

Individual Meet Entries Report

CLA Winter Mist 2026 07-Aug-26 to 08-Aug-26 SC Meters

Location: Curro Langebaan Aquatic Centre

Virgin Active Chad Le Clos [VACLC-CPT] Coach: Nico Manoussakis

WC

0828721361
leclos@gmail.com

WOMEN	Event	Time	Date	Meet
Godwin, Liyla (13) 2013/01/22				
# 111E	Women 12-13 100 Free	1:23,60S	2026/07/11	CTA JL #2 (L1)
# 114E	Women 12-13 200 Back	NT		
# 216E	Women 12-13 50 Back	43,15S	2026/06/27	CTA JL #1 (L1)
# 217E	Women 12-13 200 Free	2:55,08S	2026/07/11	CTA JL #2 (L1)
# 223E	Women 12-13 50 Breast	50,34S	2026/06/27	CTA JL #1 (L1)
# 225E	Women 12-13 50 Free	36,82S	2026/06/27	CTA JL #1 (L1)

Athletes count: 6

Kuhn, Alexa J (12) 2013/09/04

# 112A	Women 12-14 400 IM	NT		
# 214E	Women 12-13 200 Breast	NT		
# 222E	Women 12-13 200 IM	2:49,92S	2026/07/16	WCA SC Championships 2026
# 225E	Women 12-13 50 Free	31,54S	2026/07/16	WCA SC Championships 2026

Athletes count: 4

Singh, Pradhia (12) 2013/12/16

# 111E	Women 12-13 100 Free	1:19,86S	2026/03/06	SA Level 2 Regional Age Group Champs 2026-WC
# 113E	Women 12-13 100 Breast	1:40,69S	2026/02/13	Winelands SL Fin - February 2026
# 115E	Women 12-13 50 Fly	37,43S	2026/03/06	SA Level 2 Regional Age Group Champs 2026-WC
# 212E	Women 12-13 100 Back	1:29,34S	2026/01/31	West Coast Qualifying Gala 2026
# 217E	Women 12-13 200 Free	2:49,34S	2026/06/13	CTA QT #1 (L2 & up)
# 222E	Women 12-13 200 IM	3:05,15S	2026/06/13	CTA QT #1 (L2 & up)
# 224C	Women 12-13 100 Fly	1:31,57S	2026/02/13	Winelands SL Fin - February 2026

Athletes count: 7

Singh, Raya (11) 2015/07/13

# 111C	Women 10-11 100 Free	1:23,46S	2026/06/20	Whale Coast Winter Warmer
# 113C	Women 10-11 100 Breast	NT		
# 115C	Women 10-11 50 Fly	46,19S	2026/06/20	Whale Coast Winter Warmer
# 212C	Women 10-11 100 Back	1:37,62S	2026/06/13	CTA QT #1 (L2 & up)
# 216C	Women 10-11 50 Back	45,22S	2026/06/20	Whale Coast Winter Warmer
# 222C	Women 10-11 200 IM	3:21,97S	2026/06/13	CTA QT #1 (L2 & up)
# 223C	Women 10-11 50 Breast	53,97S	2026/06/20	Whale Coast Winter Warmer

Athletes count: 7

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MEN	Event	Time	Date	Meet
Potts, Carson R (12) 2014/03/10				
# 212F	Men 12-13 100 Back	1:59,01S	2025/07/05	CTA Junior League 1
# 214F	Men 12-13 200 Breast	3:57,47S	2026/01/31	West Coast Qualifying Gala 2026
# 216F	Men 12-13 50 Back	49,74S	2026/06/13	CTA QT #1 (L2 & up)
# 223F	Men 12-13 50 Breast	53,29S	2026/01/31	West Coast Qualifying Gala 2026
# 225F	Men 12-13 50 Free	42,27S	2026/03/06	SA Level 2 Regional Age Group Champs 2026-WC

Athletes count: 5

Potts, Hayden C (14) 2011/09/30				
# 212H	Men 14-15 100 Back	1:16,95S	2026/06/13	CTA QT #1 (L2 & up)
# 214H	Men 14-15 200 Breast	3:15,65S	2026/02/06	WCA-B Champs - 2026
# 216H	Men 14-15 50 Back	35,48S	2026/06/13	CTA QT #1 (L2 & up)
# 221B	Men 12-14 400 Free	5:42,21S	2026/02/13	Winelands SL Fin - February 2026
# 223H	Men 14-15 50 Breast	43,99S	2025/06/14	CTA SC INVITATIONAL MEET
# 225H	Men 14-15 50 Free	30,07S	2026/06/13	CTA QT #1 (L2 & up)

Athletes count: 6

Female IE's:	24
Male IE's:	11
Total IE's:	35
Total Athletes: 6	