT-MA	1:12.16
108 Coetzee, Liane	12	PLAY-CE	1:12.85
109 Bosman, Daizeli	13	PLAY-CE	1:13.29
110 Jagger, Ammara	15	AQDO-CP	1:13.41
111 Burger, Juanè	13	TYGE-CP	1:13.47
112 Samuels, Londyn	13	PAQU-CE	1:13.55
113 Visser, Sandri	14	PLAY-CE	1:13.73
114 Saayman, Nika D	13	PLAY-CE	1:13.81
115 Blake, Abi E	13	GREY-CP	1:13.83
116 Bayly, Arabella	12	VINE-CP	1:13.90
117 Sabbagha, Georg	11	PAQU-CE	1:13.91
118 Barnard, Adelma	13	SWAR-WC	1:13.95
119 Slatter, Mila-Bell	11	SSISA-CP	1:14.10
120 Williams, Aqeela	11	UWCA-CP	1:14.17
121 Louw, Isabella A	12	BLMA-CP	1:14.41
122 du Plessis, Evie	11	BLOT-MA	1:14.59
123 Van Dyk, Zani	11	GSA-CP	1:14.72
124 Smidt, Clio J	17	VINE-CP	1:14.75
125 Weber, Klara	13	PLAY-CE	1:14.79
126 Hawley, Nicola	12	PLAY-CE	1:14.92
127 Olivier, Julie M	11	TYGE-CP	1:15.46
128 Thirsk, Madison	13	TYGE-CP	1:15.74
129 Mason, Phoebe M	13	STAQ-CE	1:15.81
130 Boshoff, Anja	11	TYGE-CP	1:16.22
131 Botha, Rebecca F	12	KNYA-ED	1:16.79
132 Jansen van Rensl	11	VINE-CP	1:16.97
133 Schäfer, Kyla	12	KNYA-ED	1:17.41
134 Terblanche, Essie	14	LALE-CE	1:17.44
135 Groves, Philippa	12	SSISA-CP	1:17.63
136 Jantjies, Zara	11	MANT-CP	1:17.93
137 Billson, Amelie	11	CASC-CP	1:18.08
138 Oliver, Isabella	12	QSAW-CE	1:20.78
139 Coetzee, Marli	11	GSA-CP	1:21.16
140 Els, Jamie	11	AQDO-CP	1:21.86
141 Thirsk, Savannah	11	TYGE-CP	1:22.51

#301 Men 100 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Luck, Taylor R	18	VINE-CP	51.50
2 Esterhuysen, Josl	16	TYGE-CP	53.25
3 Etzold, Peter S	18	VINE-CP	53.30
4 Kriegler, Christia	18	CASC-CP	53.74
5 Hendricks, Robe	18	ROA-ED	53.85
6 Van Heerden, Ste	17	LALE-CE	53.96

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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#301 ... (Men 100 LC Meter Freestyle)

7	Engelbrecht, Chr	24	NWUC-KK	54.81	67	Kotzè, Kailen M	17	SWAR-WC	59.82	129	Goussard, Henry	13	GREY-CP	1:03.86
8	West, Gabriel	19	TYGE-CP	55.11	68	Peceur, Mark D	19	PAQU-CE	59.83	130	De Bruyn, Cornè	14	ASAC-CP	1:04.04
9	Trower, Nic T	14	TYGE-CP	55.17	69	Coetzer, Milan J	16	CYBE-CP	59.89	131	Rayne, Leo	14	ASAC-CP	1:04.04
10	Bailey, Ethan J	20	AQDO-CP	55.80	70	Szapira, Saul	17	TYGE-CP	59.95	132	Williams, Logan	13	VINE-CP	1:04.04
11	Rudolph, Wido	17	FISH-ED	56.06	71	Breet, Dawie-Lot	16	PLAY-CE	1:00.04	133	Rosslee, Christia	14	QSAW-CE	1:04.47
12	Viljoen, Stèphen	17	ASAW-CE	56.21	72	Strydom, Stepha	18	TYGE-CP	1:00.13	134	Coolen, Jonathan	13	STAQ-CE	1:04.48
13	Lastroni, Giulian	17	TSC	56.34	73	Karsten, Jody	16	BLMA-CP	1:00.16	135	Mkavea, Tasu	13	UWCA-CP	1:04.70
14	Clarke, Liam	16	LALE-CE	56.37	74	Terblanche, Kiaa	18	TYGE-CP	1:00.19	136	Boshoff, Keanu A	12	KNYA-ED	1:04.89
15	Moncherry, Adan	25	LALE-CE	56.47	75	Lombard, Kyle M	15	BARR-CP	1:00.35	137	Myburgh, Ruan	15	BLMA-CP	1:05.12
16	Van Greunen, Re	17	FISH-ED	56.51	76	Cloete-Hopkins, .	16	SSISA-CP	1:00.37	138	Hudson, Thomas	13	PLAY-CE	1:05.41
17	Malherbe, Nichol	17	LALE-CE	56.80	77	Rohner, Jayden M	16	BLMA-CP	1:00.50	139	Spencer, Charles	14	VINE-CP	1:05.50
18	Kleinhans, Kyle	17	SSISA-CP	56.87	78	Van Der Walt, Lo	16	QSAW-CE	1:00.52	140	Mansfield, Luke	13	LALE-CE	1:05.64
19	Pretorius, Luuk f	15	KNYA-ED	56.89	79	McPetrie, James	16	MANT-CP	1:00.64	141	Nel, Max	13	ROA-ED	1:05.85
20	Van Rooyen, Jan-	17	KNYA-ED	57.11	80	Arnott, Carter J	15	ASAC-CP	1:00.70	142	Van Graan, Matth	13	STAQ-CE	1:06.40
21	Basson, Wilan	17	ASAC-CP	57.16	81	Theron, Luca D	15	VINE-CP	1:00.72	143	Du Plessis, Jason	13	CLSC-WC	1:06.50
22	Wollenschlaeger,	15	VINE-CP	57.23	82	Witbooi, Reinhar	16	STAQ-CE	1:00.76	144	Poggenpoel, Troy	14	SSISA-CP	1:06.52
23	Kotze, Eric B	14	STAQ-CE	57.33	83	De Kock, John P	14	LALE-CE	1:00.77	145	Cavallaro, Michel	13	CYBE-CP	1:06.63
24	Hopkins, Tim	18	TYGE-CP	57.34	84	Davydov, Davis	16	ASAC-CP	1:00.77	146	Goldstein, Phoen	15	ASAC-CP	1:06.94
25	Mia, Sirhaan	17	MARL-CP	57.67	85	Landi, Tristan	15	VINE-CP	1:00.91	147	Hahn, Kyle	11	ROA-ED	1:06.97
26	Wright, Keegan	17	TYGE-CP	57.70	86	Kinnear, Connor	15	TYGE-CP	1:00.94	148	Roman, Noah P	13	AQDO-CP	1:07.20
27	Strydom, Conrad	15	QUIC-CP	57.75	87	Gounden, Mikha	18	CLSC-WC	1:01.06	149	De Jager, Nathan	15	ASAC-CP	1:07.52
28	Van Vondel, Anto	16	TYGE-CP	57.75	88	Kuun, Hanru P	16	FISH-ED	1:01.07	150	Van der Watt, Al	15	PLAY-CE	1:07.86
29	Kleynhans, Ian	16	GSA-CP	57.75	89	Hewitt-Smook, K	15	SWAR-WC	1:01.10	151	Oosthuizen, Etha	13	PLAY-CE	1:08.03
30	Forbes, Thomas l	19	LALE-CE	57.76	90	McWilliam, Troy	16	TYGE-CP	1:01.11	152	Smit, Reynard-Gu	12	SFSC-CP	1:08.15
31	Abrahams, Matth	24	ASAC-CP	57.81	91	Heyes, Garrick T	15	ASAC-CP	1:01.15	153	Kotzè, Arden C	13	ASAW-CE	1:08.20
32	Oosthuizen, Nic l	21	SSISA-CP	57.88	92	Walker, Yohan G	15	VINE-CP	1:01.17	154	Pearson-Adams,	13	SAAW-CP	1:08.30
33	Foot, Aiden C	17	SWAR-WC	58.00	93	Linscott, Josh C	15	MANT-CP	1:01.19	155	Willenburg, Elija	13	SFSC-CP	1:08.43
34	Van Wyk, Wayne	15	GSA-CP	58.03	94	Carr, Simeon	17	TSC	1:01.19	156	Rheeder, Liam M	13	PAQU-CE	1:08.68
35	Burger, Schalk S	18	SWAR-WC	58.08	95	Gilbert, Andrew .	14	SAAW-CP	1:01.43	157	Bouwer, Jason	13	TYGE-CP	1:08.84
36	Forbes, Nicholas	17	LALE-CE	58.10	96	Van Helden, Etha	15	GSA-CP	1:01.44	158	Weber, Daniel	12	PLAY-CE	1:09.00
37	Coetzer, Jayden F	18	CYBE-CP	58.12	97	Schultz, Heinrich	14	LALE-CE	1:01.45	159	Swanepoel, Ewal	13	FISH-ED	1:09.08
38	Myburgh, Jordan	18	BLMA-CP	58.12	98	Zellie, Thomas J	16	SAAW-CP	1:01.46	160	Trower, Michael	12	TYGE-CP	1:09.22
39	Swarts, Keeno A	18	VINE-CP	58.19	99	Bester, Eben	16	TYGE-CP	1:01.69	161	Van Zyl, Daniël R	12	TYGE-CP	1:09.41
40	Van Wyk, Wesley	17	ASAC-CP	58.22	100	February, Gerard	14	CASC-CP	1:01.73	162	Hekandjo, Kabi A	13	AQUA	1:09.44
41	Geyser, Jacques M	16	LALE-CE	58.30	101	De Lange, Adriaa	13	TYGE-CP	1:01.74	163	Pieterse, Marcell	13	XCEL-CP	1:09.57
42	Lottering, Seb C	15	ROA-ED	58.31	102	Williams, Jayden	14	PAQU-CE	1:01.76	164	Van Wyk, Jack R	12	CASC-CP	1:09.91
43	Alexander, Amm:	16	MARL-CP	58.32	103	Van Schaik, Luc	13	VINE-CP	1:01.99	165	Vergotine, Valent	36	VINE-CP	1:10.11
44	Boonzaier, Janniè	17	ASAC-CP	58.48	104	Berge, Zac	14	SAAW-CP	1:02.02	166	Fortuin, Niyaaz	13	VINE-CP	1:10.13
45	Hugo, Retief R	17	ASAW-CE	58.52	105	Searle, AJ	13	ROA-ED	1:02.03	167	Spencer, Marcus	12	VINE-CP	1:10.18
46	Carrol, Matt	18	BLMA-CP	58.53	106	Dos-Santos, Andi	15	CYBE-CP	1:02.05	168	Schaefer, Daniel	11	PLAY-CE	1:10.28
47	Swart, Niklis	18	PLAY-CE	58.54	107	Das Neves, Lucas	14	TYGE-CP	1:02.15	169	Hodgskiss, Fin J	12	SSISA-CP	1:10.38
48	Van Reenen, Rya	24	BLMA-CP	58.57	108	Pautz, Nathan M	15	BLMA-CP	1:02.21	170	Matthee, Burger	12	AGAQ-OB	1:10.58
49	Cornish, Jeyaad	18	HURAQ-CP	58.62	109	Basson, Lucca N	14	CYBE-CP	1:02.26	171	Coleman, Travis	12	BLMA-CP	1:10.62
50	Davidtsz, Colin	16	CYBE-CP	58.65	110	Möller, FC C	16	TYGE-CP	1:02.35	172	Parr, Colbyn S	12	KNYA-ED	1:10.63
51	Esterhuizen, Lor	14	AQUA	58.81	111	Olkers, Caellum (17	CASC-CP	1:02.38	173	Slabber, Ruhann	13	CASC-CP	1:10.67
52	Louw, Guillaume	20	CASC-CP	58.84	112	Smith, Sebastian	14	TYGE-CP	1:02.49	174	Breebaart, Joshu	11	GREY-CP	1:10.79
53	Benecke, Alexanc	15	SSISA-CP	58.97	113	Viljoen, Jaden R	15	ASAC-CP	1:02.53	175	van Wyk, Tariq K	13	BARR-CP	1:10.86
54	Beukes, Mateo A	18	WALM-CP	58.97	114	Kotzè, Max M	14	BLMA-CP	1:02.67	176	Grobler, Reuben	13	PLAY-CE	1:11.05
55	Bestel, Luc M	14	VINE-CP	58.99	115	Searle, Jude	13	VINE-CP	1:02.71	177	Potgieter, Micah	13	VINE-CP	1:11.06
56	Barnard, Rohan (19	LALE-CE	59.06	116	Schreuder, Steffe	15	ASAW-CE	1:02.89	178	Mouton, Jean A	13	CASC-CP	1:11.12
57	Uys, Keegan	16	LALE-CE	59.14	117	Gilmour, Connor	13	SFSC-CP	1:02.91	179	Njoroge, Alphons	14	CASC-CP	1:11.13
58	Engelbrecht, Rut	16	PLAY-CE	59.15	118	Waters, Steven G	14	LALE-CE	1:03.05	180	Conradie, Niel	13	QUIC-CP	1:11.34
59	Cicero, Zack	17	SSISA-CP	59.24	119	Wagner, Noah J	13	SAAW-CP	1:03.07	181	Bright, Michael C	11	CASC-CP	1:11.54
60	Du Preez, Shaun	16	SSISA-CP	59.26	120	Goldstein, Trista	18	ASAC-CP	1:03.08	182	Pautz, Benjamin	11	BLMA-CP	1:11.66
61	Haupt, Rhys A	14	VINE-CP	59.47	121	Verbeek, Pierre C	12	CASC-CP	1:03.12	183	Faulkner, Callum	12	BLMA-CP	1:11.81
62	Southworth, Mat	15	CYBE-CP	59.51	122	Pedro, Tamkeen	15	WALM-CP	1:03.18	184	Oaten, Rourke	13	CYBE-CP	1:11.93
63	Smit, MJ M	15	SAAW-CP	59.61	123	Vermeulen, Hanc	14	ASAW-CE	1:03.39	185	Troskie, Roean	12	QUIC-CP	1:12.29
64	Orchard, Thomas	16	SWAR-WC	59.75	124	Webb, Corey	20	SSISA-CP	1:03.50	186	Barnard, Theo J	11	SWAR-WC	1:12.40
65	Kalapac, Joshua	14	BLMA-CP	59.78	125	Galochkin, Max	15	ASAC-CP	1:03.50	187	Krause, Luke	13	CASC-CP	1:12.50
66	Bannister, Joshu	15	TYGE-CP	59.81	126	Bezuidenhout, Ei	13	CASC-CP	1:03.53	188	Troskie, Jean	12	QUIC-CP	1:13.26
					127	Williams, Luca	15	VINE-CP	1:03.64	189	Kent, Tyler	13	BLMA-CP	1:13.31
					128	Wing, James L	13	GREY-CP	1:03.65	190	Hodge, Cameron	13	LALE-CE	1:13.38

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#301 ... (Men 100 LC Meter Freestyle)

191	Van Der Merwe, J	12	VINE-CP	1:13.56
192	Stander, Christia	11	ASAW-CE	1:13.69
193	van Rensburg, Tr	11	GSA-CP	1:13.93
194	Hendricks, Tysor	13	ROA-ED	1:13.99
195	Yeowart, Seth W	13	GREY-CP	1:14.18
196	Immelman, Max	13	GREY-CP	1:14.18
197	Vd Watt, Earle	11	GSA-CP	1:14.71
198	Yeowart, Luke D	13	GREY-CP	1:14.96
199	Schreve, Lehan	11	SWAR-WC	1:15.72
200	Boshoff, Mickayl	11	KNYA-ED	1:15.95
201	Benecke, Delmar	12	VINE-CP	1:15.96
202	Muller, Lukas D	12	QUIC-CP	1:16.21
203	Fenner, Jenson V	11	PLAY-CE	1:16.72
204	Akinci, Can Batu	11	VINE-CP	1:17.11
205	Kruger, Zachary	11	SWAR-WC	1:17.17
206	Van Onselen, Pie	10	TYGE-CP	1:17.18
207	Wagener, Tiaan F	11	ASAW-CE	1:17.21
208	Febourty, Dillon	11	CASC-CP	1:17.73
209	Poultney, Matthe	10	SAAW-CP	1:17.99
210	Mallin, Lukas	9	SAAW-CP	1:18.25
211	Goodall, Aaron	11	ASAC-CP	1:18.28
212	Fouche, Jack	11	TYGE-CP	1:18.79
213	Mccollum, Aiden	11	AQDO-CP	1:19.11
214	Bosch, Ewan Y	11	TYGE-CP	1:19.16
215	VerLoren Van Th	11	LALE-CE	1:19.80
216	Coolen, Nicolas I	11	STAQ-CE	1:19.94
217	Visagie, Dian	11	SWAR-WC	1:21.43
218	Lewis, Amaru C	11	PAQU-CE	1:21.85
219	Leitner, Zachary	10	AQUA	1:22.16
220	King, Aidan J	11	GSA-CP	1:23.03
221	Dockerill, Max J	11	CASC-CP	1:23.25
222	Wessels, Hendrè	11	AGAQ-OB	1:23.71
223	Pardoe, James N	12	GREY-CP	1:24.09
224	Lategan, Wessel	11	SWAR-WC	1:24.63
225	Viljoen, Jagger F	10	ASAC-CP	1:24.63
226	Gerber, Luke M	10	CASC-CP	1:25.31
227	Basson, Henk	11	LALE-CE	1:25.76
228	Baadjies, Cruden	11	PAQU-CE	1:26.49

#302 Women 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Cope, Morgan M	17	GSA-CP	1:11.30
2	Fury, Rebecca G	16	VINE-CP	1:14.80
3	Meier, Marné	24	CASC-CP	1:16.06
4	Vd Wal, Mieke	15	CASC-CP	1:17.05
5	Nieuwstad, Mich	29	LALE-CE	1:17.93
6	Evans, Caitlin N	13	TYGE-CP	1:19.16
7	Combrink, Amy	14	VINE-CP	1:19.16
8	Cilliers, Kara K	18	QSAW-CE	1:19.50
9	Morris, Jenna	14	VINE-CP	1:21.51
10	Helmand, Anieke	18	KOVS-MA	1:21.72
11	Hugo, Anika S	17	QSAW-CE	1:21.92
12	Jeftha, Zara L	15	MARL-CP	1:22.50
13	Novello, Utah	17	CLSC-WC	1:22.73
14	Coleman, Madisc	14	BLMA-CP	1:23.19
15	Sabbagha, Annè	17	PAQU-CE	1:23.29
16	Gerber, Mia	15	LALE-CE	1:23.34
17	Havenga, Skyla K	17	CLSC-WC	1:24.03
18	Borman, Jani	15	SWAR-WC	1:24.25
19	Newton, Ava L	14	CASC-CP	1:24.27

20	Herbst, Mienke	17	SSISA-CP	1:24.69
21	Olivier, Shani	16	WELL-CE	1:24.79
22	Gerber, Simonè M	13	GREY-CP	1:24.82
23	Witten, Hannah	16	AQDO-CP	1:25.03
24	Van Galen, Ava-L	14	STAQ-CE	1:25.11
25	Dreyer, Arne'	13	STAQ-CE	1:25.53
26	Daniels, Sara H	17	BLMA-CP	1:25.66
27	Magotsi, Riziki A	13	VINE-CP	1:25.66
28	Ahmed, Ayla	12	SAAW-CP	1:26.16
29	Langenhoven, Er	16	SFSC-CP	1:26.35
30	Hahn, Kayleigh K	14	ROA-ED	1:26.43
31	Visser, Sandri	14	PLAY-CE	1:26.73
32	du Plessis, Sumn	13	BLOT-MA	1:27.38
33	Schreuder, Hann	15	SAAW-CP	1:27.40
34	Van Der Wath, Iz	13	KNYA-ED	1:27.55
35	Grütter, Arabelle	13	ROA-ED	1:28.12
36	Lorenzen, Ava E	12	BLMA-CP	1:28.27
37	Botha, Lara E	17	ASAW-CE	1:28.28
38	Nilsson, Rebecca	12	TYGE-CP	1:29.32
39	Grobler, Zané	13	ROA-ED	1:30.05
40	Lategan, Emma M	15	CASC-CP	1:30.14
41	Joyce, Jenna	11	CASC-CP	1:30.27
42	Bosman, Daizeli	13	PLAY-CE	1:30.82
43	Lodewyks, Jeand	13	FISH-ED	1:31.17
44	Holthuis, Keilah	14	QSAW-CE	1:31.29
45	du Plessis, Evie	11	BLOT-MA	1:31.60
46	Faul, Ellen J	12	QSAW-CE	1:31.75
47	Rossouw, Emma	14	TYGE-CP	1:32.01
48	Horn, Anna	11	XCEL-CP	1:32.03
49	Dimatellis, Zoi	11	ROA-ED	1:32.17
50	Glover, Erin K	15	TYGE-CP	1:32.34
51	Fury, Amelia J	12	VINE-CP	1:32.98
52	Botha, Chelsea	13	CASC-CP	1:33.17
53	Baillie, Gabi J	13	ROA-ED	1:33.26
54	Bova-Olsen, Katy	13	MARL-CP	1:33.51
55	Barnard, Adelma	13	SWAR-WC	1:33.56
56	Laubscher, Mikal	13	GSA-CP	1:33.56
57	Neethling, Emm	14	FISH-ED	1:33.60
58	Krog, Miya	13	SAAW-CP	1:34.42
59	Charles, Tyla	11	VINE-CP	1:34.81
60	De Oliveira, Aliya	14	TYGE-CP	1:34.94
61	Oliver, Isabella	12	QSAW-CE	1:35.05
62	Slatter, Mila-Bell	11	SSISA-CP	1:35.14
63	Dos-Santos, Ekate	13	ASAC-CP	1:35.15
64	Stilwaney, Mia C	11	PAQU-CE	1:37.30
65	Retief, Jane	11	LALE-CE	1:38.11
66	Schäfer, Kyla	12	KNYA-ED	1:39.20
67	Sonnekus, Anya	12	TYGE-CP	1:39.92
68	Van Dyk, Zani	11	GSA-CP	1:40.03
69	Taljaard, Liané	13	FISH-ED	1:40.19
70	Hawley, Nicola	12	PLAY-CE	1:40.56
71	Burger, Juanè	13	TYGE-CP	1:40.60
72	Botha, Rebecca F	12	KNYA-ED	1:45.14
73	Williams, Aqeela	11	UWCA-CP	1:50.37
74	Olivier, Julie M	11	TYGE-CP	1:52.83
75	Els, Jamie	11	AQDO-CP	1:55.51

