

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 23 Girls 11 & Under 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Kruger, Isla	11	Quicksilver Aquatics Winelands-CE	NT	3:35.83
2 Faul, Ellen J	11	Quicksilver Aquatics Winelands-CE	3:35.62	3:41.53
3 Myburgh, Anique	11	Paarl Aquarius SC-CE	3:50.06	3:46.91
4 Anthony, Jazmin A	10	Paarl Aquarius SC-CE	3:51.84	3:50.37
5 Hawley, Nicola	11	Players-CE	3:53.84	3:51.91
6 Kalapac, Lexi	9	Blouberg Marlins-CP	3:59.43	3:52.19
7 Benjamin, Jiya	11	Paarl Aquarius SC-CE	NT	4:05.03
8 Kruger, Milan	11	Quicksilver Aquatics Winelands-CE	NT	4:21.45
9 Els, Lika	10	Quicksilver Aquatics Winelands-CE	NT	4:26.87

**Event 23 Girls 12 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Atkinson, Anouk E	12	Swartland Swim Club-WC	3:14.69	3:20.40
2 Dreyer, Arne'	12	Biosplash Swim Academy-CE	3:24.65	3:24.34
3 Mays, Amy	12	Curro Hermanus Aquatics-OB	3:31.77	3:33.56
4 Baadjies, Najya C	12	Paarl Aquarius SC-CE	3:39.63	3:41.88
5 Loots, Emmelize	12	Tygerberg Aquatics-CP	3:46.58	3:47.78
6 Rookoen-Smith, Helena B	12	Worcester Aquatics-CE	NT	3:58.18
7 Vd Bank, Mienke	12	Curro Hermanus Aquatics-OB	4:03.24	4:08.56

**Event 23 Girls 13 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Coleman, Madison	13	Blouberg Marlins-CP	3:05.88	3:09.49
2 Geysler, Almi	13	Lane Leader Stellenbosch-CE	3:20.62	3:18.75
3 Badenhorst, Storme	13	Marlin Swimming Club-CP	3:14.92	3:23.54
4 Aucamp, Larah	13	Tygerberg Aquatics-CP	3:31.36	3:27.49
5 Marais, Erica M	13	Blouberg Marlins-CP	3:26.21	3:29.19
6 Jansen van Rensburg, Emma	13	Quicksilver Aquatics Winelands-CE	3:43.95	3:32.22
7 Barnard, Adelmari D	13	Swartland Swim Club-WC	3:35.50	3:42.23
8 Brand, Sarah E	13	Aquasharks Winelands-CE	3:46.63	3:54.03
--- Visagie, Jani	13	Swartland Swim Club-WC	3:30.74	DQ 3:29.28

Non-simultaneous touch

**Event 23 Girls 14 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Visser, Sandri	14	Players-CE	3:09.08	3:12.36
2 Schreuder, Hannah G	14	Swimlab Aquatic Academ-CP	NT	3:18.63
3 Tsai, Emily A	14	Blouberg Marlins-CP	3:12.88	3:21.29
4 Röntgen, Carine	14	Aquasharks Winelands-CE	3:20.78	3:25.50
5 May, Cleo J	14	Marlin Swimming Club-CP	3:54.31	3:58.76

**Event 23 Women 15 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Beetge, Amy	15	Lane Leader Stellenbosch-CE	3:14.39	3:14.88
2 Wium, Sophia	15	Quicksilver Aquatics Winelands-CE	3:17.39	3:17.18
3 Van Reenen, Kirsten	15	Lane Leader Stellenbosch-CE	NT	3:22.51
4 Harris, Gemma	15	Marlin Swimming Club-CP	3:20.89	3:28.59

**Event 23 Women 16 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Bester, Christine F	16	Aquasharks Winelands-CE	2:55.39	2:57.81
2 Kriek, Mila	16	Quicksilver Aquatics Winelands-CE	3:09.12	3:09.86
3 Rinquest, Aqeelah	16	Marlin Swimming Club-CP	3:13.16	3:14.89
4 Vd Berg, Talia	16	Quicksilver Aquatics Winelands-CE	3:23.50	3:21.22
5 Anders, Erin D	16	Marlin Swimming Club-CP	3:23.06	3:27.94