#303 Men 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Etzold, Peter S	18	VINE-CP	1:03.53
2	Rudolph, Wido	17	FISH-ED	1:07.13
3	Van Greunen, Re	17	FISH-ED	1:07.37

4	Sack, Benji	27	SSISA-CP	1:07.48
5	Clayton, Franco F	17	LALE-CE	1:07.51
6	Boshoff, Juan C	18	TYGE-CP	1:07.68
7	Hartman, Timot	17	SSISA-CP	1:07.71
8	Leiar, Alex H	18	KNYA-ED	1:08.04
9	Bester, Francois	16	QSAW-CE	1:08.57
10	Field, Luke D	17	VINE-CP	1:08.94
11	Malan, Johan S	17	CASC-CP	1:10.05
12	Van Heerden, Ste	17	LALE-CE	1:10.89
13	Hugo, Retief R	17	ASAW-CE	1:11.13
14	Nelson, Christop	16	LALE-CE	1:11.26
15	Omar, Ilyaas I	17	MARL-CP	1:11.34
16	Daniels, Adam M	14	ELEC-TS	1:11.44
17	Malherbe, Nichol	17	LALE-CE	1:11.50
18	February, Gerard	14	CASC-CP	1:13.41
19	Williams, Jayden	14	PAQU-CE	1:13.84
20	Karsten, Jody	16	BLMA-CP	1:14.10
21	Hendricks, Joshu	16	LALE-CE	1:14.43
22	Adendorff, James	15	TYGE-CP	1:14.56
23	Theron, Luca D	15	VINE-CP	1:14.56
24	Goldstein, Trista	18	ASAC-CP	1:14.57
25	Alexander, Amm	16	MARL-CP	1:14.80
26	Lehnberg, Malan	17	FISH-ED	1:15.07
27	Carr, Simeon	17	TSC	1:15.08
28	Torbochkin, Davi	14	ASAC-CP	1:15.12
29	Yiorkas, Yiorgos	14	BLOT-MA	1:15.43
30	Wessels, Armin I	16	LALE-CE	1:15.67
31	Simpson, Jesse	15	VINE-CP	1:16.02
32	Gilbert, Andrew	14	SAAW-CP	1:16.29
33	Anthony, Ammar	20	MARL-CP	1:16.41
34	Kinnear, Connor	15	TYGE-CP	1:16.88
35	Bester, Eben	16	TYGE-CP	1:16.97
36	Burger, Rosseau	14	LALE-CE	1:17.03
37	Zellie, Thomas J	16	SAAW-CP	1:17.05
38	Smith, Damian G	19	FISH-ED	1:17.06
39	Carrol, Matt	18	BLMA-CP	1:17.10
40	McWilliam, Troy	16	TYGE-CP	1:17.11
41	Vorster, Josua A	18	FISH-ED	1:17.38
42	DE Bruyn, Flippi	17	FISH-ED	1:17.45
43	Stanfliet, Nichola	13	VINE-CP	1:17.52
44	Landi, Tristan	15	VINE-CP	1:17.83
45	Bannister, Joshua	15	TYGE-CP	1:18.11
46	Barnard, Rohan C	19	LALE-CE	1:18.57
47	Williams, Luca	15	VINE-CP	1:18.92
48	Pautz, Nathan M	15	BLMA-CP	1:19.11
49	Mansfield, Luke	13	LALE-CE	1:19.57
50	Goussard, Henry	13	GREY-CP	1:19.64
51	Rosslee, Christia	14	QSAW-CE	1:19.85
52	Schultz, Heinrich	14	LALE-CE	1:19.92
53	Saayman, Dehan	15	PLAY-CE	1:20.39
54	Linscott, Josh C	15	MANT-CP	1:20.41
55	Sirin, Ben	14	VINE-CP	1:20.66
56	Yeowart, Luke D	13	GREY-CP	1:20.77
57	Vermeulen, Hanc	14	ASAW-CE	1:21.12
58	Lombard, Kyle M	15	BARR-CP	1:21.20
59	Haupt, Rhys A	14	VINE-CP	1:21.35
60	Wing, James L	13	GREY-CP	1:21.43
61	Moolman, Carter	15	MANT-CP	1:21.64
62	Mkavea, Tasu	13	UWCA-CP	1:21.85
63	Galochkin, Max	15	ASAC-CP	1:21.93
64	Van der Watt, Al	15	PLAY-CE	1:21.94
65	Pedro, Tamkeen	15	WALM-CP	1:22.22

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#303 ... (Men 100 LC Meter Breaststroke)

66	Szapira, Saul	17	TYGE-CP	1:22.32
67	Witbooi, Reinhar	16	STAQ-CE	1:22.51
68	Abrahams, Wasfi	17	MARL-CP	1:22.69
69	Searle, Jude	13	VINE-CP	1:22.79
70	Smith, Sebastian	14	TYGE-CP	1:22.81
71	Hudson, Thomas	13	PLAY-CE	1:22.99
72	Wagner, Noah J	13	SAAW-CP	1:23.21
73	Vergotine, Valent	36	VINE-CP	1:23.80
74	Beukes, Jaden L	14	WALM-CP	1:24.03
75	Goldstein, Phoen	15	ASAC-CP	1:24.20
76	Williams, Evan B	13	SSISA-CP	1:24.26
77	Möller, FC C	16	TYGE-CP	1:24.72
78	Louw, Guillaume	20	CASC-CP	1:24.89
79	Loots, Noah C	12	ASAC-CP	1:24.97
80	Spencer, Charles	14	VINE-CP	1:25.28
81	Van Schaik, Luc	13	VINE-CP	1:25.75
82	Swart, Nico N	12	ASAC-CP	1:26.00
83	Olkers, Caellum C	17	CASC-CP	1:26.35
84	De Lange, Adriaa	13	TYGE-CP	1:26.49
85	Bouwer, Jason	13	TYGE-CP	1:26.54
86	Verbeek, Pierre C	12	CASC-CP	1:26.67
87	Boshoff, Keanu A	12	KNYA-ED	1:27.64
88	Hahn, Kyle	11	ROA-ED	1:27.76
89	Kent, Tyler	13	BLMA-CP	1:28.54
90	Mouton, Jean A	13	CASC-CP	1:28.70
91	Roman, Noah P	13	AQDO-CP	1:28.84
92	Parr, Colbyn S	12	KNYA-ED	1:30.33
93	Coleman, Travis	12	BLMA-CP	1:30.41
94	Faulkner, Callum	12	BLMA-CP	1:30.73
95	Torbochkin, Dan	12	ASAC-CP	1:31.23
96	Hendricks, Tysor	13	ROA-ED	1:31.73
97	Du Plessis, Jason	13	CLSC-WC	1:31.95
98	Van Wyk, Jack R	12	CASC-CP	1:31.97
99	Van Vondel, Rola	12	TYGE-CP	1:32.43
100	Immelman, Max	13	GREY-CP	1:33.03
101	Troskie, Jean	12	QUIC-CP	1:34.04
102	Schaefer, Daniel M	11	PLAY-CE	1:34.30
103	Potgieter, Micah	13	VINE-CP	1:34.90
104	Bright, Michael C	11	CASC-CP	1:35.21
105	Conradie, Niel	13	QUIC-CP	1:35.27
106	Willenburg, Elija	13	SFSC-CP	1:35.64
107	Bergh, Riley R	12	AQUA	1:35.83
108	van Wyk, Tariq K	13	BARR-CP	1:36.66
109	Swanepoel, Ewal	13	FISH-ED	1:36.85
110	Breebaart, Joshu	11	GREY-CP	1:36.91
111	Spencer, Marcus	12	VINE-CP	1:36.92
112	van Rensburg, Tr	11	GSA-CP	1:37.14
113	Hodgskiss, Fin J	12	SSISA-CP	1:37.18
114	Wagener, Tiaan F	11	ASAW-CE	1:37.19
115	Stander, Christia	11	ASAW-CE	1:38.03
116	Baadjies, Cruden	11	PAQU-CE	1:38.07
117	Krause, Luke	13	CASC-CP	1:38.40
118	Pieterse, Owen	11	GSA-CP	1:39.23
119	Pautz, Benjamin	11	BLMA-CP	1:39.24
120	Fenner, Jenson V	11	PLAY-CE	1:40.14
121	Fouche, Jack	11	TYGE-CP	1:40.32
122	February, Dillon	11	CASC-CP	1:40.65
123	Lategan, Wessel	11	SWAR-WC	1:41.25
124	Van Onselen, Pie	10	TYGE-CP	1:41.42
125	Akinci, Can Batu	11	VINE-CP	1:44.41

126	Visagie, Dian	11	SWAR-WC	1:46.19
127	Kruger, Zachary	11	SWAR-WC	1:46.83

#304 Women 400 LC Meter IM

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	4:51.88
2	du Plessis, Madis	15	BLOT-MA	5:19.78
3	Evans, Caitlin N	13	TYGE-CP	5:20.40
4	Laubscher, Maya	16	GSA-CP	5:36.93
5	Novello, Utah	17	CLSC-WC	5:39.19
6	Newton, Ava L	14	CASC-CP	5:39.29
7	Vd Wal, Mieke	15	CASC-CP	5:41.09
8	Hartung, Amy M	14	ASAC-CP	5:48.32
9	Ryser, Aurora	16	TYGE-CP	5:48.91
10	Tsai-Rieb, Pei-Ch	12	CYBE-CP	5:53.67
11	Vd Westhuizen, J	15	AQDO-CP	5:56.18
12	Coleman, Madisc	14	BLMA-CP	5:56.25
13	Rossouw, Emma	14	TYGE-CP	5:58.20
14	De Villiers, Anja	12	TYGE-CP	6:00.81
15	Durandt, Sharli	12	SAAW-CP	6:02.93
16	Basson, Lenè	12	CLSC-WC	6:04.81
17	Senekal, Margo	14	TYGE-CP	6:06.07
18	De Oliveira, Aliya	14	TYGE-CP	6:06.15
19	Kotzè, Tamsyn G	16	BLMA-CP	6:09.64
20	Swanepoel, Lulu	12	ASAC-CP	6:20.98

#305 Men 400 LC Meter IM

Name	Age	Team	Seed Time	
1	Boshoff, Juan C	18	TYGE-CP	4:34.81
2	McWilliam, Benn	17	TYGE-CP	4:41.58
3	Levey, Chad	17	GSA-CP	4:48.26
4	Malan, Johan S	17	CASC-CP	4:48.64
5	Wolson, Daniel A	16	SAAW-CP	4:51.21
6	Esterhuizen, Lor	14	AQUA	4:54.80
7	Trower, Nic T	14	TYGE-CP	4:56.82
8	Coetzer, Milan J	16	CYBE-CP	5:02.86
9	Van Wyk, Wayne	15	GSA-CP	5:02.90
10	McWilliam, Troy	16	TYGE-CP	5:03.65
11	Ritchie, Andrew	23	TYGE-CP	5:07.10
12	Southworth, Mat	15	CYBE-CP	5:07.63
13	Van Rooyen, Jan-	17	KNYA-ED	5:09.13
14	Terblanche, Luar	15	TYGE-CP	5:12.62
15	Solomon, Ethan	15	AQDO-CP	5:15.83
16	Schultz, Heinrich	14	LALE-CE	5:18.51
17	Bester, Eben	16	TYGE-CP	5:18.52
18	Beukes, Wade	16	AQDO-CP	5:18.80
19	De Kock, John P	14	LALE-CE	5:19.00
20	Lastroni, Giulian	17	TSC	5:19.28
21	De Lange, Adriaa	13	TYGE-CP	5:20.42
22	Karsten, Jody	16	BLMA-CP	5:22.19
23	Bezuidenhout, E	13	CASC-CP	5:24.33
24	Goussard, Henry	13	GREY-CP	5:28.52
25	Kalapac, Joshua	14	BLMA-CP	5:31.93
26	Nel, Max	13	ROA-ED	5:34.49
27	Bouwer, Jason	13	TYGE-CP	5:45.34
28	Oaten, Rourke	13	CYBE-CP	5:49.78
29	Cavallaro, Michel	13	CYBE-CP	5:52.62
30	Swart, Nico N	12	ASAC-CP	5:57.01
31	Loots, Noah C	12	ASAC-CP	6:00.09
32	Rheeder, Liam M	13	PAQU-CE	6:02.37
33	Van Zyl, Daniël R	12	TYGE-CP	6:06.81
34	Trower, Michael	12	TYGE-CP	6:12.36

35	Coleman, Travis	12	BLMA-CP	6:13.90
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#306 Women 50 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	27.84
2	Kotze, Abigail	14	TYGE-CP	28.54
3	Straszacker, Kris	23	CASC-CP	28.93
4	Fury, Rebecca G	16	VINE-CP	29.18
5	Burgess, Cassidy	15	VINE-CP	29.32
6	De Wet, Emma M	16	VINE-CP	29.59
7	Brink, Payton B	17	VINE-CP	29.74
8	Van Niekerk, Lic	16	PLAY-CE	29.88
9	Groepes, Rachel	17	SAAW-CP	30.04
10	Noades, Kiara J	22	LALE-CE	30.36
11	Meier, Marné	24	CASC-CP	30.48
12	Kuun, Melissa	16	FISH-ED	30.51
13	Prinsloo, Mila	16	ASAW-CE	30.68
14	Christie, Leah E	18	CASC-CP	30.80
15	Combrink, Amy	14	VINE-CP	30.80
16	Lombard, Jana	16	LALE-CE	30.91
17	Webber, Isabella	16	VINE-CP	31.52
18	Gennarakis, Chri	16	CASC-CP	31.56
19	De Jongh, Grace	17	LALE-CE	31.58
20	Cronjè, Danielle	15	LALE-CE	31.67
21	Humphrey, Jessic	15	AQUA	31.69
22	Wium, Mari	14	QSAW-CE	31.71
23	Van Galen, Ava-L	14	STAQ-CE	31.78
24	Orchard, Milan M	13	VINE-CP	31.78
25	Du Plessis, Chan	16	CYBE-CP	31.96
26	Heyes, Danielle A	17	ASAC-CP	32.03
27	Hugo, Anika S	17	QSAW-CE	32.04
28	Liebenberg, Emil	14	SWAR-WC	32.06
29	Trout, Sophia L	14	VINE-CP	32.08
30	Ribeiro, Nuria A	21	MATI-CE	32.17
31	Magotsi, Riziki A	13	VINE-CP	32.34
32	Langenhoven, Er	16	SFSC-CP	32.35
33	La Grange, Emm	15	PLAY-CE	32.37
34	Watson, Caitlin C	16	BLMA-CP	32.40
35	Cilliers, Kara K	18	QSAW-CE	32.49
36	Uys, Tara	18	TYGE-CP	32.68
37	Gerber, Simonè M	13	GREY-CP	32.89
38	Smidt, Clio J	17	VINE-CP	32.91
39	Havenga, Skyla K	17	CLSC-WC	32.92
40	Grütter, Arabelle	13	ROA-ED	32.94
41	Labuschagne, Mi	16	SSISA-CP	32.94
42	Ward, Tanith A	17	SSISA-CP	32.97
43	Bergh, Madison S	14	AQUA	33.00
44	Terblanche, Essi	14	LALE-CE	33.00
45	Cromhout, Hann	19	SAAW-CP	33.06
46	Daffarn, Eri J	19	VINE-CP	33.07
47	Ryser, Aurora	16	TYGE-CP	33.26
48	Paljk, Tilka	26	MATI-CE	33.31
49	Lategan, Emma M	15	CASC-CP	33.38
50	Evans, Caitlin N	13	TYGE-CP	33.44
51	Jantzen, Zianè	14	QUIC-CP	33.45
52	Vd Wal, Mieke	15	CASC-CP	33.46
53	Kleinhans, Zara I	18	AQDO-CP	33.61
54	Zeelie, Shanna-L	14	BLMA-CP	33.63
55	Nilsson, Rebecca	12	TYGE-CP	33.65
56	Hartung, Amy M	14	ASAC-CP	33.76
57	Lorenzen, Ava E	12	BLMA-CP	33.83
58	Jones, Gemma K	15	VINE-CP	33.87

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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#306 ... (Women 50 LC Meter Butterfly)

59	Faul, Ellen J	12	QSAW-CE	33.93
60	Holman, Acaylia	13	MARL-CP	34.19
61	Daniels, Sara H	17	BLMA-CP	34.24
62	Smith, Sophie	12	VINE-CP	34.25
63	Hayes, Kerrigan I	14	CASC-CP	34.37
64	Laubscher, Maya	16	GSA-CP	34.48
65	Havemann, Bella	15	ASAC-CP	34.52
66	Bester, Lisa	16	WELL-CE	34.54
67	Visser, Cara	13	CYBE-CP	34.56
68	Vd Merwe, Mi-Ly	14	LALE-CE	34.60
69	Slinger, Gizelle	14	AQUA	34.62
70	Fenner, Olivia M	12	PLAY-CE	34.65
71	Van Der Wath, Iz	13	KNYA-ED	34.74
72	Morris, Jenna	14	VINE-CP	34.83
73	Vd Merwe, Simor	16	GSA-CP	34.84
74	Riley, Logan	13	VINE-CP	34.89
75	Weber, Klara	13	PLAY-CE	34.92
76	Verbeek, Wilmie	15	CASC-CP	34.95
77	Neethling, Emmè	14	FISH-ED	34.96
78	Tsai-Rieb, Pei-Ch	12	CYBE-CP	34.99
79	Louw, Anieka	13	CASC-CP	35.33
80	De Villiers, Anja	12	TYGE-CP	35.36
81	Geyser, Almi	14	LALE-CE	35.37
82	Bayly, Arabella	12	VINE-CP	35.49
83	Gerber, Mia	15	LALE-CE	35.58
84	Visser, Sandri	14	PLAY-CE	35.59
85	Basson, Lenè	12	CLSC-WC	35.84
86	Vd Merwe, Mia	14	GSA-CP	35.91
87	Jurries, Sam C	14	CLSC-WC	36.00
88	Dimatellis, Zoi	11	ROA-ED	36.20
89	Raimond, Marike	14	TYGE-CP	36.22
90	Kotzè, Tamsyn G	16	BLMA-CP	36.27
91	Cloete-Hopkins, J	13	SSISA-CP	36.45
92	Burger, Juanè	13	TYGE-CP	36.51
93	Coetzee, Liane	12	PLAY-CE	36.63
94	Saayman, Nika D	13	PLAY-CE	36.71
95	Stilwaney, Mia C	11	PAQU-CE	36.76
96	Hawley, Nicola	12	PLAY-CE	36.95
97	Mason, Phoebe M	13	STAQ-CE	37.07
98	Schreuder, Hann	15	SAAW-CP	37.11
99	Joyce, Jenna	11	CASC-CP	37.18
100	Sonnekus, Anya	12	TYGE-CP	37.72
101	Horn, Anna	11	XCEL-CP	37.83
102	Jansen van Rensl	11	VINE-CP	38.00
103	Olivier, Julie M	11	TYGE-CP	38.11
104	Louw, Isabella A	12	BLMA-CP	38.11
105	Taljaard, Liané	13	FISH-ED	38.58
106	Groves, Philippa	12	SSISA-CP	38.91
107	Schäfer, Kyla	12	KNYA-ED	39.36
108	Van Dyk, Zani	11	GSA-CP	39.55
109	Coetzee, Marli	11	GSA-CP	39.60
110	Boshoff, Anja	11	TYGE-CP	40.02
111	Sabbagha, Georg	11	PAQU-CE	40.63
112	Billson, Amelie	11	CASC-CP	40.75
113	Fury, Amelia J	12	VINE-CP	41.16
114	Jantjies, Zara	11	MANT-CP	41.66
115	Botha, Chelsea	13	CASC-CP	41.70
116	Thirsk, Savannah	11	TYGE-CP	43.92
117	Hager, Carle	13	LALE-CE	45.14
118	Thirsk, Madison	13	TYGE-CP	45.70

#307 Men 50 LC Meter Butterfly

Name	Age	Team	Seed Time		
1	Hendricks, Robe	18	ROA-ED	25.23	
2	Moncherry, Adar	25	LALE-CE	25.35	
3	West, Gabriel	19	TYGE-CP	25.95	
4	Engelbrecht, Chr	24	NWUC-KK	26.13	
5	Esterhuysen, Josi	16	TYGE-CP	26.17	
6	Basson, Wilan	17	ASAC-CP	26.31	
7	Kotze, Eric B	14	STAQ-CE	26.41	
8	Van Heerden, Ste	17	LALE-CE	26.47	
9	Kriegler, Christia	18	CASC-CP	26.52	Scr
10	Mia, Sirhaan	17	MARL-CP	26.78	
11	Luck, Taylor R	18	VINE-CP	26.91	
12	Omar, Ilyaa I	17	MARL-CP	27.02	
13	Strydom, Conrad	15	QUIC-CP	27.19	
14	Rudolph, Wido	17	FISH-ED	27.30	
15	Van Reenen, Rya	24	BLMA-CP	27.55	
16	Kleynhans, Ian	16	GSA-CP	27.69	
17	Kleinhans, Kyle	17	SSISA-CP	27.70	
18	Geyser, Jacques M	16	LALE-CE	27.71	
19	Engelbrecht, Ruf	16	PLAY-CE	27.74	
20	Leiar, Alex H	18	KNYA-ED	27.75	
21	Field, Luke D	17	VINE-CP	27.80	
22	Swart, Niklis	18	PLAY-CE	27.83	
23	Olkers, Caellum C	17	CASC-CP	27.84	
24	Pretorius, Luuk I	15	KNYA-ED	27.85	
25	Bestel, Luc M	14	VINE-CP	27.85	
26	Wolson, Daniel A	16	SAAW-CP	27.88	
27	Van Rooyen, Jan-	17	KNYA-ED	27.98	
28	Malan, Johan S	17	CASC-CP	28.01	
29	McWilliam, Benn	17	TYGE-CP	28.19	
30	Trower, Nic T	14	TYGE-CP	28.19	
31	Louw, Guillaume	20	CASC-CP	28.21	
32	Malherbe, Nichol	17	LALE-CE	28.35	Scr
33	Peceur, Mark D	19	PAQU-CE	28.40	
34	Beukes, Mateo A	18	WALM-CP	28.41	
35	Forbes, Nicholas	17	LALE-CE	28.43	
36	Cicero, Zack	17	SSISA-CP	28.44	
37	Schultz, Heinrich	14	LALE-CE	28.53	
38	Daniels, Adam M	14	ELEC-TS	28.56	
39	Cornish, Jeyaad	18	HURAQ-CP	28.57	
40	Van Vondel, Antc	16	TYGE-CP	28.63	
41	Wollenschlaeger,	15	VINE-CP	28.63	
42	Esterhuizen, Lor	14	AQUA	28.72	
43	Boonzaier, Jannik	17	ASAC-CP	28.81	
44	Hendricks, Joshu	16	LALE-CE	28.84	
45	Abrahams, Mattf	24	ASAC-CP	28.90	
46	Carrol, Matt	18	BLMA-CP	28.93	
47	Alexander, Amm	16	MARL-CP	29.11	
48	Coetzer, Milan J	16	CYBE-CP	29.12	
49	Van Wyk, Wesley	17	ASAC-CP	29.15	
50	Breet, Dawie-Lou	16	PLAY-CE	29.26	
51	Nelson, Christop	16	LALE-CE	29.30	
52	Anthony, Ammar	20	MARL-CP	29.32	
53	Williams, Jayden	14	PAQU-CE	29.33	
54	Benecke, Alexan	15	SSISA-CP	29.35	
55	Renard, Leo G	16	ASAC-CP	29.44	
56	Pedro, Tamkeen	15	WALM-CP	29.45	
57	Das Neves, Lucas	14	TYGE-CP	29.47	
58	Smit, MJ M	15	SAAW-CP	29.50	
59	Foot, Aiden C	17	SWAR-WC	29.56	

60	Viljoen, Stèphen	17	ASAW-CE	29.59
61	Davydov, Davis	16	ASAC-CP	29.62
62	Burger, Schalk S	18	SWAR-WC	29.64
63	Williams, Luca	15	VINE-CP	29.66
64	Heyes, Garrick T	15	ASAC-CP	29.71
65	Szapira, Saul	17	TYGE-CP	29.71
66	Kotzè, Kailen M	17	SWAR-WC	29.73
67	Hartman, Timotf	17	SSISA-CP	29.78
68	Uys, Keegan	16	LALE-CE	29.81
69	Hugo, Retief R	17	ASAW-CE	29.83
70	Nefdt, Grant	16	AQDO-CP	29.86
71	McPetrie, James J	16	MANT-CP	29.91
72	Van Helden, Etha	15	GSA-CP	29.95
73	DE Bruyn, Flippi	17	FISH-ED	29.96
74	Schreuder, Steffe	15	ASAW-CE	30.03
75	Gilbert, Andrew	14	SAAW-CP	30.05
76	Rohner, Jayden M	16	BLMA-CP	30.08
77	Hewitt-Smook, K	15	SWAR-WC	30.52
78	Gounden, Mikha	18	CLSC-WC	30.58
79	Orchard, Thomas	16	SWAR-WC	30.59
80	Du Preez, Shaun	16	SSISA-CP	30.60
81	Carr, Simeon	17	TSC	30.63
82	Fernold, AJ	13	ROA-ED	30.70
83	Moolman, Carter	15	MANT-CP	30.78
84	Wessels, Armin I	16	LALE-CE	30.81
85	Barnard, Rohan C	19	LALE-CE	30.85
86	Galochkin, Max	15	ASAC-CP	30.85
87	Burger, Rosseau	14	LALE-CE	30.86
88	Beukes, Jaden L	14	WALM-CP	30.86
89	Van Der Walt, Lo	16	QSAW-CE	30.90
90	Mkavea, Tasu	13	UWCA-CP	30.90
91	Waters, Steven G	14	LALE-CE	30.98
92	Stanfliet, Nichola	13	VINE-CP	30.98
93	Rosslee, Christia	14	QSAW-CE	31.05
94	Terblanche, Luar	15	TYGE-CP	31.10
95	Arnott, Carter J	15	ASAC-CP	31.12
96	Sirin, Ben	14	VINE-CP	31.15
97	Nel, Max	13	ROA-ED	31.16
98	Walker, Yohan G	15	VINE-CP	31.23
99	De Lange, Adriaa	13	TYGE-CP	31.33
100	Bester, Eben	16	TYGE-CP	31.43
101	Basson, Lucca N	14	CYBE-CP	31.50
102	Kuun, Hanru P	16	FISH-ED	31.66
103	February, Gerard	14	CASC-CP	31.69
104	Williams, Logan	13	VINE-CP	31.69
105	Boshoff, Keanu A	12	KNYA-ED	31.80
106	Goldstein, Trista	18	ASAC-CP	31.90
107	Williams, Evan B	13	SSISA-CP	31.97
108	Viljoen, Jaden R	15	ASAC-CP	31.99
109	Zellie, Thomas J	16	SAAW-CP	32.17
110	Wing, James L	13	GREY-CP	32.23
111	Wagner, Noah J	13	SAAW-CP	32.38
112	Gilmour, Connor	13	SFSC-CP	32.51
113	Searle, Jude	13	VINE-CP	32.52
114	Bezuidenhout, Ei	13	CASC-CP	32.53
115	Bouwer, Jason	13	TYGE-CP	32.75
116	Pautz, Nathan M	15	BLMA-CP	32.80
117	Lategan, Nicky N	14	SWAR-WC	32.93
118	Afonso, Aragon C	13	QUIC-CP	33.05
119	Pieterse, Marcell	13	XCEL-CP	33.06
120	Kotzè, Max M	14	BLMA-CP	33.06
121	De Bruyn, Cornè	14	ASAC-CP	33.09

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#307 ... (Men 50 LC Meter Butterfly)

122	Cloete-Hopkins, J	16	SSISA-CP	33.11
123	Poggenpoel, Troy	14	SSISA-CP	33.23
124	Myburgh, Ruan	15	BLMA-CP	33.29
125	Oosthuizen, Etha	13	PLAY-CE	33.56
126	Rayne, Leo	14	ASAC-CP	33.65
127	Du Plessis, Jason	13	CLSC-WC	33.67
128	Hudson, Thomas	13	PLAY-CE	33.70
129	Kotzè, Arden C	13	ASAW-CE	33.79
130	Saayman, Dehan	15	PLAY-CE	33.87
131	Walther-Kotzè, L	13	ASAC-CP	34.14
132	Fortuin, Niyaz	13	VINE-CP	34.19
133	Hekandjo, Kabi A	13	AQUA	34.31
134	Yiorkas, Yiorgos	14	BLOT-MA	34.36
135	Spencer, Charles	14	VINE-CP	34.50
136	De Jager, Nathan	15	ASAC-CP	34.61
137	Verbeek, Pierre C	12	CASC-CP	34.66
138	Swart, Nico N	12	ASAC-CP	34.73
139	Vergotine, Valent	36	VINE-CP	34.87
140	Van Graan, Matth	13	STAQ-CE	34.98
141	Grobler, Reuben	13	PLAY-CE	35.19
142	Pearson-Adams,	13	SAAW-CP	35.24
143	Weber, Daniel	12	PLAY-CE	35.32
144	Van Der Merwe, J	12	VINE-CP	35.40
145	Coolen, Jonathan	13	STAQ-CE	35.48
146	Vd Watt, Earle	11	GSA-CP	35.64
147	Krause, Luke	13	CASC-CP	35.71
148	Spencer, Marcus	12	VINE-CP	35.75
149	Smit, Reynard-Gi	12	SFSC-CP	35.76
150	Mouton, Jean A	13	CASC-CP	35.94
151	Barnard, Theo J	11	SWAR-WC	36.06
152	Kent, Tyler	13	BLMA-CP	36.15
153	Coleman, Travis	12	BLMA-CP	36.31
154	Rheeder, Liam M	13	PAQU-CE	36.39
155	Bergh, Riley R	12	AQUA	36.60
156	Schaefer, Daniel	11	PLAY-CE	36.60
157	Hendricks, Tysor	13	ROA-ED	36.64
158	Mccollum, Aiden	11	AQDO-CP	36.67
159	Bright, Michael C	11	CASC-CP	36.90
160	Van Zyl, Daniël R	12	TYGE-CP	36.93
161	Potgieter, Micah	13	VINE-CP	36.96
162	Swanepoel, Ewal	13	FISH-ED	37.00
163	Njoroge, Alphons	14	CASC-CP	37.58
164	Willenburg, Elija	13	SFSC-CP	37.65
165	Boshoff, Mickayl	11	KNYA-ED	37.79
166	Pautz, Benjamin	11	BLMA-CP	37.91
167	Faulkner, Callum	12	BLMA-CP	38.35
168	Hodgskiss, Fin J	12	SSISA-CP	38.92
169	Parr, Colbyn S	12	KNYA-ED	38.98
170	Mallin, Lukas	9	SAAW-CP	39.64
171	Bosch, Ewan Y	11	TYGE-CP	39.67
172	Goodall, Aaron	11	ASAC-CP	39.71
173	Van Onselen, Pie	10	TYGE-CP	39.92
174	Slabber, Ruhann	13	CASC-CP	40.07
175	Dockerill, Max J	11	CASC-CP	40.16
176	Benecke, Delmar	12	VINE-CP	40.48
177	February, Dillon	11	CASC-CP	40.65
178	Schreve, Lehan	11	SWAR-WC	40.88
179	van Rensburg, Tr	11	GSA-CP	41.05
180	Viljoen, Jagger F	10	ASAC-CP	41.56
181	Coolen, Nicolas I	11	STAQ-CE	41.72

182	Leitner, Zachary	10	AQUA	41.73
183	Van Vondel, Rola	12	TYGE-CP	42.33
184	King, Aidan J	11	GSA-CP	43.46
185	Fouche, Jack	11	TYGE-CP	44.26
186	Lewis, Amaru C	11	PAQU-CE	44.41
187	Akinci, Can Batu	11	VINE-CP	49.21
188	Pardoe, James N	12	GREY-CP	49.92

#308 Girls 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 TYGE-CP	A	2:22.24
Olivier, Julie M 11	Chibharo, Lethabo L 11	
Thirsk, Savannah 11	Boshoff, Anja 11	

#309 Boys 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 CASC-CP	A	2:18.99
February, Dillon S 11	Gerber, Luke M 10	
Dockerill, Max J 11	Bright, Michael C 11	
2 TYGE-CP	A	2:20.13
Van Onselen, Pierre S 10	Fouche, Ryan 9	
Bosch, Ewan Y 11	Fouche, Jack 11	
3 SWAR-WC	A	2:21.46
Schreve, Lehan 11	Lategan, Wessel W 11	
Kruger, Zachary C 11	Barnard, Theo J 11	
4 LALE-CE	A	2:25.33
VerLoren Van Themaat, He	Ellis, Alec C 11	
Basson, Henk 11	Fouche, Xander M 11	
5 GSA-CP	A	NT
Pieterse, Owen 11	van Rensburg, Tristan 11	
Vd Watt, Earle 11		

#310 Girls 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	2:03.91
2 TYGE-CP	A	2:08.87
De Villiers, Ania 12	Sonnekus, Anya 12	
Nilsson, Rebecca B 12	Evans, Caitlin N 13	
3 PLAY-CE	A	2:09.28
Fenner, Olivia M 12	Saayman, Nika D 13	
Weber, Klara 13	Coetzee, Liane 12	
4 SSISA-CP	A	2:11.94
Myers, Kirsten E 13	Groves, Philippa R 12	
Slatter, Mila-Belle 11	Cloete-Hopkins, Aryana A 11	
5 CYBE-CP	A	2:14.49
Tsai-Rieb, Pei-Chi P 12	Visser, Cara 13	
Lockitch, Zara 11	Oaten, Sabrina 13	
6 CASC-CP	A	2:14.86
Botha, Chelsea 13	Billson, Amelie 11	
Joyce, Jenna 11	Louw, Anieka 13	
7 ASAC-CP	A	2:26.78
Sprong, laime M 10	Dos-Santos, Ekaterina E 13	
Pitout, Addison P 9	Barkhuysen, Jani 12	
8 SAAW-CP	A	NT
Krog, Miya 13	Ahmed, Ayla 12	
Durandt, Sharli 12	Ahmed, Bria 10	

#311 Boys 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:54.11
2 CASC-CP	A	2:02.22
Verbeek, Pierre O 12	Mouton, Jean A 13	
Van Wyk, Jack R 12	Bezuidenhout, Ernst E 13	

3 GREY-CP	A	2:02.55
Yeowart, Luke D 13	Breebaart, Joshua 11	
Goussard, Henry 13	Wing, James L 13	
4 TYGE-CP	A	2:03.88
Bouwer, Jason 13	Van Vondel, Roland 12	
Van Zyl, Daniël R 12	De Lange, Adriaan 13	
5 PLAY-CE	A	2:04.47
Oosthuizen, Ethan 13	Weber, Daniel 12	
Grobler, Reuben C 13	Hudson, Thomas 13	
6 SFSC-CP	A	2:05.10
Smit, Revnard-Grav 12	Jones, Thomas W 13	
Willenburg, Elijah K 13	Gilmour, Connor A 13	
7 ASAC-CP	A	2:07.77
Loots, Noah C 12	Torboschkin, Daniel S 12	
Swart, Nico N 12	Walther-Kotzè, Leon C 13	
8 BLMA-CP	A	2:10.17
Coleman, Travis 12	Faulkner, Callum E 12	
Pautz, Benjamin R 11	Kent, Tyler 13	
9 VINE-CP	B	2:13.08
10 CYBE-CP	A	NT
Cavallaro, Michele R 13	Oaten, Rourke 13	
Niemand, Leo 12	Harvey, Waylon 12	
11 SAAW-CP	A	NT
Wagner, Noah I 13	Pearson-Adams, Wolfe D 13	
Mallin, Lukas 9	Poultney, Matthew 10	

#312 Girls 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:57.79
2 TYGE-CP	A	1:59.76
Goebel, Zoë 15	Senekal, Margo 14	
Smith, Lara E 15	Kotze, Abigail 14	
3 LALE-CE	A	2:01.10
Croniè, Danielle 15	Vd Merwe, Simone 15	
Geyser, Almi 14	Briggs, Rebecca 14	
4 CASC-CP	A	2:03.68
Verbeek, Wilmien 15	Hayes, Kerrigan L 14	
Newton, Ava L 14	Vd Wal, Mieke 15	
5 BLMA-CP	A	2:07.00
Zeelie, Shanna-Leigh 14	Louw, Isabella A 12	
Lorenzen, Ava E 12	Coleman, Madison 14	
6 LALE-CE	B	2:07.89
Hager, Carle 13	Gerber, Mia 15	
Vd Merwe, Mi-Ly 14	Terblanche, Essie 14	
7 VINE-CP	B	2:08.45
8 ASAC-CP	A	2:10.41
Hartung, Amy M 14	Allwood, Kate S 15	
Swanepoel, Lulu A 12	Havemann, Bella 15	

#313 Boys 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:48.65
2 TYGE-CP	A	1:49.40
Adendorff, James T 15	Kinnear, Connor 15	
Bannister, Joshua G 15	Trower, Nic T 14	
3 ASAC-CP	A	1:51.24
Viljoen, Jaden R 15	Arnott, Carter J 15	
Heyes, Garrick T 15	Rayne, Leo 14	
4 VINE-CP	B	1:52.01
5 BLMA-CP	A	1:54.34
Kotzè, Max M 14	Myburgh, Ruan 15	
Pautz, Nathan M 15	Kalapac, Joshua 14	

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#313 ... (Boys 15 & Under 4x50 LC Meter Freestyle Relay)

Team	Relay	Seed Time
6 LALE-CE	A	1:56.01
De Kock, John P 14	Waters, Steven G 14	
Kirsten, John-William R 15	Schultz, Heinrich W 14	
7 ASAC-CP	B	1:58.87
De Bruvn, Cornè C 14	Torbochkin, David S 14	
Goldstein, Phoenix J 15	De Jager, Nathan B 15	
8 LALE-CE	B	2:01.11
Burger, Rosseau 14	Mansfield, Luke T 13	
Hodge, Cameron P 13	Jacobs, Zoon S 14	
9 CYBE-CP	A	NT
Dos-Santos, Andrei 15	Southworth, Matthew W 15	
Oaten, Rourke 13	Basson, Lucca N 14	
10 SAAW-CP	A	NT
Smit, MJ M 15	Gilbert, Andrew A 14	
Barge, Zac 14	Wagner, Noah J 13	

#314 Women 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 VINE-CP	A	1:51.92
2 CASC-CP	A	1:53.33
Christie, Leah E 18	Gennarakis, Christina 16	
Meier, Marné 24	Straszacker, Kristen C 23	
3 LALE-CE	A	1:56.78
Nieuwstad, Michelle 29	De Jongh, Grace 17	
Lombard, Jana 16	Noades, Kiara J 22	
4 LALE-CE	B	1:56.99
De Roubaix, Maric M 16	King, Mischa 18	
Beetge, Amy 16	De Villiers, Lezanne 19	
5 GSA-CP	A	2:00.85
Cope, Morgan M 17	Laubscher, Maya R 16	
Morton, Tayler R 16	Vd Merwe, Simone 16	
6 BLMA-CP	A	2:02.18
Kotzé, Tamsyn G 16	Venter, Liya E 18	
Daniels, Sara H 17	Watson, Caitlin C 16	
7 SSISA-CP	A	2:02.60
Labuschagne, Michaela 16	Ward, Tanith A 17	
Franks, Madison M 16	Vickers, Sophie 16	
8 ASAW-CE	A	2:02.78
Theron, Jady 16	Viljoen, Jo-Ell 17	
Schmidt, Amy 15	Prinsloo, Mila 16	
9 TYGE-CP	A	2:03.00
Ryser, Aurora 16	Raimond, Marike M 14	
Rossouw, Nadia 17	Uys, Tara 18	
10 CLSC-WC	A	2:06.58
Havenga, Skyla K 17	Juries, Sam C 14	
Basson, Lenè 12	Novello, Utah 17	
11 CYBE-CP	A	NT
Hearne, Trinity S 20	Du Plessis, Chanel P 16	
Tsai-Rieb, Pei-Chi P 12	Visser, Cara 13	
12 SAAW-CP	A	NT
Cromhout, Hannah E 19	Groepes, Rachel L 17	
Schreuder, Hannah G 15	Krog, Miya 13	

#315 Men 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time
1 TYGE-CP	A	1:40.65
Hopkins, Tim 18	Boshoff, Juan C 18	
West, Gabriel 19	Esterhuysen, Joshua N 16	
2 LALE-CE	A	1:43.54
Van Heerden, Stefan F 17	Moncherry, Adam J 25	
Clarke, Liam 16	Malherbe, Nicholas N 17	

3 ASAC-CP	A	1:44.90
Basson, Wilan 17	Abrahams, Matthew N 24	
Van Wyk, Wesley R 17	Boonzaier, Jannie R 17	
4 SSISA-CP	A	1:45.22
Kleinhans, Kyle 17	Du Preez, Shaun 16	
Oosthuizen, Nic D 21	Webb, Corey 20	
5 MARL-CP	A	1:45.43
Alexander, Ammaar 16	Anthony, Ammar 20	
Mia, Sirhaan 17	Omar, Ilyas I 17	
6 FISH-ED	A	1:45.52
Rudolph, Wido 17	Vorster, Josua A 18	
Lehnberg, Malan 17	Van Greunen, Renier 17	
7 CASC-CP	A	1:45.87
Louw, Guillaume 20	February, Gerard G 14	
Malan, Johan S 17	Kriegler, Christiaan C 18	
8 SWAR-WC	A	1:47.06
Foot, Aiden C 17	Orchard, Thomas J 16	
Hewitt-Smook, Kristian 15	Burger, Schalk S 18	
9 TYGE-CP	B	1:47.19
Wright, Keegan 17	Bester, Eben 16	
McWilliam, Benn D 17	Van Vondel, Anton J 16	
10 GSA-CP	A	1:47.46
Kleynhans, Ian 16	Levey, Chad 17	
Van Helden, Ethan C 15	Van Wyk, Wayne E 15	
11 BLMA-CP	A	1:48.96
Rohner, Iayden M 16	Carrol, Matt 18	
Van Reenen, Ryan 24	Karsten, Jody 16	
12 LALE-CE	B	1:48.98
Gevser, Jacques M 16	Uys, Keegan 16	
Forbes, Thomas P 19	Forbes, Nicholas J 17	
13 SAAW-CP	A	1:49.84
Wolson, Daniel A 16	Zellie, Thomas J 16	
Smit, MJ M 15	Gilbert, Andrew A 14	
14 ASAW-CE	A	1:51.49
Viljoen, Stèphen 17	Schreuder, Steffen 15	
Vermeulen, Hanco 14	Hugo, Retief R 17	
15 PLAY-CE	A	1:54.23
Engelbrecht, Ruben I 16	Breet, Dawie-Louw L 16	
Saayman, Dehan 15	Swart, Niklis 18	
16 AQDO-CP	A	NT
Solomon, Ethan 15	Nefdt, Grant 16	
Bailey, Ethan J 20	Beukes, Wade 16	
17 CYBE-CP	A	NT
Coetzer, Iayden P 18	Davidtsh, Colin 16	
Cavallaro, Federico F 18	Southworth, Matthew W 15	
18 VINE-CP	A	NT

#400 Men 200 LC Meter Breaststroke

Name	Age	Team	Seed Time
1 Etzold, Peter S	18	VINE-CP	2:17.24
2 Clayton, Franco I	17	LALE-CE	2:27.44
3 Rudolph, Wido	17	FISH-ED	2:28.41
4 Field, Luke D	17	VINE-CP	2:29.63
5 Bester, Francois	16	QSAW-CE	2:30.41
6 Boshoff, Juan C	18	TYGE-CP	2:30.60
7 Malan, Johan S	17	CASC-CP	2:31.87
8 Hugo, Retief R	17	ASAW-CE	2:33.85
9 Nelson, Christop	16	LALE-CE	2:34.30
10 Hartman, Timot	17	SSISA-CP	2:34.72
11 Omar, Ilyas I	17	MARL-CP	2:35.54
12 Daniels, Adam M	14	ELEC-TS	2:36.21
13 Van Greunen, Re	17	FISH-ED	2:37.11
14 February, Gerard	14	CASC-CP	2:38.27

15 Malherbe, Nichol	17	LALE-CE	2:40.24
16 Williams, Jayden	14	PAQU-CE	2:41.17
17 Burger, Rosseau	14	LALE-CE	2:42.57
18 McWilliam, Troy	16	TYGE-CP	2:43.94
19 Lehnberg, Malan	17	FISH-ED	2:45.39
20 Karsten, Jody	16	BLMA-CP	2:46.23
21 Bester, Eben	16	TYGE-CP	2:46.53
22 Yioraka, Yiorgos	14	BLOT-MA	2:47.09
23 Kinnear, Connor	15	TYGE-CP	2:47.53
24 Van Helden, Etha	15	GSA-CP	2:47.65
25 Southworth, Mat	15	CYBE-CP	2:47.80
26 Torbochkin, Davi	14	ASAC-CP	2:47.93
27 Simpson, Jesse	15	VINE-CP	2:48.74
28 Anthony, Ammar	20	MARL-CP	2:48.90
29 Hendricks, Joshu	16	LALE-CE	2:48.92
30 Theron, Luca D	15	VINE-CP	2:49.19
31 Pautz, Nathan M	15	BLMA-CP	2:49.20
32 Mansfield, Luke	13	LALE-CE	2:49.42
33 Zellie, Thomas J	16	SAAW-CP	2:49.67
34 Sirin, Ben	14	VINE-CP	2:50.46
35 Terblanche, Luar	15	TYGE-CP	2:52.27
36 Stanfliet, Nichola	13	VINE-CP	2:52.28
37 Smith, Damian G	19	FISH-ED	2:53.77
38 Goussard, Henry	13	GREY-CP	2:53.94
39 Möller, FC C	16	TYGE-CP	2:54.13
40 Gilbert, Andrew	14	SAAW-CP	2:54.67
41 Vermeulen, Hanc	14	ASAW-CE	2:55.53
42 DE Bruyn, Flippi	17	FISH-ED	2:56.39
43 Williams, Luca	15	VINE-CP	2:56.82
44 Galochkin, Max	15	ASAC-CP	2:56.93
45 Haupt, Rhys A	14	VINE-CP	2:57.04
46 Loots, Noah C	12	ASAC-CP	2:59.18
47 Wing, James L	13	GREY-CP	2:59.32
48 Vorster, Josua A	18	FISH-ED	2:59.65
49 Moolman, Carter	15	MANT-CP	2:59.87
50 Williams, Evan B	13	SSISA-CP	2:59.87
51 Myburgh, Ruan	15	BLMA-CP	3:00.22
52 Swart, Nico N	12	ASAC-CP	3:00.53
53 Linscott, Josh C	15	MANT-CP	3:01.40
54 Wagner, Noah J	13	SAAW-CP	3:01.75
55 Saayman, Dehan	15	PLAY-CE	3:02.32
56 Roman, Noah P	13	AQDO-CP	3:03.48
57 Vergotine, Valent	36	VINE-CP	3:03.94
58 De Lange, Adriaa	13	TYGE-CP	3:04.05
59 Mkavea, Tasu	13	UWCA-CP	3:04.29
60 Abrahams, Wasfi	17	MARL-CP	3:04.69
61 Yeowart, Luke D	13	GREY-CP	3:06.76
62 De Bruyn, Cornè	14	ASAC-CP	3:06.78
63 Van Wyk, Jack R	12	CASC-CP	3:08.27
64 Hudson, Thomas	13	PLAY-CE	3:10.47
65 Mouton, Jean A	13	CASC-CP	3:10.88
66 Spencer, Charles	14	VINE-CP	3:11.51
67 Kent, Tyler	13	BLMA-CP	3:12.22
68 Faulkner, Callum	12	BLMA-CP	3:12.71
69 Coleman, Travis	12	BLMA-CP	3:14.82
70 Hendricks, Tysor	13	ROA-ED	3:15.46
71 Verbeek, Pierre C	12	CASC-CP	3:18.12
72 Parr, Colbyn S	12	KNYA-ED	3:19.82
73 Bright, Michael C	11	CASC-CP	3:21.66
74 Immelman, Max	13	GREY-CP	3:24.32
75 van Rensburg, Tr	11	GSA-CP	3:24.40
76 Conradie, Niel	13	QUIC-CP	3:24.71

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#400 ... (Men 200 LC Meter Breaststroke)

77	Krause, Luke	13	CASC-CP	3:27.48
78	Troskie, Jean	12	QUIC-CP	3:27.68
79	Schaefer, Daniel	11	PLAY-CE	3:29.40
80	Wagener, Tian	11	ASAW-CE	3:29.73
81	Pautz, Benjamin	11	BLMA-CP	3:29.87
82	Baadjies, Cruden	11	PAQU-CE	3:31.24
83	Stander, Christia	11	ASAW-CE	3:32.69
84	Van Vondel, Rola	12	TYGE-CP	3:32.78
85	Fouche, Jack	11	TYGE-CP	3:33.67
86	Fenner, Jenson V	11	PLAY-CE	3:33.69
87	Lategan, Wessel	11	SWAR-WC	3:34.03
88	February, Dillon	11	CASC-CP	3:35.07
89	Kruger, Zachary	11	SWAR-WC	3:36.02
90	Pieterse, Owen	11	GSA-CP	3:40.64
91	Pearson-Adams,	13	SAAW-CP	3:44.64
92	Pardoe, James N	12	GREY-CP	4:05.02

#401 Women 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	
1	Fury, Rebecca G	16	VINE-CP	2:41.51
2	Cope, Morgan M	17	GSA-CP	2:42.27
3	Vd Wal, Mieke	15	CASC-CP	2:47.33
4	du Plessis, Madis	15	BLOT-MA	2:47.40
5	Evans, Caitlin N	13	TYGE-CP	2:48.21
6	Combrink, Amy	14	VINE-CP	2:52.27
7	Meier, Marné	24	CASC-CP	2:53.17
8	Hugo, Anika S	17	QSAW-CE	2:55.23
9	Newton, Ava L	14	CASC-CP	2:56.47
10	Morris, Jenna	14	VINE-CP	2:56.61
11	Gerber, Mia	15	LALE-CE	2:56.73
12	Witten, Hannah	16	AQDO-CP	2:58.29
13	Laubscher, Maya	16	GSA-CP	2:58.33
14	Borman, Jani	15	SWAR-WC	2:59.55
15	Herbst, Mienke	17	SSISA-CP	2:59.66
16	Olivier, Shani	16	WELL-CE	2:59.72
17	Gerber, Simonè M	13	GREY-CP	3:00.01
18	Coleman, Madisc	14	BLMA-CP	3:00.43
19	Hahn, Kayleigh K	14	ROA-ED	3:00.60
20	Novello, Utah	17	CLSC-WC	3:01.01
21	Havenga, Skylar K	17	CLSC-WC	3:02.30
22	Grütter, Arabelle	13	ROA-ED	3:05.27
23	Sabbagha, Annè	17	PAQU-CE	3:06.92
24	Magotsi, Riziki A	13	VINE-CP	3:07.09
25	Schreuder, Hann	15	SAAW-CP	3:07.54
26	Nilsson, Rebecca	12	TYGE-CP	3:08.12
27	Ahmed, Ayla	12	SAAW-CP	3:09.14
28	du Plessis, Sumr	13	BLOT-MA	3:09.20
29	Lategan, Emma D	15	CASC-CP	3:09.65
30	Joyce, Jenna	11	CASC-CP	3:11.45
31	Visser, Sandri	14	PLAY-CE	3:11.50
32	Van Der Wath, Iz	13	KNYA-ED	3:11.61
33	Lorenzen, Ava E	12	BLMA-CP	3:13.31
34	Dreyer, Arne'	13	STAQ-CE	3:14.99
35	du Plessis, Evie	11	BLOT-MA	3:15.50
36	Lodewyck, Jeand	13	FISH-ED	3:15.50
37	Laubscher, Mikal	13	GSA-CP	3:16.55
38	Botha, Chelsea	13	CASC-CP	3:17.17
39	Baillie, Gabi J	13	ROA-ED	3:17.63
40	Grobler, Zané	13	ROA-ED	3:19.05
41	Dos-Santos, Ekata	13	ASAC-CP	3:19.13

42	Geyser, Almi	14	LALE-CE	3:19.47
43	Fury, Amelia J	12	VINE-CP	3:21.66
44	Horn, Anna	11	XCEL-CP	3:22.07
45	Dimatellis, Zoi	11	ROA-ED	3:22.13
46	Krog, Miya	13	SAAW-CP	3:25.38
47	Barnard, Adelma	13	SWAR-WC	3:26.12
48	Stilwaney, Mia C	11	PAQU-CE	3:28.06
49	Charles, Tyla	11	VINE-CP	3:32.18
50	Retief, Jane	11	LALE-CE	3:33.36
51	Van Dyk, Zani	11	GSA-CP	3:35.16
52	Olivier, Julie M	11	TYGE-CP	3:48.72

#402 Men 50 LC Meter Backstroke

Name	Age	Team	Seed Time		
1	Luck, Taylor R	18	VINE-CP	25.93	
2	Van Vondel, Anto	16	TYGE-CP	27.25	
3	Webb, Corey	20	SSISA-CP	27.32	
4	Kriegler, Christia	18	CASC-CP	27.39	Scr
5	Kotze, Eric B	14	STAQ-CE	27.90	
6	Hieckmann, Etha	22	BARR-CP	27.92	
7	Mia, Sirhaan	17	MARL-CP	28.44	
8	Pretorius, Luuk I	15	KNYA-ED	28.61	
9	Foot, Aiden C	17	SWAR-WC	28.84	
10	Esterhuysen, Josi	16	TYGE-CP	28.86	
11	Strydom, Conrad	15	QUIC-CP	29.03	
12	Burger, Schalk S	18	SWAR-WC	29.07	
13	Boonzaier, Jannie	17	ASAC-CP	29.20	
14	Trower, Nic T	14	TYGE-CP	29.32	
15	Esterhuizen, Lor	14	AQUA	29.39	
16	Louw, Guillaume	20	CASC-CP	29.43	
17	Coetzer, Milan J	16	CYBE-CP	29.74	
18	Kleinhans, Kyle	17	SSISA-CP	29.89	
19	Bestel, Luc M	14	VINE-CP	30.02	
20	Olkers, Caellum C	17	CASC-CP	30.07	
21	Lottering, Seb C	15	ROA-ED	30.39	
22	De Lange, Adriaa	13	TYGE-CP	30.59	
23	Breet, Dawie-Lot	16	PLAY-CE	30.70	
24	Myburgh, Jordan	18	BLMA-CP	30.90	
25	Gounden, Mikha	18	CLSC-WC	30.94	
26	Van Wyk, Wayne	15	GSA-CP	30.97	
27	Sirin, Ben	14	VINE-CP	30.99	
28	Walker, Johan G	15	VINE-CP	31.18	
29	Du Preez, Shaun	16	SSISA-CP	31.20	
30	Forbes, Nicholas	17	LALE-CE	31.32	
31	Kotzè, Kailen M	17	SWAR-WC	31.34	
32	Uys, Keegan	16	LALE-CE	31.47	
33	Lehnberg, Malan	17	FISH-ED	31.50	
34	Hendricks, Joshu	16	LALE-CE	31.55	
35	Landi, Tristan	15	VINE-CP	31.55	
36	Szapira, Saul	17	TYGE-CP	31.56	
37	Bezuidenhout, Ei	13	CASC-CP	31.70	
38	Beukes, Mateo A	18	WALM-CP	31.70	
39	Lombard, Kyle M	15	BARR-CP	31.78	
40	Carr, Simeon	17	TSC	31.83	
41	Gilmour, Connor	13	SFSC-CP	31.89	
42	February, Gerard	14	CASC-CP	31.95	
43	Fernold, AJ	13	ROA-ED	31.96	
44	Alexander, Amm	16	MARL-CP	31.97	
45	Schultz, Heinrich	14	LALE-CE	32.13	
46	Adendorff, James	15	TYGE-CP	32.15	
47	Viljoen, Jaden R	15	ASAC-CP	32.17	
48	Haupt, Rhys A	14	VINE-CP	32.21	

49	Strydom, Stepha	18	TYGE-CP	32.25
50	Bester, Eben	16	TYGE-CP	32.31
51	McPetrie, James	16	MANT-CP	32.61
52	Nel, Max	13	ROA-ED	32.70
53	Rohner, Jayden M	16	BLMA-CP	32.78
54	Vorster, Josua A	18	FISH-ED	32.84
55	Rayne, Leo	14	ASAC-CP	32.95
56	Basson, Lucca N	14	CYBE-CP	33.00
57	Withbooi, Reinhar	16	STAQ-CE	33.13
58	Stanfliet, Leo G	16	ASAC-CP	33.15
59	Bannister, Joshua	15	TYGE-CP	33.24
60	Hewitt-Smook, K	15	SWAR-WC	33.25
61	Smith, Sebastian	14	TYGE-CP	33.32
62	Beukes, Jaden L	14	WALM-CP	33.33
63	Van Reenen, Rya	24	BLMA-CP	33.44
64	De Bruyn, Cornè	14	ASAC-CP	33.47
65	Pautz, Nathan M	15	BLMA-CP	33.57
66	Saayman, Dehan	15	PLAY-CE	33.63
67	Mkavea, Tasu	13	UWCA-CP	33.74
68	Stanfliet, Nichola	13	VINE-CP	33.87
69	Bouwer, Jason	13	TYGE-CP	34.04
70	Yiorkas, Yiorgos	14	BLOT-MA	34.09
71	Njoroge, Alphons	14	CASC-CP	34.12
72	Waters, Steven G	14	LALE-CE	34.25
73	Hahn, Kyle	11	ROA-ED	34.35
74	Das Neves, Lucas	14	TYGE-CP	34.36
75	Coolen, Jonathan	13	STAQ-CE	34.47
76	Van Graan, Matth	13	STAQ-CE	34.49
77	Williams, Logan	13	VINE-CP	34.55
78	Lategan, Nicky N	14	SWAR-WC	34.64
79	Myburgh, Ruan	15	BLMA-CP	34.69
80	De Jager, Nathan	15	ASAC-CP	34.71
81	Moolman, Carter	15	MANT-CP	34.80
82	Kotzè, Max M	14	BLMA-CP	34.85
83	Van der Watt, Alj	15	PLAY-CE	35.01
84	Matthee, Burger	12	AGAQ-OB	35.11
85	Hekandjo, Kabi A	13	AQUA	35.23
86	Verbeek, Pierre C	12	CASC-CP	35.32
87	Searle, Jude	13	VINE-CP	35.36
88	Troskie, Roean	12	QUIC-CP	35.42
89	Willenburg, Elija	13	SFSC-CP	35.64
90	van Wyk, Tariq K	13	BARR-CP	35.75
91	Nell, Liam	12	VINE-CP	36.09
92	Grobler, Reuben	13	PLAY-CE	36.10
93	Parr, Colbyn S	12	KNYA-ED	36.29
94	Smit, Reynard-G	12	SFSC-CP	36.45
95	Du Plessis, Jason	13	CLSC-WC	36.48
96	Van Vondel, Rola	12	TYGE-CP	36.58
97	Benecke, Delmar	12	VINE-CP	36.65
98	Cavallaro, Michel	13	CYBE-CP	36.76
99	Bright, Michael C	11	CASC-CP	36.82
100	Hodge, Cameron	13	LALE-CE	37.01
101	Yeowart, Seth W	13	GREY-CP	37.27
102	Rheeder, Liam M	13	PAQU-CE	37.36
103	Bergh, Riley R	12	AQUA	37.50
104	Coleman, Travis	12	BLMA-CP	37.61
105	Trower, Michael	12	TYGE-CP	37.67
106	Vergotine, Valent	36	VINE-CP	37.80
107	Pautz, Benjamin	11	BLMA-CP	38.38
108	Vd Watt, Earle	11	GSA-CP	38.42
109	Muller, Lukas D	12	QUIC-CP	38.60
110	Van Zyl, Daniël R	12	TYGE-CP	38.63

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#402 ... (Men 50 LC Meter Backstroke)

Name	Age	Team	Seed Time
111 Wessels, Hendrè	11	AGAQ-OB	38.83
112 February, Dillon	11	CASC-CP	39.08
113 Spencer, Marcus	12	VINE-CP	39.29
114 Van Onselen, Pieter	10	TYGE-CP	39.31
115 Coolen, Nicolas L	11	STAQ-CE	39.32
116 Faulkner, Callum	12	BLMA-CP	39.37
117 Poultney, Matthe	10	SAAW-CP	39.47
118 Slabber, Ruhann	13	CASC-CP	39.56
119 King, Aidan J	11	GSA-CP	39.80
120 Viljoen, Jagger F	10	ASAC-CP	39.88
121 Boshoff, Mickayl	11	KNYA-ED	40.05
122 Schreve, Lehan	11	SWAR-WC	40.11
123 Pieterse, Marcell	13	XCEL-CP	40.23
124 Mallin, Lukas	9	SAAW-CP	40.40
125 Kent, Tyler	13	BLMA-CP	40.41
126 Leitner, Zachary	10	AQUA	40.88
127 Visagie, Dian	11	SWAR-WC	40.96
128 Gerber, Luke M	10	CASC-CP	41.42
129 Basson, Henk	11	LALE-CE	41.47
130 Naude, AJ J	11	AGAQ-OB	41.69
131 Goodall, Aaron	11	ASAC-CP	41.84
132 Fouche, Jack	11	TYGE-CP	42.03
133 Dokerill, Max J	11	CASC-CP	42.19
134 Lewis, Amaru C	11	PAQU-CE	42.43
135 Bosch, Ewan Y	11	TYGE-CP	42.83
136 Pieterse, Owen	11	GSA-CP	43.69
137 Pardoe, James N	12	GREY-CP	44.09
138 Baadjies, Cruden	11	PAQU-CE	45.21

#403 Women 50 LC Meter Backstroke

Name	Age	Team	Seed Time
1 De Jongh, Grace	17	LALE-CE	29.59
2 Straszacker, Kris	23	CASC-CP	29.59
3 Humphrey, Jessic	15	AQUA	29.62
4 De Villiers, Lezar	19	LALE-CE	29.93
5 Burgess, Cassidy	15	VINE-CP	29.98
6 De Wet, Emma M	16	VINE-CP	30.08
7 Uys, Tara	18	TYGE-CP	30.28
8 Orchard, Milan N	13	VINE-CP	30.97
9 Kotze, Abigail	14	TYGE-CP	31.28
10 Du Plessis, Chan	16	CYBE-CP	31.80
11 Lombard, Jana	16	LALE-CE	31.83
12 Hebler, Lily M	14	QSAW-CE	31.96
13 Michell, Emma Y	18	LALE-CE	32.22
14 Helmand, Anieke	18	KOVS-MA	32.27
15 Cronjè, Danielle	15	LALE-CE	32.51
16 Ribeiro, Nuria A	21	MATI-CE	32.51
17 Vickers, Sophie	16	SSISA-CP	32.65
18 Trout, Sophia L	14	VINE-CP	32.70
19 Bergh, Madison S	14	AQUA	32.80
20 Van Niekerk, Lic	16	PLAY-CE	32.82
21 Combrink, Amy	14	VINE-CP	33.01
22 Van Galen, Ava-L	14	STAQ-CE	33.02
23 Morton, Tayler R	16	GSA-CP	33.17
24 Bester, Lisa	16	WELL-CE	33.18
25 Wium, Mari	14	QSAW-CE	33.19
26 Daffarn, Eri J	19	VINE-CP	33.35
27 Smidt, Clio J	17	VINE-CP	33.36
28 Newton, Ava L	14	CASC-CP	33.40
29 Lategan, Emma M	15	CASC-CP	33.44

30 Ward, Tanith A	17	SSISA-CP	33.57
31 Goebel, Zoë	15	TYGE-CP	33.59
32 Schmidt, Amy	15	ASAW-CE	33.62
33 Ryser, Aurora	16	TYGE-CP	33.63
34 Watson, Caitlin C	16	BLMA-CP	33.81
35 Meier, Marné	24	CASC-CP	33.82
36 Hayes, Kerrigan I	14	CASC-CP	33.89
37 Van Huyssteen, M	16	CUHE-OB	34.02
38 Heyes, Danielle F	17	ASAC-CP	34.21
39 Smith, Sophie	12	VINE-CP	34.22
40 Coetzee, Liane	12	PLAY-CE	34.36
41 Dowdle, Kalynne	16	ASAW-CE	34.38
42 Morris, Jenna	14	VINE-CP	34.38
43 Smit, Jenna	16	CASC-CP	34.51
44 Gennarakis, Chri	16	CASC-CP	34.54
45 Cromhout, Hann	19	SAAW-CP	34.63
46 Jagger, Ammara	15	AQDO-CP	34.78
47 Rossouw, Emma	14	TYGE-CP	34.85
48 Slinger, Gizelle	14	AQUA	35.27
49 de Jager, Katie	14	BLOT-MA	35.55
50 Juries, Sam C	14	CLSC-WC	35.77
51 Vd Merwe, Simon	16	GSA-CP	35.77
52 De Villiers, Anja	12	TYGE-CP	35.80
53 Riley, Logan	13	VINE-CP	35.81
54 Lorenzen, Ava E	12	BLMA-CP	35.84
55 Havemann, Bella	15	ASAC-CP	35.88
56 Visser, Cara	13	CYBE-CP	35.88
57 Coleman, Madisc	14	BLMA-CP	35.99
58 Jantzen, Zianè	14	QUIC-CP	36.03
59 Zeelie, Shanna-L	14	BLMA-CP	36.04
60 Basson, Lenè	12	CLSC-WC	36.13
61 Dimatellis, Zoi	11	ROA-ED	36.31
62 Dreyer, Arne'	13	STAQ-CE	36.33
63 Verbeek, Wilmie	15	CASC-CP	36.47
64 Fenner, Olivia M	12	PLAY-CE	36.56
65 Raimond, Marikè	14	TYGE-CP	36.62
66 Bayly, Arabella	12	VINE-CP	36.69
67 Vd Merwe, Mia	14	GSA-CP	36.74
68 Neethling, Emmè	14	FISH-ED	36.76
69 Louw, Anieka	13	CASC-CP	36.86
70 Tsai-Rieb, Pei-Ch	12	CYBE-CP	37.04
71 Saayman, Nika D	13	PLAY-CE	37.24
72 Mason, Phoebe M	13	STAQ-CE	37.41
73 Baillie, Gabi J	13	ROA-ED	37.42
74 O'Carroll, Nia E	13	STAQ-CE	37.43
75 Senekal, Margo	14	TYGE-CP	37.46
76 De Oliveira, Aliya	14	TYGE-CP	37.73
77 Taljaard, Liané	13	FISH-ED	37.90
78 Samuels, Londyn	13	PAQU-CE	37.91
79 Messiter-Tooze, I	13	SFSC-CP	37.99
80 Visser, Sandri	14	PLAY-CE	38.03
81 Kotzè, Tamsyn G	16	BLMA-CP	38.31
82 Jeftha, Zara L	15	MARL-CP	38.33
83 De Beer, Isabella	12	QSAW-CE	38.35
84 Boshoff, Anja	11	TYGE-CP	38.53
85 Louw, Isabella A	12	BLMA-CP	38.64
86 Van Dyk, Zani	11	GSA-CP	38.69
87 Blake, Abi E	13	GREY-CP	38.77
88 Joyce, Jenna	11	CASC-CP	38.89
89 Botha, Chelsea	13	CASC-CP	38.99
90 Schäfer, Kyla	12	KNYA-ED	39.08
91 Nienaber, Mila J	12	QSAW-CE	39.11

92 Faul, Ellen J	12	QSAW-CE	39.70
93 Jansen van Rensl	11	VINE-CP	39.83
94 Barnard, Adelma	13	SWAR-WC	39.97
95 Olivier, Julie M	11	TYGE-CP	40.00
96 Slatteer, Mila-Bell	11	SSISA-CP	40.42
97 Sabbagha, Georg	11	PAQU-CE	40.59
98 Coetzee, Marli	11	GSA-CP	40.62
99 Swanepoel, Lulu	12	ASAC-CP	41.06
100 Billson, Amelie	11	CASC-CP	41.47
101 Thirsk, Savannah	11	TYGE-CP	42.13
102 Jantjies, Zara	11	MANT-CP	42.16
103 Groves, Philippa	12	SSISA-CP	42.17
104 Sonnekus, Anya	12	TYGE-CP	42.20
105 Thirsk, Madison	13	TYGE-CP	43.96
106 Bosman, Daizeli	13	PLAY-CE	1:22.10

#404 Men 200 LC Meter IM

Name	Age	Team	Seed Time
1 Etzold, Peter S	18	VINE-CP	2:08.14
2 Boshoff, Juan C	18	TYGE-CP	2:10.15
3 Malan, Johan S	17	CASC-CP	2:13.58
4 Esterhuysen, Josl	16	TYGE-CP	2:14.04
5 Bailey, Ethan J	20	AQDO-CP	2:14.66
6 McWilliam, Benn	17	TYGE-CP	2:14.66
7 Hendricks, Robel	18	ROA-ED	2:14.67
8 Bester, Francois J	16	QSAW-CE	2:15.09
9 Coetzer, Jayden F	18	CYBE-CP	2:15.65
10 Trower, Nic T	14	TYGE-CP	2:16.07
11 Strydom, Conrad	15	QUIC-CP	2:17.72
12 Esterhuizen, Lor	14	AQUA	2:17.88
13 West, Gabriel	19	TYGE-CP	2:18.30
14 Levey, Chad	17	GSA-CP	2:19.15
15 Field, Luke D	17	VINE-CP	2:19.23
16 Ritchie, Andrew	23	TYGE-CP	2:19.54
17 Omar, Ilyaas I	17	MARL-CP	2:21.35
18 Nelson, Christop	16	LALE-CE	2:21.39
19 Van Vondel, Anto	16	TYGE-CP	2:21.83
20 Van Wyk, Wayne	15	GSA-CP	2:21.95
21 Southworth, Mat	15	CYBE-CP	2:22.31
22 Hugo, Retief R	17	ASAW-CE	2:22.64
23 Clarke, Liam	16	LALE-CE	2:22.66
24 Rudolph, Wido	17	FISH-ED	2:22.77
25 Kriegler, Christia	18	CASC-CP	2:23.29
26 Coetzer, Milan J	16	CYBE-CP	2:24.21
27 Van Rooyen, Jan-	17	KNYA-ED	2:24.29
28 Louw, Guillaume	20	CASC-CP	2:24.77
29 Dos-Santos, And	15	CYBE-CP	2:24.91
30 Malherbe, Nichol	17	LALE-CE	2:25.14
31 McWilliam, Troy	16	TYGE-CP	2:25.40
32 Daniels, Adam M	14	ELEC-TS	2:25.54
33 Davidtsh, Colin	16	CYBE-CP	2:26.05
34 Barnard, Rohan C	19	LALE-CE	2:26.52
35 Lastroni, Giulian	17	TSC	2:26.61
36 Terblanche, Luar	15	TYGE-CP	2:26.84
37 Kinneer, Connor	15	TYGE-CP	2:26.94
38 Terblanche, Kiaa	18	TYGE-CP	2:27.46
39 Alexander, Amm	16	MARL-CP	2:28.33
40 Schultz, Heinrich	14	LALE-CE	2:28.46
41 De Kock, John P	14	LALE-CE	2:28.47
42 Karsten, Jody	16	BLMA-CP	2:28.68
43 Van Helden, Etha	15	GSA-CP	2:28.75
44 Gounden, Mikha	18	CLSC-WC	2:28.99

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#404 ... (Men 200 LC Meter IM)

45	Bester, Eben	16	TYGE-CP	2:29.06
46	Viljoen, Stèphen	17	ASAW-CE	2:29.24
47	Nefdt, Grant	16	AQDO-CP	2:29.36
48	February, Gerard	14	CASC-CP	2:29.56
49	Williams, Jayden	14	PAQU-CE	2:29.98
50	Kalapac, Joshua	14	BLMA-CP	2:30.00
51	Benecke, Alexanc	15	SSISA-CP	2:30.05
52	Pretorius, Luuk F	15	KNYA-ED	2:30.39
53	De Lange, Adriaa	13	TYGE-CP	2:30.43
54	Van Wyk, Wesley	17	ASAC-CP	2:30.49
55	McPetrie, James	16	MANT-CP	2:30.57
56	Strydom, Stepha	18	TYGE-CP	2:31.22
57	Forbes, Nicholas	17	LALE-CE	2:31.47
58	Pautz, Nathan M	15	BLMA-CP	2:32.15
59	Lombard, Kyle M	15	BARR-CP	2:32.23
60	Theron, Luca D	15	VINE-CP	2:32.56
61	Szapira, Saul	17	TYGE-CP	2:32.92
62	Smith, Sebastian	14	TYGE-CP	2:32.94
63	Burger, Rosseau	14	LALE-CE	2:33.92
64	Geyser, Jacques M	16	LALE-CE	2:33.93
65	Goussard, Henry	13	GREY-CP	2:34.36
66	Bestel, Luc M	14	VINE-CP	2:34.39
67	Solomon, Ethan	15	AQDO-CP	2:34.45
68	Arnott, Carter J	15	ASAC-CP	2:35.06
69	Du Preez, Shaun	16	SSISA-CP	2:35.47
70	Basson, Lucca N	14	CYBE-CP	2:35.51
71	Zellie, Thomas J	16	SAAW-CP	2:35.73
72	Myburgh, Ruan	15	BLMA-CP	2:37.01
73	Williams, Evan B	13	SSISA-CP	2:37.19
74	Bezuïdenhout, E	13	CASC-CP	2:37.50
75	Poggenpoel, Troy	14	SSISA-CP	2:37.55
76	Anthony, Ammar	20	MARL-CP	2:37.78
77	Vermeulen, Hanc	14	ASAW-CE	2:37.81
78	Carr, Simeon	17	TSC	2:37.98
79	Williams, Luca	15	VINE-CP	2:38.06
80	Cicero, Zack	17	SSISA-CP	2:38.62
81	Lehnberg, Malan	17	FISH-ED	2:38.89
82	Nel, Max	13	ROA-ED	2:38.92
83	Engelbrecht, Rut	16	PLAY-CE	2:39.47
84	Galochkin, Max	15	ASAC-CP	2:39.92
85	Hewitt-Smook, K	15	SWAR-WC	2:40.26
86	Wagner, Noah J	13	SAAW-CP	2:40.52
87	Bouwer, Jason	13	TYGE-CP	2:40.92
88	Linscott, Josh C	15	MANT-CP	2:41.37
89	Lategan, Nicky N	14	SWAR-WC	2:41.73
90	Boshoff, Keanu A	12	KNYA-ED	2:42.93
91	Mansfield, Luke	13	LALE-CE	2:43.04
92	Gilbert, Andrew	14	SAAW-CP	2:43.12
93	Verbeek, Pierre C	12	CASC-CP	2:43.75
94	Cloete-Hopkins, J	16	SSISA-CP	2:43.86
95	Wing, James L	13	GREY-CP	2:43.91
96	Davydov, Davis	16	ASAC-CP	2:44.13
97	Hahn, Kyle	11	ROA-ED	2:44.26
98	Waters, Steven G	14	LALE-CE	2:44.62
99	Kotzè, Max M	14	BLMA-CP	2:45.01
100	Kotzè, Arden C	13	ASAW-CE	2:45.44
101	Van Schaik, Luc	13	VINE-CP	2:45.58
102	Cavallaro, Michel	13	CYBE-CP	2:45.59
103	Loots, Noah C	12	ASAC-CP	2:46.38
104	Coolen, Jonathan	13	STAQ-CE	2:47.58

105	Renard, Leo G	16	ASAC-CP	2:47.78
106	Mkavea, Tasu	13	UWCA-CP	2:48.03
107	Afonso, Aragon C	13	QUIC-CP	2:48.30
108	Swart, Nico N	12	ASAC-CP	2:48.80
109	Oaten, Rourke	13	CYBE-CP	2:49.00
110	Spencer, Charles	14	VINE-CP	2:49.05
111	Williams, Logan	13	VINE-CP	2:49.51
112	Pieterse, Marcell	13	XCEL-CP	2:49.75
113	Hekandjo, Kabi A	13	AQUA	2:49.86
114	Vergotine, Valent	36	VINE-CP	2:50.04
115	Van Zyl, Daniël R	12	TYGE-CP	2:50.29
116	Van Wyk, Jack R	12	CASC-CP	2:51.12
117	Njoroge, Alphon	14	CASC-CP	2:52.27
118	Mouton, Jean A	13	CASC-CP	2:53.39
119	Swanepoel, Ewal	13	FISH-ED	2:53.57
120	Coleman, Travis	12	BLMA-CP	2:53.60
121	Bright, Michael C	11	CASC-CP	2:53.80
122	Rheeder, Liam M	13	PAQU-CE	2:54.22
123	Schaefer, Daniel	11	PLAY-CE	2:55.17
124	Du Plessis, Jason	13	CLSC-WC	2:55.79
125	van Wyk, Tariq K	13	BARR-CP	2:56.28
126	Pautz, Benjamin	11	BLMA-CP	2:58.34
127	Trower, Michael	12	TYGE-CP	2:58.59
128	Bergh, Riley R	12	AQUA	2:58.63
129	Smit, Reynard-G	12	SFSC-CP	3:00.01
130	Vd Watt, Earle	11	GSA-CP	3:00.80
131	Breebaart, Joshu	11	GREY-CP	3:01.09
132	Weber, Daniel	12	PLAY-CE	3:02.41
133	Hodgskiss, Fin J	12	SSISA-CP	3:02.62
134	Kent, Tyler	13	BLMA-CP	3:03.10
135	Spencer, Marcus	12	VINE-CP	3:03.70
136	Schreve, Lehan	11	SWAR-WC	3:04.23
137	Barnard, Theo J	11	SWAR-WC	3:04.60
138	Mallin, Lukas	9	SAAW-CP	3:05.04
139	van Rensburg, Tr	11	GSA-CP	3:05.40
140	Hodge, Cameron	13	LALE-CE	3:05.81
141	February, Dillon	11	CASC-CP	3:07.25
142	Krause, Luke	13	CASC-CP	3:08.83
143	Wagener, Tiaan F	11	ASAW-CE	3:09.63
144	Van Onselen, Pie	10	TYGE-CP	3:11.35
145	Coolen, Nicolas I	11	STAQ-CE	3:11.57
146	Bosch, Ewan Y	11	TYGE-CP	3:11.99
147	Kruger, Zachary	11	SWAR-WC	3:13.22
148	Pearson-Adams, J	13	SAAW-CP	3:13.89
149	Mccollum, Aiden	11	AQDO-CP	3:14.38
150	Visagie, Dian	11	SWAR-WC	3:14.73
151	Slabber, Ruhann	13	CASC-CP	3:17.04
152	Poultney, Matthe	10	SAAW-CP	3:17.09
153	Goodall, Aaron	11	ASAC-CP	3:17.24
154	Fortuin, Niyaz	13	VINE-CP	3:19.30
155	Boshoff, Mickayl	11	KNYA-ED	3:19.65
156	Leitner, Zachary	10	AQUA	3:20.27
157	Immelman, Max	13	GREY-CP	3:20.47
158	Baadjies, Cruden	11	PAQU-CE	3:28.31
159	Naude, AJ J	11	AGAQ-OB	3:29.65
160	Pardoe, James N	12	GREY-CP	3:32.73
161	Gerber, Luke M	10	CASC-CP	3:38.82

#405 Women 200 LC Meter IM

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	2:16.93
2	Fury, Rebecca G	16	VINE-CP	2:22.22

3	Uys, Tara	18	TYGE-CP	2:28.71
4	Humphrey, Jessic	15	AQUA	2:31.49
5	Combrink, Amy	14	VINE-CP	2:31.91
6	Vd Wal, Mieke	15	CASC-CP	2:32.42
7	Van Niekerk, Lic	16	PLAY-CE	2:32.64
8	Evans, Caitlin N	13	TYGE-CP	2:32.81
9	Orchard, Milan M	13	VINE-CP	2:35.03
10	Botha, Lara E	17	ASAW-CE	2:35.82
11	Labuschagne, Mi	16	SSISA-CP	2:36.74
12	Grütter, Arabelle	13	ROA-ED	2:36.79
13	Kotze, Abigail	14	TYGE-CP	2:38.23
14	Kleinhans, Zara I	18	AQDO-CP	2:38.91
15	Hugo, Anika S	17	QSAW-CE	2:39.07
16	Christie, Leah E	18	CASC-CP	2:39.62
17	Novello, Utah	17	CLSC-WC	2:40.78
18	Ryser, Aurora	16	TYGE-CP	2:41.30
19	La Grange, Emm	15	PLAY-CE	2:41.43
20	Coleman, Madisc	14	BLMA-CP	2:41.88
21	Hahn, Kayleigh K	14	ROA-ED	2:41.99
22	Bergh, Madison S	14	AQUA	2:42.21
23	Newton, Ava L	14	CASC-CP	2:42.40
24	Langenhoven, Er	16	SFSC-CP	2:42.49
25	Senekal, Margo	14	TYGE-CP	2:42.62
26	Lorenzen, Ava E	12	BLMA-CP	2:43.67
27	Gennarakis, Chri	16	CASC-CP	2:43.86
28	Cronjè, Danielle	15	LALE-CE	2:43.88
29	Gerber, Simonè M	13	GREY-CP	2:45.32
30	Borman, Jani	15	SWAR-WC	2:45.48
31	Rossouw, Emma	14	TYGE-CP	2:47.20
32	Witten, Hannah	16	AQDO-CP	2:47.40
33	Ahmed, Ayla	12	SAAW-CP	2:47.43
34	Herbst, Mienke	17	SSISA-CP	2:47.65
35	Visser, Cara	13	CYBE-CP	2:47.80
36	Verbeek, Wilmie	15	CASC-CP	2:47.97
37	Smit, Jenna	16	CASC-CP	2:48.53
38	Liebenberg, Emil	14	SWAR-WC	2:48.65
39	Gerber, Mia	15	LALE-CE	2:49.09
40	Smith, Sophie	12	VINE-CP	2:49.23
41	Hahn, Danielle A	17	ASAC-CP	2:50.63
42	De Villiers, Anja	12	TYGE-CP	2:51.22
43	Sabbagha, Annè	17	PAQU-CE	2:51.34
44	Tsai-Rieb, Pei-Ch	12	CYBE-CP	2:51.35
45	Goebel, Zoë	15	TYGE-CP	2:51.93
46	Ward, Tanith A	17	SSISA-CP	2:52.13
47	Lategan, Emma M	15	CASC-CP	2:52.59
48	Smidt, Clio J	17	VINE-CP	2:52.66
49	Wium, Mari	14	QSAW-CE	2:52.99
50	Nilsson, Rebecca	12	TYGE-CP	2:53.50
51	Bova-Olsen, Katy	13	MARL-CP	2:53.51
52	Basson, Lenè	12	CLSC-WC	2:54.10
53	De Oliveira, Aliya	14	TYGE-CP	2:54.39
54	Van Galen, Ava-L	14	STAQ-CE	2:55.06
55	Trout, Sophia L	14	VINE-CP	2:55.07
56	Van Der Wath, Iz	13	KNYA-ED	2:55.60
57	O'Carroll, Nia E	13	STAQ-CE	2:56.27
58	Holman, Acaylia	13	MARL-CP	2:56.45
59	Botha, Chelsea	13	CASC-CP	2:56.55
60	Durandt, Sharli	12	SAAW-CP	2:56.57
61	Geyser, Almi	14	LALE-CE	2:57.73
62	Juries, Sam C	14	CLSC-WC	2:57.82
63	Havemann, Bella	15	ASAC-CP	2:57.95
64	Neethling, Emma	14	FISH-ED	2:58.54

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#405 ... (Women 200 LC Meter IM)

Name	Age	Team	Seed Time
65 Fury, Amelia J	12	VINE-CP	2:58.79
66 Burger, Juanè	13	TYGE-CP	2:59.39
67 Dimatellis, Zoi	11	ROA-ED	2:59.74
68 Faul, Ellen J	12	QSAW-CE	3:00.71
69 Olivier, Julie M	11	TYGE-CP	3:01.32
70 Sonnekus, Anya	12	TYGE-CP	3:02.22
71 du Plessis, Evie	11	BLOT-MA	3:03.18
72 Schreuder, Hanni	15	SAAW-CP	3:03.41
73 Thirsk, Madison	13	TYGE-CP	3:03.58
74 Schäfer, Kyla	12	KNYA-ED	3:05.30
75 Myers, Kirsten E	13	SSISA-CP	3:05.87
76 Joyce, Jenna	11	CASC-CP	3:06.25
77 Lockitch, Zara	11	CYBE-CP	3:07.28
78 Riley, Logan	13	VINE-CP	3:07.77
79 Van Dyk, Zani	11	GSA-CP	3:07.82
80 Horn, Anna	11	XCEL-CP	3:07.88
81 Sabbagha, Georg	11	PAQU-CE	3:09.22
82 Krog, Miya	13	SAAW-CP	3:10.76
83 Slatter, Mila-Belli	11	SSISA-CP	3:11.74
84 Blake, Abi E	13	GREY-CP	3:11.75
85 Stilwaney, Mia C	11	PAQU-CE	3:12.70
86 Boshoff, Anja	11	TYGE-CP	3:12.97
87 Charles, Tyla	11	VINE-CP	3:13.44
88 Weber, Klara	13	PLAY-CE	3:17.27
89 Thirsk, Savannah	11	TYGE-CP	3:19.83
90 De Beer, Isabella	12	QSAW-CE	3:27.70
91 Ahmed, Bria	10	SAAW-CP	3:30.45

#406 Men 1500 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Bailey, Ethan J	20	AQDO-CP	16:18.26
2 McWilliam, Benn	17	TYGE-CP	16:36.09
3 Levey, Chad	17	GSA-CP	16:53.66
4 McWilliam, Troy	16	TYGE-CP	16:56.74
5 Beukes, Wade	16	AQDO-CP	17:01.66
6 Forbes, Thomas	19	LALE-CE	17:03.15
7 Wolson, Daniel A	16	SAAW-CP	17:08.17
8 Wright, Keegan	17	TYGE-CP	17:17.03
9 Southworth, Mat	15	CYBE-CP	17:39.40
10 Solomon, Ethan	15	AQDO-CP	17:47.63
11 Van Rooyen, Jan-	17	KNYA-ED	17:55.76
12 Dos-Santos, Andi	15	CYBE-CP	18:02.80
13 Clayton, Antony	16	LALE-CE	18:14.30
14 Möller, FC C	16	TYGE-CP	18:15.28
15 Strydom, Stepha	18	TYGE-CP	18:23.40
16 Bannister, Joshua	15	TYGE-CP	18:28.11
17 Lastroni, Giulian	17	TSC	18:29.07
18 Fernold, AJ	13	ROA-ED	19:36.33
19 Van Zyl, Daniël R	12	TYGE-CP	19:41.24
20 Bezuidenhout, E	13	CASC-CP	19:50.27
21 Bouwer, Jason	13	TYGE-CP	20:04.37
22 Breebaart, Joshu	11	GREY-CP	20:34.30
23 Trower, Michael	12	TYGE-CP	21:06.66

#407 Women 800 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Hearne, Trinity S	20	CYBE-CP	9:30.99
2 Neilson, Hannah	18	UWCA-CP	9:35.74
3 Noades, Kiara J	22	LALE-CE	9:49.52
4 King, Mischa	18	LALE-CE	9:54.50

5 du Plessis, Madis	15	BLOT-MA	9:56.03
6 Glover, Erin K	15	TYGE-CP	9:58.57
7 Bergh, Madison	14	AQUA	9:58.64
8 Morton, Tayler R	16	GSA-CP	9:59.32
9 Evans, Caitlin N	13	TYGE-CP	10:01.41
10 Kotzè, Tamsyn G	16	BLMA-CP	10:03.30
11 Laubscher, Maya	16	GSA-CP	10:10.72
12 De Roubaix, Mar	16	LALE-CE	10:11.41
13 Grütter, Arabelle	13	ROA-ED	10:12.25
14 Theron, Jady	16	ASAW-CE	10:18.63
15 de Jager, Katie	14	BLOT-MA	10:19.57
16 Newton, Ava L	14	CASC-CP	10:22.13
17 Hartung, Amy M	14	ASAC-CP	10:22.90
18 Louw, Anieka	13	CASC-CP	10:23.15
19 Raimond, Marike	14	TYGE-CP	10:26.34
20 Viljoen, Jo-Ell	17	ASAW-CE	10:27.69
21 Durandt, Sharli	12	SAAW-CP	10:28.41
22 Zeelie, Shanna-L	14	BLMA-CP	10:30.42
23 De Villiers, Anja	12	TYGE-CP	10:45.65
24 Swanepoel, Lulu	12	ASAC-CP	10:49.75
25 Messiter-Tooze, I	13	SFSC-CP	10:56.19
26 Hayes, Kerrigan	14	CASC-CP	11:05.58
27 Grobler, Zanè	13	ROA-ED	11:11.77
28 Nilsson, Rebecca	12	TYGE-CP	11:41.82
29 Laubscher, Mikal	13	GSA-CP	11:49.77
30 Els, Jamie	11	AQDO-CP	11:53.76
31 Billson, Amelie	11	CASC-CP	11:59.77
32 Nienaber, Mila J	12	QSAW-CE	12:01.15

#408 Mixed 11 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1 LALE-CE	A	2:32.28
Kruger, Zoe W11	Retief, Jane W11	
Ellis, Alec C M11	VerLoren Van Themaat, He	
2 CASC-CP	A	2:32.38
Bright, Michael C M11	Joyce, Jenna W11	
Dockerill, Max J M11	Billson, Amelie W11	
3 PAQU-CE	A	2:37.04
Lewis, Amaru C M11	Baadjies, Cruden H M11	
Stilwaney, Mia C W11	Sabbagha, Georgia W11	
4 TYGE-CP	A	2:38.14
Van Onselen, Pierre S M10	Fouche, Jack M11	
Olivier, Julie M W11	Boshoff, Anja W11	
5 TYGE-CP	B	2:49.39
Fouche, Rvan M9	Chibharo, Lethabo L W11	
Bosch, Ewan Y M11	Thirsk, Savannah W11	
6 GSA-CP	A	NT
Pieterse, Owen M11	van Rensburg, Tristan M11	
Vd Watt, Earle M11	Van Dyk, Zani W11	

#409 Mixed 13 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1 VINE-CP	A	2:07.47
2 BLMA-CP	A	2:10.00
Louw, Isabella A W12	Coleman, Travis M12	
Lorenzen, Ava E W12	Faulkner, Callum E M12	
3 VINE-CP	B	2:11.34
4 TYGE-CP	A	2:12.18
De Lange, Adriaan M13	Evans, Caitlin N W13	
Bouwer, Jason M13	De Villiers, Anja W12	
5 PLAY-CE	A	2:16.83
Coetzee, Liane W12	Hudson, Thomas M13	
Fenner, Olivia M W12	Weber, Daniel M12	

6 CASC-CP	A	2:18.66
Bezuidenhout, Ernst E M15	Botha, Chelsea W13	
Verbeek, Pierre O M12	Louw, Anieka W13	
7 KNYA-ED	A	2:19.48
Parr, Colbyn S M12	Van Der Wath, Izi W13	
Boshoff, Keanu A M12	Botha, Rebecca P W12	
8 TYGE-CP	B	2:26.41
Van Vondel, Roland M12	Nilsson, Rebecca B W12	
Burger, Juanè W13	Van Zyl, Daniël R M12	
9 ASAC-CP	A	2:27.24
Barkhuysen, Iani W12	Swart, Nico N M12	
Loots, Noah C M12	Swanepoel, Lulu A W12	
10 LALE-CE	A	2:36.57
Hodge, Cameron P M13	Mansfield, Luke T M13	
Hager, Carle W13	Patel, Disha W12	
11 CYBE-CP	A	NT
Tsai-Rieb, Pei-Chi P W12	Visser, Cara W13	
Oaten, Rourke M13	Cavallaro, Michele R M13	
12 GREY-CP	A	NT
Blake, Abi E W13	Goussard, Henry M13	
Gerber, Simonè M W13	Wing, James L M13	
13 SAAW-CP	A	NT
Poultney, Matthew M10	Wagner, Noah J M13	
Ahmed, Ayla W12	Durandt, Sharli W12	
14 SSISA-CP	A	NT
Cloete-Hopkins, Arvana A V	Williams, Evan B M13	
Hodgskiss, Fin J M12	Myers, Kirsten E W13	

#410 Mixed 15 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1 TYGE-CP	A	2:02.34
Goebel, Zoë W15	Kinnear, Connor M15	
Kotze, Abigail W14	Trower, Nic T M14	
2 VINE-CP	A	2:03.57
3 VINE-CP	B	2:04.09
4 LALE-CE	A	2:07.19
Cronjè, Danielle W15	Burger, Rosseau M14	
Schultz, Heinrich W M14	Vd Merwe, Simone W15	
5 CASC-CP	A	2:10.61
Nioroge, Alphonse M14	Vd Wal, Mieke W15	
Lategan, Emma M W15	February, Gerard G M14	
6 TYGE-CP	B	2:11.27
Rossouw, Emma M W14	Terblanche, Luan L M15	
Das Neves, Lucas P M14	Senekal, Margo W14	
7 LALE-CE	B	2:11.33
De Kock, John P M14	Gerber, Mia W15	
Waters, Steven G M14	Geyser, Almi W14	
8 BLMA-CP	A	2:11.68
Zeelie, Shanna-Leigh W14	Coleman, Madison W14	
Kalapac, Joshua M14	Pautz, Nathan M15	
9 SWAR-WC	A	2:13.71
Lategan, Nicky N M14	Borman, Jani W15	
Liebenberg, Emily M W14	Hewitt-Smook, Kristian M15	
10 GSA-CP	A	2:13.88
Vd Merwe, Mia W14	Van Wyk, Wayne E M15	
Van Helden, Ethan C M15	Laubscher, Mikalla I W13	
11 ASAC-CP	A	2:14.04
Viljoen, Jaden R M15	Havemann, Bella W15	
Hartung, Amy M W14	Heyes, Garrick T M15	
12 PLAY-CE	A	2:16.31
Saavman, Dehan M15	Van der Watt, Alpheus J M15	
Visser, Sandri W14	Bosman, Daizeli W13	

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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#410 ... (Mixed 15 & Under 4x50 LC Meter Medley Relay)

13	CASC-CP	B	2:19.56
	Newton, Ava L W14	Mouton, Jean A M13	
	Hayes, Kerrigan L W14	Van Wyk, Jack R M12	
14	CLSC-WC	A	2:24.04 Scr
	Juries, Sam C W14		
	Basson, Lenè W12	Du Plessis, Jason F M13	
15	SSISA-CP	A	NT

#411 Mixed 4x50 LC Meter Medley Relay

Team	Relay	Seed Time
1	VINE-CP	A 1:54.21
2	LALE-CE	A 1:54.27
	De Jongh, Grace W17	Nieuwstad, Michelle W29
	Moncherry, Adam J M25	Van Heerden, Stefan F M17
3	VINE-CP	B 1:55.49
	Luck, Taylor R M18	Etzold, Peter S M18
	Field, Luke D M17	Smith, Sophie W12
4	CASC-CP	A 1:56.05
	Straszacker, Kristen C W23	Malan, Johan S M17
	Kriegler, Christiaan C M18	Meier, Marné W24
5	TYGE-CP	A 1:58.36
	Uys, Tara W18	Boshoff, Juan C M18
	Ryser, Aurora W16	Esterhuysen, Joshua N M16
6	BLMA-CP	A 1:59.00
	Venter, Liva E W18	Myburgh, Jordan M18
	Van Reenen, Ryan M24	Watson, Caitlin C W16
7	GSA-CP	A 1:59.48
	Morton, Tavler R W16	Cope, Morgan M W17
	Kleynhans, Ian M16	Levey, Chad M17
8	CASC-CP	B 2:03.97
	Louw, Guillaume M20	Christie, Leah E W18
	Olkers, Caellum G M17	Gennarakis, Christina W16
9	ASAW-CE	A 2:04.39
	Schmidt, Amy W15	Hugo, Retief R M17
	Prinsloo, Mila W16	Viljoen, Stèphen M17
10	MARL-CP	A 2:05.31
	Mia, Sirhaan M17	Jeftha, Zara L W15
	Holman, Acaylia W13	Omar, Ilyaa I M17
11	PLAY-CE	A 2:07.63
	Breet, Dawie-Louw L M16	La Grange, Emma W15
	Van Niekerk, Lica W16	Swart, Niklis M18
12	CLSC-WC	A 2:12.15
	Gounden, Mikhael A M18	Novello, Utah W17
	Havenga, Skylia K W17	Du Plessis, Jason F M13
13	ASAC-CP	A 2:15.39
	Allwood, Kate S W15	Heyes, Danielle A W17
	Basson, Wilan M17	Van Wyk, Wesley R M17
14	AQDO-CP	A NT
15	CYBE-CP	A NT
	Coetzer, Jayden P M18	Cavallaro, Federico F M18
	Hearne, Trinity S W20	Du Plessis, Chanel P W16
16	SAAW-CP	A NT
	Wolson, Daniel A M16	Schreuder, Hannah G W15
	Cromhout, Hannah E W19	Zellie, Thomas J M16
17	SSISA-CP	A NT
	Webb, Corey M20	Hartman, Timothy J M17
	Ward, Tanith A W17	Vickers, Sophie W16

#500 Women 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1	De Wet, Emma M	16 VINE-CP	2:14.91
2	Uys, Tara	18 TYGE-CP	2:18.77

3	Burgess, Cassidy	15 VINE-CP	2:21.41
4	Humphrey, Jessic	15 AQUA	2:23.39
5	Orchard, Milan M	13 VINE-CP	2:27.18
6	Du Plessis, Chan	16 CYBE-CP	2:27.62
7	Hebler, Lily M	14 QSAW-CE	2:27.78
8	Cronjè, Danielle	15 LALE-CE	2:29.18
9	Botha, Lara E	17 ASAW-CE	2:29.38
10	Bergh, Madison S	14 AQUA	2:29.97
11	De Villiers, Lezar	19 LALE-CE	2:30.12
12	Schmidt, Amy	15 ASAW-CE	2:30.88
13	Viljoen, Jo-Ell	17 ASAW-CE	2:31.06
14	Vickers, Sophie	16 SSISA-CP	2:32.15
15	Helmand, Aniekc	18 KOVS-MA	2:32.41
16	Combrink, Amy	14 VINE-CP	2:32.53
17	Morton, Tayler R	16 GSA-CP	2:33.57
18	Hayes, Kerrigan l	14 CASC-CP	2:33.72
19	Evans, Caitlin N	13 TYGE-CP	2:33.99
20	Newton, Ava L	14 CASC-CP	2:34.04
21	du Plessis, Madis	15 BLOT-MA	2:34.65
22	Ryser, Aurora	16 TYGE-CP	2:35.76
23	Lategan, Emma M	15 CASC-CP	2:35.93
24	Kuun, Melissa	16 FISH-ED	2:36.10
25	Smidt, Clio J	17 VINE-CP	2:36.82
26	Coleman, Madisc	14 BLMA-CP	2:37.11
27	Dowdle, Kalyne	16 ASAW-CE	2:37.74 Scr
28	Trout, Sophia L	14 VINE-CP	2:38.04
29	Smit, Jenna	16 CASC-CP	2:40.05
30	Bester, Lisa	16 WELL-CE	2:40.20
31	Rossouw, Emma	14 TYGE-CP	2:40.25
32	Rossouw, Nadia	17 TYGE-CP	2:40.31
33	De Roubaix, Mar	16 LALE-CE	2:40.46
34	Juries, Sam C	14 CLSC-WC	2:40.50
35	La Grange, Emm	15 PLAY-CE	2:40.86
36	Glover, Erin K	15 TYGE-CP	2:40.91
37	Zeelie, Shanna-L	14 BLMA-CP	2:40.92
38	Ward, Tanith A	17 SSISA-CP	2:41.01
39	Vd Merwe, Simo	16 GSA-CP	2:41.45
40	De Jongh, Grace	17 LALE-CE	2:41.62
41	de Jager, Katie	14 BLOT-MA	2:41.76
42	Lorenzen, Ava E	12 BLMA-CP	2:42.13
43	Smith, Sophie	12 VINE-CP	2:42.27
44	Visser, Cara	13 CYBE-CP	2:42.97
45	De Villiers, Anja	12 TYGE-CP	2:43.16
46	Vd Merwe, Mia	14 GSA-CP	2:43.17
47	Slinger, Gizelle	14 AQUA	2:43.29
48	Borman, Jani	15 SWAR-WC	2:43.43
49	Louw, Anieka	13 CASC-CP	2:43.74
50	Watson, Caitlin C	16 BLMA-CP	2:44.49
51	De Oliveira, Aliya	14 TYGE-CP	2:44.52
52	Vd Merwe, Mi-Ly	14 LALE-CE	2:45.30
53	Gennarakis, Chri	16 CASC-CP	2:45.37
54	Goebel, Zoë	15 TYGE-CP	2:45.38
55	Basson, Lenè	12 CLSC-WC	2:46.12
56	Holthuis, Keilah-	14 QSAW-CE	2:46.36
57	Baillie, Gabi J	13 ROA-ED	2:46.45
58	Jantzen, Zianè	14 QUIC-CP	2:46.54
59	Morris, Jenna	14 VINE-CP	2:47.40
60	Raimond, Marike	14 TYGE-CP	2:47.56 Scr
61	Tsai-Rieb, Pei-Ch	12 CYBE-CP	2:49.43
62	Holman, Acaylia	13 MARL-CP	2:50.17
63	O'Carroll, Nia E	13 STAQ-CE	2:51.46
64	Messiter-Tooze, I	13 SFSC-CP	2:52.44

65	Durandt, Sharli	12 SAAW-CP	2:53.30
66	Blake, Abi E	13 GREY-CP	2:53.64
67	Botha, Chelsea	13 CASC-CP	2:55.51
68	Riley, Logan	13 VINE-CP	2:55.55
69	Boshoff, Anja	11 TYGE-CP	2:55.83
70	Coetzee, Liane	12 PLAY-CE	2:56.06
71	Laubscher, Mikal	13 GSA-CP	2:57.05
72	Dimatellis, Zoi	11 ROA-ED	2:57.27
73	Oaten, Sabrina	13 CYBE-CP	2:57.44
74	Thirsk, Madison	13 TYGE-CP	2:58.06
75	Myers, Kirsten E	13 SSISA-CP	2:58.14
76	Jansen van Rensl	11 VINE-CP	2:58.19
77	Saayman, Nika D	13 PLAY-CE	2:59.31
78	Burger, Juanè	13 TYGE-CP	2:59.56
79	Schäfer, Kyla	12 KNYA-ED	2:59.90
80	Sonnekus, Anya	12 TYGE-CP	3:00.70
81	Olivier, Julie M	11 TYGE-CP	3:01.23
82	Van Dyk, Zani	11 GSA-CP	3:02.37
83	du Plessis, Evie	11 BLOT-MA	3:02.87
84	Locketch, Zara	11 CYBE-CP	3:04.80
85	De Beer, Isabella	12 QSAW-CE	3:06.82
86	Thirsk, Savannah	11 TYGE-CP	3:07.32
87	Samuels, Londyn	13 PAQU-CE	3:08.38
88	Billson, Amelie	11 CASC-CP	3:09.45
89	Groves, Philippa	12 SSISA-CP	3:10.62
90	Coetzee, Marli	11 GSA-CP	3:12.03
91	Jantjies, Zara	11 MANT-CP	3:12.72

#501 Men 200 LC Meter Backstroke

Name	Age	Team	Seed Time
1	Trower, Nic T	14 TYGE-CP	2:06.64
2	Boshoff, Juan C	18 TYGE-CP	2:07.85
3	Van Vondel, Anto	16 TYGE-CP	2:08.30
4	Wright, Keegan	17 TYGE-CP	2:09.54
5	Wolson, Daniel A	16 SAAW-CP	2:11.45
6	Coetzer, Jayden F	18 CYBE-CP	2:11.88
7	Swarts, Keeno A	18 VINE-CP	2:13.38
8	Esterhuizen, Lor	14 AQUA	2:13.88
9	Wollenschlaeger,	15 VINE-CP	2:14.78
10	Ritchie, Andrew	23 TYGE-CP	2:15.08
11	Bestel, Luc M	14 VINE-CP	2:15.51
12	Kriegler, Christia	18 CASC-CP	2:16.17 Scr
13	Clayton, Franco F	17 LALE-CE	2:16.34
14	Van Wyk, Wayne	15 GSA-CP	2:16.38
15	Southworth, Mat	15 CYBE-CP	2:16.63
16	Burger, Schalk S	18 SWAR-WC	2:17.08
17	Coetzer, Milan J	16 CYBE-CP	2:17.47
18	De Lange, Adriaa	13 TYGE-CP	2:17.56
19	Terblanche, Kiaa	18 TYGE-CP	2:18.47
20	Foot, Aiden C	17 SWAR-WC	2:18.78
21	Pretorius, Luuk F	15 KNYA-ED	2:19.26
22	Clayton, Antony l	16 LALE-CE	2:19.78
23	Smit, MJ M	15 SAAW-CP	2:21.05
24	Nefdt, Grant	16 AQDO-CP	2:21.41
25	Bester, Eben	16 TYGE-CP	2:22.54
26	Olkers, Caellum (17 CASC-CP	2:23.02
27	Lottering, Seb C	15 ROA-ED	2:23.25
28	February, Gerard	14 CASC-CP	2:23.42
29	Bezuidenhout, E	13 CASC-CP	2:23.52
30	Orchard, Thomas	16 SWAR-WC	2:23.82
31	Möller, FC C	16 TYGE-CP	2:23.86
32	Van Helden, Etha	15 GSA-CP	2:24.16

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

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#501 ... (Men 200 LC Meter Backstroke)

33	Nelson, Christop	16	LALE-CE	2:24.18	93	Trower, Michael	12	TYGE-CP	2:53.82	36	Ryser, Aurora	16	TYGE-CP	30.21
34	McWilliam, Troy	16	TYGE-CP	2:24.41	94	Nell, Liam	12	VINE-CP	2:54.29	37	Hugo, Anika S	17	QSAW-CE	30.23
35	Strydom, Stepha	18	TYGE-CP	2:25.06	95	Coetzee, Sion M	13	QUIC-CP	2:54.50	38	Daniels, Sara H	17	BLMA-CP	30.23
36	Sirin, Ben	14	VINE-CP	2:25.25	96	Vd Watt, Earle	11	GSA-CP	2:54.66	39	Novello, Utah	17	CLSC-WC	30.31
37	Alexander, Amm	16	MARL-CP	2:25.59	97	Pautz, Benjamin	11	BLMA-CP	2:56.87	40	De Roubaix, Mari	16	LALE-CE	30.33
38	Szapira, Saul	17	TYGE-CP	2:25.71	98	Van Vondel, Rola	12	TYGE-CP	2:57.62	41	Visser, Cara	13	CYBE-CP	30.43
39	Breet, Dawie-Lot	16	PLAY-CE	2:25.86	99	February, Dillon	11	CASC-CP	2:58.01	42	Laubscher, Maya	16	GSA-CP	30.46
40	Schultz, Heinrich	14	LALE-CE	2:25.87	100	Leitner, Zachary	10	AQUA	2:58.50	43	Havenga, Skyla K	17	CLSC-WC	30.47
41	Bannister, Joshu	15	TYGE-CP	2:25.87	101	Poultney, Matthe	10	SAAW-CP	3:00.41	44	Goebel, Zoë	15	TYGE-CP	30.49
42	Lombard, Kyle M	15	BARR-CP	2:27.23	102	Faulkner, Callum	12	BLMA-CP	3:02.78	45	Holthuis, Keilah-	14	QSAW-CE	30.51
43	Fernold, AJ	13	ROA-ED	2:27.88	103	Kruger, Zachary	11	SWAR-WC	3:03.34	46	Geyser, Almi	14	LALE-CE	30.55
44	Karsten, Jody	16	BLMA-CP	2:28.65	104	Mallin, Lukas	9	SAAW-CP	3:04.60	47	Venter, Liya E	18	BLMA-CP	30.55
45	Kinnear, Connor	15	TYGE-CP	2:28.74	105	Van Onselen, Pie	10	TYGE-CP	3:05.12	48	Wium, Mari	14	QSAW-CE	30.56
46	De Kock, John P	14	LALE-CE	2:29.27	106	Muller, Lukas D	12	QUIC-CP	3:05.15	49	Van Der Wath, Iz	13	KNYA-ED	30.57
47	Dos-Santos, And	15	CYBE-CP	2:30.40	107	Lewis, Amaru C	11	PAQU-CE	3:05.79	50	Coleman, Madisc	14	BLMA-CP	30.59
48	Viljoen, Jaden R	15	ASAC-CP	2:30.52	108	Visagie, Dian	11	SWAR-WC	3:07.85	51	Slinger, Gizelle	14	AQUA	30.60
49	Nel, Max	13	ROA-ED	2:30.61	109	Gerber, Luke M	10	CASC-CP	3:08.82	52	Smit, Jenna	16	CASC-CP	30.62
50	Basson, Lucca N	14	CYBE-CP	2:31.24	110	Naude, AJ J	11	AGAQ-OB	3:10.60	53	Havemann, Bella	15	ASAC-CP	30.65
51	Arnott, Carter J	15	ASAC-CP	2:31.61	111	Wagener, Tiaan F	11	ASAW-CE	3:10.63	54	Kotzè, Tamsyn G	16	BLMA-CP	30.68
52	Terblanche, Luar	15	TYGE-CP	2:31.86	112	Viljoen, Jagger F	10	ASAC-CP	3:12.01	55	Watson, Caitlin C	16	BLMA-CP	30.72
53	Smith, Sebastian	14	TYGE-CP	2:31.95	113	Pardoe, James N	12	GREY-CP	3:12.49	56	Van Galen, Ava-L	14	STAQ-CE	30.75
54	Gilmour, Connor	13	SFSC-CP	2:32.49	114	King, Aidan J	11	GSA-CP	3:15.81	57	Liebenberg, Emil	14	SWAR-WC	30.81
55	Lehnberg, Malan	17	FISH-ED	2:32.81	115	Slabber, Ruhann	13	CASC-CP	3:17.69	58	Ward, Tanith A	17	SSISA-CP	30.82
56	Williams, Evan B	13	SSISA-CP	2:33.27	116	Breebaart, Joshu	11	GREY-CP	3:18.39	59	Labuschagne, Mi	16	SSISA-CP	30.83
57	Walker, Yohan G	15	VINE-CP	2:33.68						60	Coetzee, Liane	12	PLAY-CE	30.87
58	Das Neves, Lucas	14	TYGE-CP	2:34.15						61	Langenhoven, Er	16	SFSC-CP	30.87
59	Grovè, Daniël	14	CUHE-OB	2:34.24						62	Franks, Madison	16	SSISA-CP	30.88
60	Renard, Leo G	16	ASAC-CP	2:34.98						63	Smith, Lara E	15	TYGE-CP	30.90
61	Kotzè, Max M	14	BLMA-CP	2:35.09						64	Riley, Logan	13	VINE-CP	30.91
62	Lategan, Nicky N	14	SWAR-WC	2:35.13						65	Verbeek, Wilmie	15	CASC-CP	31.04
63	Bouwer, Jason	13	TYGE-CP	2:35.31						66	Zeelie, Shanna-L	14	BLMA-CP	31.05
64	Njoroge, Alphons	14	CASC-CP	2:35.47						67	Glover, Erin K	15	TYGE-CP	31.12
65	Myburgh, Ruan	15	BLMA-CP	2:37.75						68	Newton, Ava L	14	CASC-CP	31.14
66	De Bruyn, Cornè	14	ASAC-CP	2:37.88						69	Cloete-Hopkins, J	13	SSISA-CP	31.23
67	Hahn, Kyle	11	ROA-ED	2:38.45						70	Fenner, Olivia M	12	PLAY-CE	31.24
68	Verbeek, Pierre C	12	CASC-CP	2:38.74						71	Raimond, Marike	14	TYGE-CP	31.38
69	Rohner, Jayden N	16	BLMA-CP	2:40.07						72	De Villiers, Anja	12	TYGE-CP	31.40
70	Hekandjo, Kabi A	13	AQUA	2:40.35						73	Lorenten, Ava E	12	BLMA-CP	31.52
71	Witbooi, Reinhar	16	STAQ-CE	2:41.78						74	Gerber, Simonè M	13	GREY-CP	31.58
72	Saayman, Dehan	15	PLAY-CE	2:42.87						75	Gerber, Mia	15	LALE-CE	31.84
73	Van Graan, Matth	13	STAQ-CE	2:42.93						76	Louw, Anieka	13	CASC-CP	31.86
74	Yeowart, Seth W	13	GREY-CP	2:43.63						77	Hager, Carle	13	LALE-CE	31.90
75	Coolen, Jonathan	13	STAQ-CE	2:43.70						78	Samuels, Londyn	13	PAQU-CE	31.97
76	Van Wyk, Jack R	12	CASC-CP	2:43.76						79	Faul, Ellen J	12	QSAW-CE	31.98
77	Poggenpoel, Troy	14	SSISA-CP	2:45.03						80	Krog, Miya	13	SAAW-CP	31.98
78	Troskie, Roean	12	QUIC-CP	2:45.42						81	Fury, Amelia J	12	VINE-CP	32.02
79	Pieterse, Marcell	13	XCEL-CP	2:46.18						82	Bova-Olsen, Katy	13	MARL-CP	32.04
80	Wing, James L	13	GREY-CP	2:46.71						83	O'Carroll, Nia E	13	STAQ-CE	32.06
81	Rheeder, Liam M	13	PAQU-CE	2:47.43						84	Hayes, Kerrigan I	14	CASC-CP	32.11
82	Benecke, Delmar	12	VINE-CP	2:48.01						85	Jeftha, Zara L	15	MARL-CP	32.11
83	Bright, Michael C	11	CASC-CP	2:48.67						86	Ahmed, Ayla	12	SAAW-CP	32.13
84	Afonso, Aragon C	13	QUIC-CP	2:49.19						87	Sabbagha, Annè	17	PAQU-CE	32.16
85	van Wyk, Tariq K	13	BARR-CP	2:49.51						88	Lategan, Emma M	15	CASC-CP	32.19
86	Oaten, Rourke	13	CYBE-CP	2:50.22						89	Botha, Chelsea	13	CASC-CP	32.24
87	Parr, Colbyn S	12	KNYA-ED	2:50.55						90	Myers, Kirsten E	13	SSISA-CP	32.29
88	Hodge, Cameron	13	LALE-CE	2:51.52						91	Morris, Jenna	14	VINE-CP	32.39
89	Conradie, Niel	13	QUIC-CP	2:51.77						92	Terblanche, Essie	14	LALE-CE	32.56
90	Bergh, Riley R	12	AQUA	2:52.17						93	Laubscher, Mikal	13	GSA-CP	32.56
91	Yeowart, Luke D	13	GREY-CP	2:52.32						94	Bayly, Arabella	12	VINE-CP	32.73
92	Schaefer, Daniel	11	PLAY-CE	2:52.40						95	Nilsson, Rebecca	12	TYGE-CP	32.78
										96	Basson, Lenè	12	CLSC-WC	32.81
										97	Botha, Rebecca P	12	KNYA-ED	32.91

#502 Women 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	26.93
2	Van Dyk, Zani	11	GSA-CP	26.93
3	Helmand, Anieka	18	KOVS-MA	27.10
4	Kotze, Abigail	14	TYGE-CP	27.33
5	Fury, Rebecca G	16	VINE-CP	27.37
6	De Wet, Emma M	16	VINE-CP	27.82
7	Burgess, Cassidy	15	VINE-CP	27.88
8	Straszacker, Kris	23	CASC-CP	27.92
9	Cope, Morgan M	17	GSA-CP	27.94
10	Nieuwstad, Mich	29	LALE-CE	28.02
11	Christie, Leah E	18	CASC-CP	28.06
12	Groepes, Rachel	17	SAAW-CP	28.06
13	Meier, Marné	24	CASC-CP	28.19
14	Cromhout, Hann	19	SAAW-CP	28.33
15	Ribeiro, Nuria A	21	MATI-CE	28.37
16	Paljk, Tilka	26	MATI-CE	28.45
17	Combrink, Amy	14	VINE-CP	28.55
18	Humphrey, Jessic	15	AQUA	28.71
19	De Jongh, Grace	17	LALE-CE	28.72
20	Uys, Tara	18	TYGE-CP	28.77
21	Prinsloo, Mila	16	ASAW-CE	28.79
22	Heyes, Danielle A	17	ASAC-CP	28.82
23	Daffarn, Eri J	19	VINE-CP	28.85
24	Orchard, Milan M	13	VINE-CP	29.06
25	De Villiers, Lezar	19	LALE-CE	29.09
26	Gennarakis, Chri	16	CASC-CP	29.16
27	Grütter, Arabelle	13	ROA-ED	29.34
28	Cronjè, Danielle	15	LALE-CE	29.42
29	Magotsi, Riziki A	13	VINE-CP	29.50
30	Kuun, Melissa	16	FISH-ED	29.60
31	Vd Wal, Mieke	15	CASC-CP	29.64
32	Vickers, Sophie	16	SSISA-CP	29.73
33	Webber, Isabella	16	VINE-CP	29.94
34	Morton, Tayler R	16	GSA-CP	30.03
35	Hebler, Lily M	14	QSAW-CE	30.06

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#502 ... (Women 50 LC Meter Freestyle)

98	Juries, Sam C	14	CLSC-WC	32.99
99	Mason, Phoebe N	13	STAQ-CE	33.07
100	Williams, Aqeela	11	UWCA-CP	33.07
101	Dimatellis, Zoi	11	ROA-ED	33.19
102	Grobler, Zané	13	ROA-ED	33.19
103	Barnard, Adelma	13	SWAR-WC	33.22
104	Blake, Abi E	13	GREY-CP	33.26
105	du Plessis, Sumnr	13	BLOT-MA	33.28
106	Weber, Klara	13	PLAY-CE	33.29
107	Schreuder, Hann:	15	SAAW-CP	33.33
108	Nienaber, Mila J	12	QSAW-CE	33.43
109	Jansen van Rensl	11	VINE-CP	33.60
110	Visser, Sandri	14	PLAY-CE	33.65
111	Sonnekus, Anya	12	TYGE-CP	33.84
112	Louw, Isabella A	12	BLMA-CP	33.84
113	Saayman, Nika D	13	PLAY-CE	33.88
114	Groves, Philippa	12	SSISA-CP	34.05
115	du Plessis, Evie	11	BLOT-MA	34.14
116	Burger, Juanè	13	TYGE-CP	34.31
117	Baillie, Gabi J	13	ROA-ED	34.53
118	Olivier, Julie M	11	TYGE-CP	34.79
119	Van Wyk, Josie	11	LALE-CE	34.82
120	Sabbagha, Georg	11	PAQU-CE	34.89
121	Coetzee, Marli	11	GSA-CP	34.93
122	Oaten, Sabrina	13	CYBE-CP	34.98
123	Joyce, Jenna	11	CASC-CP	35.09
124	Jantjies, Zara	11	MANT-CP	35.17
125	Thirsk, Madison	13	TYGE-CP	35.37
126	Ahmed, Bria	10	SAAW-CP	35.46
127	Stilwane, Mia C	11	PAQU-CE	35.50
128	Billson, Amelie	11	CASC-CP	35.67
129	Schäfer, Kyla	12	KNYA-ED	35.82
130	De Beer, Isabella	12	QSAW-CE	36.50
131	Thirsk, Savannah:	11	TYGE-CP	36.52

#503 Men 50 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Luck, Taylor R	18	VINE-CP	23.61
2	Esterhuysen, Josl	16	TYGE-CP	23.80
3	Van Heerden, Ste	17	LALE-CE	24.05
4	Kriegler, Christia	18	CASC-CP	24.52
5	Basson, Lucca N	14	CYBE-CP	24.52
6	Etzold, Peter S	18	VINE-CP	24.75
7	Moncherry, Adan	25	LALE-CE	24.87
8	Hopkins, Tim	18	TYGE-CP	25.02
9	Van Greunen, Re	17	FISH-ED	25.05
10	Omar, Ilyaas I	17	MARL-CP	25.19
11	Trower, Nic T	14	TYGE-CP	25.29
12	Rudolph, Wido	17	FISH-ED	25.42
13	Basson, Wilan	17	ASAC-CP	25.59
14	West, Gabriel	19	TYGE-CP	25.67
15	Clarke, Liam	16	LALE-CE	25.68
16	Kotze, Eric B	14	STAQ-CE	25.70
17	Burger, Schalk S	18	SWAR-WC	25.77
18	Webb, Corey	20	SSISA-CP	25.90
19	Malherbe, Nichol	17	LALE-CE	25.95
20	Wollenschlaeger,	15	VINE-CP	25.98
21	Myburgh, Jordan	18	BLMA-CP	25.99
22	Kleynhans, Ian	16	GSA-CP	26.04
23	Beukes, Mateo A	18	WALM-CP	26.08

24	Swarts, Keeno A	18	VINE-CP	26.10
25	Boonzaier, Janni	17	ASAC-CP	26.12
26	Pretorius, Luuk I	15	KNYA-ED	26.13
27	Cicero, Zack	17	SSISA-CP	26.13
28	Van Rooyen, Jan-	17	KNYA-ED	26.24
29	Cornish, Jeyaad	18	HURAQ-CP	26.25
30	Van Vondel, Antc	16	TYGE-CP	26.26
31	Alexander, Amm:	16	MARL-CP	26.26
32	Van Wyk, Wesley	17	ASAC-CP	26.33
33	Van Reenen, Rya:	24	BLMA-CP	26.33
34	Davidtsz, Colin	16	CYBE-CP	26.37
35	Kleinhans, Kyle	17	SSISA-CP	26.42
36	Hugo, Retief R	17	ASAW-CE	26.48
37	Geyser, Jacques M	16	LALE-CE	26.50
38	Field, Luke D	17	VINE-CP	26.50
39	Strydom, Conrad	15	QUIC-CP	26.58
40	Kalapac, Joshua	14	BLMA-CP	26.70
41	Louw, Guillaume	20	CASC-CP	26.71
42	Van Wyk, Wayne	15	GSA-CP	26.71
43	Du Preez, Shaun	16	SSISA-CP	26.77
44	Van Der Walt, Lo	16	QSAW-CE	26.82
45	Foot, Aiden C	17	SWAR-WC	26.83
46	Abrahams, Matth	24	ASAC-CP	26.86
47	Malan, Johan S	17	CASC-CP	26.87
48	Uys, Keegan	16	LALE-CE	26.92
49	Lottering, Seb C	15	ROA-ED	26.98
50	Carrol, Matt	18	BLMA-CP	26.98
51	Theron, Luca D	15	VINE-CP	27.06
52	Witbooi, Reinhar	16	STAQ-CE	27.10
53	Forbes, Nicholas	17	LALE-CE	27.13
54	Davydov, Davis	16	ASAC-CP	27.14
55	Hewitt-Smook, K	15	SWAR-WC	27.17
56	Schultz, Heinrich	14	LALE-CE	27.19
57	Barnard, Rohan (19	LALE-CE	27.20
58	Kuun, Hanru P	16	FISH-ED	27.22
59	Viljoen, Stèphen	17	ASAW-CE	27.24
60	Esterhuizen, Lor	14	AQUA	27.25
61	Orchard, Thoma:	16	SWAR-WC	27.29
62	Daniels, Adam M	14	ELEG-TS	27.33
63	Landi, Tristan	15	VINE-CP	27.37
64	Lehnberg, Malan	17	FISH-ED	27.43
65	Rayne, Leo	14	ASAC-CP	27.43
66	Nelson, Christop	16	LALE-CE	27.44
67	Rohner, Jayden M	16	BLMA-CP	27.46
68	Van Schaik, Luc	13	VINE-CP	27.55
69	Walker, Yohan G	15	VINE-CP	27.58
70	Vorster, Josua A	18	FISH-ED	27.62
71	Viljoen, Jaden R	15	ASAC-CP	27.64
72	Gilbert, Andrew	14	SAAW-CP	27.64
73	Gounden, Mikha	18	CLSC-WC	27.68
74	Lombard, Kyle M	15	BARR-CP	27.72
75	February, Gerard	14	CASC-CP	27.77
76	Hendricks, Joshu	16	LALE-CE	27.79
77	Hartman, Timot	17	SSISA-CP	27.83
78	Heyes, Garrick T	15	ASAC-CP	27.86
79	Bester, Eben	16	TYGE-CP	27.86
80	Pedro, Tamkeen	15	WALM-CP	27.88
81	Mkavea, Tasu	13	UAWA-CP	27.88
82	Zellie, Thomas J	16	SAAW-CP	27.95
83	Fernold, AJ	13	ROA-ED	28.03
84	Gilmour, Connor	13	SFSC-CP	28.08
85	Kotzè, Kailen M	17	SWAR-WC	28.13

86	Carr, Simeon	17	TSC	28.16
87	Williams, Luca	15	VINE-CP	28.18
88	Smith, Damian G	19	FISH-ED	28.20
89	Waters, Steven G	14	LALE-CE	28.25
90	Searle, Jude	13	VINE-CP	28.27
91	Arnott, Carter J	15	ASAC-CP	28.31
92	Olkers, Caellum (17	CASC-CP	28.38
93	Williams, Jayden	14	PAQU-CE	28.39
94	Kinnear, Connor	15	TYGE-CP	28.40
95	Cloete-Hopkins, .	16	SSISA-CP	28.44
96	Smith, Sebastian	14	TYGE-CP	28.46
97	De Jager, Nathan	15	ASAC-CP	28.47
98	Vermeulen, Hanc	14	ASAW-CE	28.48
99	Szapira, Saul	17	TYGE-CP	28.51
100	Linscott, Josh C	15	MANT-CP	28.56
101	De Lange, Adriaa	13	TYGE-CP	28.60
102	Galochkin, Max	15	ASAC-CP	28.65
103	Hudson, Thomas	13	PLAY-CE	28.73
104	Das Neves, Lucas	14	TYGE-CP	28.78
105	Kotzè, Max M	14	BLMA-CP	28.82
106	Goldstein, Trista:	18	ASAC-CP	28.87
107	Pautz, Nathan M	15	BLMA-CP	28.88
108	Wagner, Noah J	13	SAAW-CP	28.95
109	De Bruyn, Cornè	14	ASAC-CP	29.00
110	Williams, Logan	13	VINE-CP	29.02
111	Goussard, Henry	13	GREY-CP	29.04
112	Beukes, Jaden L	14	WALM-CP	29.11
113	Van Graan, Matth	13	STAQ-CE	29.19
114	Bezuidenhout, Ei	13	CASC-CP	29.21
115	Stanfliet, Nichola	13	VINE-CP	29.27
116	Schreuder, Steffe	15	ASAW-CE	29.29
117	Rosslee, Christia:	14	QSAW-CE	29.30
118	McWilliam, Troy	16	TYGE-CP	29.31
119	Burger, Rosseau	14	LALE-CE	29.33
120	Yiorkas, Yiorgos	14	BLOT-MA	29.35
121	Saayman, Dehan	15	PLAY-CE	29.46
122	Wing, James L	13	GREY-CP	29.48
123	Van der Watt, Alj	15	PLAY-CE	29.52
124	Boshoff, Keanu A	12	KNYA-ED	29.58
125	Spencer, Charles	14	VINE-CP	29.62
126	Verbeek, Pierre (12	CASC-CP	29.66
127	Myburgh, Ruan	15	BLMA-CP	29.94
128	Coolen, Jonathan	13	STAQ-CE	30.03
129	Du Plessis, Jason	13	CLSC-WC	30.15
130	Grovè, Daniël	14	CUHE-OB	30.26
131	Slabber, Ruhann	13	CASC-CP	30.58
132	Fortuin, Niyaaz	13	VINE-CP	30.68
133	Van Wyk, Jack R	12	CASC-CP	30.86
134	Goldstein, Phoen	15	ASAC-CP	30.94
135	Smit, Reynard-Gi	12	SFSC-CP	31.04
136	Matthee, Burger	12	AGAQ-OB	31.06
137	Parr, Colbyn S	12	KNYA-ED	31.12
138	Hahn, Kyle	11	ROA-ED	31.16
139	Hekandjo, Kabi A	13	AQUA	31.25
140	Troskie, Jean	12	QUIC-CP	31.30
141	Coleman, Travis	12	BLMA-CP	31.33
142	Van Der Merwe, J	12	VINE-CP	31.35
143	Krause, Luke	13	CASC-CP	31.52
144	Oosthuizen, Etha	13	PLAY-CE	31.53
145	Njoroge, Alphons:	14	CASC-CP	31.54
146	Muller, Lukas D	12	QUIC-CP	31.61
147	Pearson-Adams,	13	SAAW-CP	31.64

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#503 ... (Men 50 LC Meter Freestyle)

148	Troskie, Roean	12	QUIC-CP	31.65
149	Hodge, Cameron	13	LALE-CE	31.66
150	Van Zyl, Daniël R	12	TYGE-CP	31.81
151	Swart, Nico N	12	ASAC-CP	31.86
152	Willenburg, Elija	13	SFSC-CP	31.93
153	Vergotine, Valent	36	VINE-CP	31.96
154	Weber, Daniel	12	PLAY-CE	31.99
155	van Rensburg, Tr	11	GSA-CP	32.41
156	Pautz, Benjamin	11	BLMA-CP	32.47
157	Mouton, Jean A	13	CASC-CP	32.49
158	Van Vondel, Rola	12	TYGE-CP	32.57
159	Mallin, Lukas	9	SAAW-CP	32.66
160	Hendricks, Tysor	13	ROA-ED	32.82
161	Spencer, Marcus	12	VINE-CP	32.84
162	VerLoren Van Th	11	LALE-CE	33.02
163	Faulkner, Callum	12	BLMA-CP	33.10
164	Barnard, Theo J	11	SWAR-WC	33.12
165	Trower, Michael	12	TYGE-CP	33.17
166	Bright, Michael C	11	CASC-CP	33.28
167	Goodall, Aaron	11	ASAC-CP	33.53
168	Benecke, Delmar	12	VINE-CP	33.67
169	Immelman, Max	13	GREY-CP	33.69
170	Fouche, Jack	11	TYGE-CP	33.84
171	Fenner, Jenson V	11	PLAY-CE	34.01
172	Vd Watt, Earle	11	GSA-CP	34.06
173	February, Dillon	11	CASC-CP	34.18
174	Van Onselen, Pie	10	TYGE-CP	34.30
175	Poultney, Matthe	10	SAAW-CP	34.35
176	Boshoff, Mickayl	11	KNYA-ED	34.39
177	Coolen, Nicolas L	11	STAQ-CE	34.60
178	Basson, Henk	11	LALE-CE	34.64
179	Dockerill, Max J	11	CASC-CP	34.64
180	Bosch, Ewan Y	11	TYGE-CP	34.74
181	Wagener, Tiaan F	11	ASAW-CE	34.91
182	Schreve, Lehan	11	SWAR-WC	34.91
183	Bergh, Riley R	12	AQUA	35.12
184	Kruger, Zachary	11	SWAR-WC	35.27
185	King, Aidan J	11	GSA-CP	35.48
186	Mccollum, Aiden	11	AQDO-CP	36.70
187	Lewis, Amaru C	11	PAQU-CE	36.75
188	Gerber, Luke M	10	CASC-CP	36.89
189	Baadjies, Cruden	11	PAQU-CE	36.98
190	Leitner, Zachary	10	AQUA	37.37
191	Wessels, Hendrè	11	AGAQ-OB	37.50
192	Visagie, Dian	11	SWAR-WC	38.03
193	Lategan, Wessel	11	SWAR-WC	38.16
194	Pardoe, James N	12	GREY-CP	39.25
195	McPetrie, James	16	MANT-CP	56.78

#504 Women 100 LC Meter Butterfly

Name	Age	Team	Seed Time	
1	Hearne, Trinity S	20	CYBE-CP	1:00.27
2	Kotze, Abigail	14	TYGE-CP	1:02.65
3	Burgess, Cassidy	15	VINE-CP	1:04.87
4	Prinsloo, Mila	16	ASAW-CE	1:06.11
5	Van Niekerk, Lic	16	PLAY-CE	1:06.67
6	Fury, Rebecca G	16	VINE-CP	1:07.09
7	Viljoen, Jo-Ell	17	ASAW-CE	1:08.68
8	Groepes, Rachel	17	SAAW-CP	1:09.10
9	Du Plessis, Chan	16	CYBE-CP	1:09.26

10	Hugo, Anika S	17	QSAW-CE	1:09.71
11	du Plessis, Madis	15	BLOT-MA	1:10.47
12	Webber, Isabella	16	VINE-CP	1:10.56
13	Gennarakis, Chri	16	CASC-CP	1:11.10
14	Botha, Lara E	17	ASAW-CE	1:11.31
15	Liebenberg, Emil	14	SWAR-WC	1:11.66
16	Langenhoven, Er	16	SFSC-CP	1:12.23
17	Gerber, Simonè M	13	GREY-CP	1:12.68
18	Jantzen, Zianè	14	QUIC-CP	1:12.76
19	Vd Wal, Mieke	15	CASC-CP	1:12.87
20	Lombard, Jana	16	LALE-CE	1:13.21
21	Combrink, Amy	14	VINE-CP	1:13.33
22	Bergh, Madison S	14	AQUA	1:13.46
23	Lorenzen, Ava E	12	BLMA-CP	1:13.52
24	Smidt, Clío J	17	VINE-CP	1:13.65
25	Ryser, Aurora	16	TYGE-CP	1:13.83
26	Wium, Mari	14	QSAW-CE	1:13.84
27	Vd Westhuizen, J	15	AQDO-CP	1:14.20
28	Hartung, Amy M	14	ASAC-CP	1:14.38
29	Magotsi, Riziki A	13	VINE-CP	1:14.69
30	Evans, Caitlin N	13	TYGE-CP	1:14.92
31	Zeelie, Shanna-L	14	BLMA-CP	1:15.15
32	Trout, Sophia L	14	VINE-CP	1:15.58
33	Holman, Acaylia	13	MARL-CP	1:15.59
34	Tsai-Rieb, Pei-Ch	12	CYBE-CP	1:16.64
35	Slinger, Gizelle	14	AQUA	1:16.80
36	Smith, Sophie	12	VINE-CP	1:17.04
37	Nilsson, Rebecca	12	TYGE-CP	1:17.26
38	Smith, Lara E	15	TYGE-CP	1:17.54
39	Durandt, Sharli	12	SAAW-CP	1:17.86
40	Verbeek, Wilmie	15	CASC-CP	1:18.36
41	Daniels, Sara H	17	BLMA-CP	1:18.77
42	Visser, Cara	13	CYBE-CP	1:19.01
43	Gerber, Mia	15	LALE-CE	1:20.50
44	Faul, Ellen J	12	QSAW-CE	1:20.68
45	De Villiers, Anja	12	TYGE-CP	1:20.72
46	Ahmed, Ayla	12	SAAW-CP	1:21.79
47	Basson, Lenè	12	CLSC-WC	1:22.56
48	Swanepoel, Lulu	12	ASAC-CP	1:23.09
49	Bayly, Arabella	12	VINE-CP	1:23.67
50	Novello, Utah	17	CLSC-WC	1:23.87
51	Lockitch, Zara	11	CYBE-CP	1:26.63
52	Burger, Juanè	13	TYGE-CP	1:26.82
53	Sabbagha, Georg	11	PAQU-CE	1:30.96
54	Boshoff, Anja	11	TYGE-CP	1:31.00
55	Stilwaney, Mia C	11	PAQU-CE	1:32.19
56	Riley, Logan	13	VINE-CP	1:32.25
57	Billson, Amelie	11	CASC-CP	1:32.96
58	Joyce, Jenna	11	CASC-CP	1:34.15
59	Jansen van Rensl	11	VINE-CP	1:36.99
60	Botha, Chelsea	13	CASC-CP	1:40.52

#505 Men 100 LC Meter Butterfly

Name	Age	Team	Seed Time		
1	Hendricks, Robe	18	ROA-ED	57.56	
2	Kriegler, Christia	18	CASC-CP	58.35	Scr
3	Mia, Sirhaan	17	MARL-CP	58.56	
4	West, Gabriel	19	TYGE-CP	58.70	
5	Esterhuysen, Jos	16	TYGE-CP	59.50	
6	Coetzer, Jayden F	18	CYBE-CP	59.68	
7	Strydom, Conrad	15	QUIC-CP	59.90	
8	Basson, Wilan	17	ASAC-CP	1:00.55	

9	Kotze, Eric B	14	STAQ-CE	1:00.86
10	Rudolph, Wido	17	FISH-ED	1:01.38
11	Malherbe, Nichol	17	LALE-CE	1:01.45
12	Davidtsh, Colin	16	CYBE-CP	1:01.48
13	Malan, Johan S	17	CASC-CP	1:01.74
14	Wolson, Daniel A	16	SAAW-CP	1:01.75
15	Peceur, Mark D	19	PAQU-CE	1:01.92
16	Kleinbans, Kyle	17	SSISA-CP	1:02.53
17	Viljoen, Stèphen	17	ASAW-CE	1:02.76
18	Esterhuizen, Lor	14	AQUA	1:02.82
19	Louw, Guillaume	20	CASC-CP	1:02.82
20	McWilliam, Benn	17	TYGE-CP	1:02.85
21	Van Rooyen, Jan-	17	KNYA-ED	1:02.86
22	Beukes, Mateo A	18	WALM-CP	1:03.08
23	Kleynhans, Ian	16	GSA-CP	1:03.28
24	Daniels, Adam M	14	ELEC-TS	1:03.33
25	Breet, Dawie-Lot	16	PLAY-CE	1:03.34
26	Southworth, Mat	15	CYBE-CP	1:03.34
27	Coetzer, Milan J	16	CYBE-CP	1:03.53
28	Schultz, Heinrich	14	LALE-CE	1:03.55
29	Leiar, Alex H	18	KNYA-ED	1:04.00
30	Terblanche, Kiaa	18	TYGE-CP	1:04.08
31	Van Reenen, Rya	24	BLMA-CP	1:04.10
32	Bestel, Luc M	14	VINE-CP	1:04.11
33	Geyser, Jacques M	16	LALE-CE	1:04.20
34	Dos-Santos, And	15	CYBE-CP	1:04.20
35	Lastroni, Giulian	17	TSC	1:04.31
36	Cicero, Zack	17	SSISA-CP	1:04.82
37	Van Wyk, Wesley	17	ASAC-CP	1:05.11
38	Kotzè, Kailen M	17	SWAR-WC	1:05.16
39	Van Wyk, Wayne	15	GSA-CP	1:05.16
40	Olkers, Caellum C	17	CASC-CP	1:05.19
41	Clarke, Liam	16	LALE-CE	1:05.74
42	Kalapac, Joshua	14	BLMA-CP	1:05.88
43	Smit, MJ M	15	SAAW-CP	1:05.96
44	Van Helden, Etha	15	GSA-CP	1:06.12
45	Szapira, Saul	17	TYGE-CP	1:06.21
46	Roslee, Christia	14	QSAW-CE	1:06.22
47	Pedro, Tamkeen	15	WALM-CP	1:06.24
48	Forbes, Nicholas	17	LALE-CE	1:06.34
49	Wollenschlaeger,	15	VINE-CP	1:06.59
50	Gounden, Mikha	18	CLSC-WC	1:06.68
51	De Kock, John P	14	LALE-CE	1:06.93
52	Cornish, Jeyaad	18	HURAQ-CP	1:06.93
53	Williams, Luca	15	VINE-CP	1:07.01
54	Das Neves, Lucas	14	TYGE-CP	1:07.42
55	De Lange, Adriaa	13	TYGE-CP	1:07.55
56	Williams, Jayden	14	PAQU-CE	1:07.85
57	Abrahams, Wasfi	17	MARL-CP	1:08.33
58	Waters, Steven G	14	LALE-CE	1:08.69
59	Van Schaik, Luc	13	VINE-CP	1:08.74
60	Abrahams, Matth	24	ASAC-CP	1:08.88
61	Beukes, Jaden L	14	WALM-CP	1:08.92
62	Solomon, Ethan	15	AQDO-CP	1:09.19
63	Benecke, Alexan	15	SSISA-CP	1:09.23
64	Hendricks, Joshu	16	LALE-CE	1:09.50
65	Heyes, Garrick T	15	ASAC-CP	1:09.50
66	Cavallaro, Michel	13	CYBE-CP	1:10.02
67	Schreuder, Steffe	15	ASAW-CE	1:10.25
68	Arnott, Carter J	15	ASAC-CP	1:10.27
69	Fernold, AJ	13	ROA-ED	1:10.28
70	Basson, Lucca N	14	CYBE-CP	1:11.17

Western Cape LC-A Championship 2023 - 2023/12/14 to 2023/12/18

Psych Sheet

#505 ... (Men 100 LC Meter Butterfly)

Name	Age	Team	Seed Time
71 Moolman, Carter	15	MANT-CP	1:11.34
72 Bezuidenhout, El	13	CASC-CP	1:11.42
73 Nel, Max	13	ROA-ED	1:12.04
74 Pautz, Nathan M	15	BLMA-CP	1:12.24
75 Bouwer, Jason	13	TYGE-CP	1:12.47
76 Williams, Logan	13	VINE-CP	1:12.91
77 Stanfliet, Nichola	13	VINE-CP	1:13.35
78 Gilbert, Andrew	14	SAAW-CP	1:13.87
79 Hewitt-Smook, K	15	SWAR-WC	1:14.13
80 Poggenpoel, Troy	14	SSISA-CP	1:14.21
81 Kotzè, Arden C	13	ASAW-CE	1:14.23
82 Pieterse, Marcell	13	XCEL-CP	1:14.53
83 Swart, Nico N	12	ASAC-CP	1:15.04
84 Van Zyl, Daniël R	12	TYGE-CP	1:15.71
85 Boshoff, Keanu A	12	KNYA-ED	1:15.81
86 Oaten, Rourke	13	CYBE-CP	1:15.89
87 Williams, Evan B	13	SSISA-CP	1:15.98
88 February, Gerard	14	CASC-CP	1:16.08
89 Loots, Noah C	12	ASAC-CP	1:16.37
90 Afonso, Aragon C	13	QUIC-CP	1:16.76
91 Haupt, Rhys A	14	VINE-CP	1:17.33
92 Roman, Noah P	13	AQDO-CP	1:17.97
93 van Wyk, Tariq K	13	BARR-CP	1:18.59
94 Wagner, Noah J	13	SAAW-CP	1:19.51
95 Mkavea, Tasu	13	UWCA-CP	1:19.71
96 Weber, Daniel	12	PLAY-CE	1:21.07
97 Hekandjo, Kabi A	13	AQUA	1:21.12
98 Schaefer, Daniel	11	PLAY-CE	1:22.40
99 Spencer, Charles	14	VINE-CP	1:22.79
100 Walther-Kotzè, L	13	ASAC-CP	1:22.86
101 Smit, Reynard-Gi	12	SFSC-CP	1:23.54
102 Barnard, Theo J	11	SWAR-WC	1:23.65
103 Coleman, Travis	12	BLMA-CP	1:23.65
104 Bright, Michael C	11	CASC-CP	1:23.74
105 Pautz, Benjamin	11	BLMA-CP	1:25.85
106 Mouton, Jean A	13	CASC-CP	1:26.24
107 Bosch, Ewan Y	11	TYGE-CP	1:26.94
108 Spencer, Marcus	12	VINE-CP	1:26.95
109 Boshoff, Mickayl	11	KNYA-ED	1:32.17
110 Van Der Merwe, J	12	VINE-CP	1:33.53
111 Krause, Luke	13	CASC-CP	1:33.78
112 February, Dillon	11	CASC-CP	1:34.52
113 Schreve, Lehan	11	SWAR-WC	1:35.50
114 Dockerill, Max J	11	CASC-CP	1:37.02
115 Lategan, Wessel	11	SWAR-WC	1:41.50

#506 Women 1500 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Neilson, Hannah	18	UWCA-CP	17:55.69
2 Hearne, Trinity S	20	CYBE-CP	17:56.40
3 Evans, Caitlin N	13	TYGE-CP	18:42.18
4 Bergh, Madison S	14	AQUA	19:32.81
5 Grütter, Arabelle	13	ROA-ED	19:33.28
6 Kotzè, Tamsyn G	16	BLMA-CP	19:33.46
7 De Roubaix, Mari	16	LALE-CE	19:34.45
8 Laubscher, Maya	16	GSA-CP	19:44.20
9 Durandt, Sharli	12	SAAW-CP	19:48.42
10 Raimond, Marike	14	TYGE-CP	19:49.70
11 Louw, Anieka	13	CASC-CP	19:55.20
12 Hahn, Kayleigh K	14	ROA-ED	20:02.58

13 Hartung, Amy M	14	ASAC-CP	20:06.06
14 Messiter-Tooze, I	13	SFSC-CP	20:59.15
15 Swanepoel, Lulu	12	ASAC-CP	21:26.09
16 Grobler, Zané	13	ROA-ED	21:41.21
17 Nilsson, Rebecca	12	TYGE-CP	22:04.21
18 Dimatellis, Zoi	11	ROA-ED	22:41.81

#507 Men 800 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Bailey, Ethan J	20	AQDO-CP	8:28.62
2 Wright, Keegan	17	TYGE-CP	8:39.90
3 McWilliam, Benn	17	TYGE-CP	8:43.26
4 Forbes, Thomas	19	LALE-CE	8:49.02
5 McWilliam, Troy	16	TYGE-CP	8:52.01
6 Beukes, Wade	16	AQDO-CP	8:58.15
7 Van Rooyen, Jan-	17	KNYA-ED	9:08.75
8 Southworth, Mat	15	CYBE-CP	9:12.23
9 Levey, Chad	17	GSA-CP	9:13.34
10 Bannister, Joshua	15	TYGE-CP	9:23.13
11 Clayton, Antony	16	LALE-CE	9:24.22
12 Solomon, Ethan	15	AQDO-CP	9:24.38
13 Terblanche, Luar	15	TYGE-CP	9:30.21
14 Strydom, Stepha	18	TYGE-CP	9:30.82
15 Möller, FC C	16	TYGE-CP	9:33.21
16 Lastroni, Giulian	17	TSC	9:36.69
17 Bezuidenhout, El	13	CASC-CP	9:45.10
18 Pautz, Nathan M	15	BLMA-CP	10:01.68
19 February, Gerard	14	CASC-CP	10:02.11
20 Verbeek, Pierre C	12	CASC-CP	10:12.23
21 Williams, Evan B	13	SSISA-CP	10:21.35
22 Goussard, Henry	13	GREY-CP	10:22.11
23 Kotzè, Max M	14	BLMA-CP	10:26.60
24 Lategan, Nicky N	14	SWAR-WC	10:29.83
25 Yeowart, Luke D	13	GREY-CP	10:36.80
26 Smit, Reynard-Gi	12	SFSC-CP	10:42.24
27 Loots, Noah C	12	ASAC-CP	10:42.96
28 Bouwer, Jason	13	TYGE-CP	10:44.74
29 Kotzè, Arden C	13	ASAW-CE	10:47.22
30 Yeowart, Seth W	13	GREY-CP	10:48.05
31 Van Zyl, Daniël R	12	TYGE-CP	10:48.07
32 Nel, Max	13	ROA-ED	10:52.77
33 Breebaart, Joshu	11	GREY-CP	10:55.61
34 Trower, Michael	12	TYGE-CP	10:59.21
35 Cavallaro, Michel	13	CYBE-CP	11:01.30
36 Cole, Jarryd C	13	SAAW-CP	11:15.23
37 Van Wyk, Jack R	12	CASC-CP	11:18.33
38 Rheeder, Liam M	13	PAQU-CE	11:21.60
39 Hodgskiss, Fin J	12	SSISA-CP	11:36.20

#600 Mixed 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Pearson-Adams, M13	13	SAAW-CP	31.64
2 Cavallaro, Michel	M13	CYBE-CP	31.65
3 Ahmed, Ayla	W12	SAAW-CP	32.13
4 Rheeder, Liam M	M13	PAQU-CE	32.44
5 Allwood, Kate S	W15	ASAC-CP	35.44
6 Vd Merwe, Mia	W25	CASC-CP	38.59

#601 Mixed 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time
1 Newton, Ava L	W14	CASC-CP	33.40
2 Bulose, Megan	W19	UWCA-CP	33.45
3 Yiorkas, Yiorgos	M14	BLOT-MA	34.09

4 Allwood, Kate S	W15	ASAC-CP	44.88
5 Vd Merwe, Mia	W25	CASC-CP	46.47

#602 Mixed 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Seed Time
1 Vd Merwe, Mia	W25	CASC-CP	48.94

#603 Mixed 50 LC Meter Butterfly Multi-Class

Name	Age	Team	Seed Time
1 Solomon, Ethan	M15	AQDO-CP	29.44
2 Nefdt, Grant	M16	AQDO-CP	29.86
3 Sadie, Christian	M26	LALE-CE	31.32
4 Bulose, Megan	W19	UWCA-CP	33.66
5 Yiorkas, Yiorgos	M14	BLOT-MA	34.36
6 Williams, Aqeela	W11	UWCA-CP	36.54
7 Vd Merwe, Mia	W25	CASC-CP	45.74
8 Allwood, Kate S	W15	ASAC-CP	51.49

#604 Mixed 100 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Allwood, Kate S	W15	ASAC-CP	1:17.49
2 Vd Merwe, Mia	W25	CASC-CP	1:28.29

#605 Mixed 100 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian	M26	LALE-CE	1:13.93
2 Yiorkas, Yiorgos	M14	BLOT-MA	1:16.37
3 Kriegler, Joanica	W19	LALE-CE	1:22.75
4 Williams, Aqeela	W11	UWCA-CP	1:28.92
5 Allwood, Kate S	W15	ASAC-CP	1:37.28
6 Vd Merwe, Mia	W25	CASC-CP	1:39.06

#607 Mixed 100 LC Meter Butterfly Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian	M26	LALE-CE	1:08.84
2 Rheeder, Liam M	M13	PAQU-CE	1:19.56
3 Williams, Aqeela	W11	UWCA-CP	1:21.53

#608 Mixed 200 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time
1 Neilson, Hannah	W18	UWCA-CP	2:14.10
2 Kriegler, Joanica	W19	LALE-CE	2:38.63
3 Allwood, Kate S	W15	ASAC-CP	2:52.94
4 Vd Merwe, Mia	W25	CASC-CP	3:16.09

#612 Mixed 200 LC Meter IM Multi-Class

Name	Age	Team	Seed Time
1 Sadie, Christian	M26	LALE-CE	2:38.09
2 Roman, Noah P	M13	AQDO-CP	2:43.50
3 Williams, Aqeela	W11	UWCA-CP	3:02.00
4 Allwood, Kate S	W15	ASAC-CP	3:21.01
5 Vd Merwe, Mia	W25	CASC-CP	3:49.91