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**Event 23 Boys 11 & Under 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Van Vondel, Roland	11	Tygerberg Aquatics-CP	3:48.72	3:42.79
2 Gamieldien, Idreess	11	Marlin Swimming Club-CP	3:45.54	3:46.91
3 Lategan, Wessel W	10	Swartland Swim Club-WC	3:58.97	3:56.73
4 Kruger, Zachary C	10	Swartland Swim Club-WC	NT	3:59.67
5 Bodenstein, Zane	11	Curro Langebaan Swim Club-WC	4:13.88	3:59.78
6 Baadjies, Cruden H	11	Paarl Aquarius SC-CE	4:10.10	4:00.11
7 Visagie, Dian	10	Swartland Swim Club-WC	4:07.91	4:15.52
8 Beirowski, Seth L	10	Blouberg Marlins-CP	4:24.20	4:16.44
9 Meintjes, Ruben	11	Quicksilver Aquatics Winelands-CE	NT	4:23.15

**Event 23 Boys 12 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Thomason, Jamie P	12	Swimlab Aquatic Academ-CP	NT	3:33.47
2 Meiring, Schalk	12	Quicksilver Aquatics Winelands-CE	3:33.15	3:35.31
3 Raath, Tayhne E	12	Blouberg Marlins-CP	NT	4:02.98

**Event 23 Boys 13 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Gilbert, Andrew A	13	Swimlab Aquatic Academ-CP	3:00.86	2:54.89
2 De Lange, Adriaan	13	Tygerberg Aquatics-CP	NT	3:11.32
3 Abrahams, Rayhan	13	Walmers SC-CP	3:17.50	3:18.46
4 Liedeman, Mark	13	Swartland Swim Club-WC	3:07.04	3:19.45
5 Wagener, Ethan H	13	Players-CE	NT	3:24.17
6 Kriek, Divan D	13	Quicksilver Aquatics Winelands-CE	3:23.95	3:26.07
7 Meintjes, Christiaan	13	Quicksilver Aquatics Winelands-CE	3:23.09	3:28.75
8 Brits, Ruben	13	Curro Hermanus Aquatics-OB	4:04.88	3:46.65

**Event 23 Boys 14 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Atkinson, Samuel A	14	Swartland Swim Club-WC	3:02.52	3:06.59
2 De Bruyn, Cornè C	14	Aqua Sharks Academy-CP	3:14.02	3:12.27
3 Vd Berg, Wilan	14	Quicksilver Aquatics Winelands-CE	3:23.41	3:36.72
--- Ochsenbein, Lukas	14	Aqua Sharks Academy-CP	NT	DQ DQ
One hand touch				

**Event 23 Men 15 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Bester, Francois A	15	Quicksilver Aquatics Winelands-CE	2:30.88	2:29.00
2 Wessels, Armin L	15	Lane Leader Stellenbosch-CE	2:45.25	2:45.57
3 Clayton, Antony L	15	Lane Leader Stellenbosch-CE	2:44.28	2:45.96
4 Karsten, Jody	15	Blouberg Marlins-CP	3:08.13	2:59.75
5 Alexander, Ammaar	15	Marlin Swimming Club-CP	2:47.83	3:05.49
6 Saayman, Dehan	15	Players-CE	3:07.26	3:09.35

**Event 23 Men 16 Year Olds 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Clayton, Franco P	16	Lane Leader Stellenbosch-CE	2:30.66	2:31.62
2 Omar, Ilyaas I	16	Marlin Swimming Club-CP	2:38.33	2:52.04
3 Van Vondel, Anton J	16	Tygerberg Aquatics-CP	NT	3:01.37

**Event 23 Men 17 & Over 200 LC Meter Breaststroke**

Name	Age	Team	Seed Time	Finals Time
1 Etzold, Peter S	17	Vineyard SC-CP	2:21.53	2:28.44
2 Louw, Andro	18	Kovsies Swimming Club Bfn-MA	NT	2:32.78
3 Kotze, Pierce	17	Worcester Aquatics-CE	2:48.31	2:47.16
4 Waters, Zack L	17	Swimlab Aquatic Academ-CP	2:43.46	2:47.88

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 25 Girls 11 & Under 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 De Villiers, Anja	11	Tygerberg Aquatics-CP	1:28.94	1:25.96
2 Faul, Ellen J	11	Quicksilver Aquatics Winelands-CE	1:29.11	1:42.51
3 Abrahams, Amaani	11	Marlin Swimming Club-CP	1:39.04	1:42.75
4 Engelbrecht, Aneeqah	10	Paarl Aquarius SC-CE	NT	2:02.35

**Event 25 Girls 12 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Basson, Lenè	12	Curro Langebaan Swim Club-WC	1:26.21	1:27.39

**Event 25 Girls 13 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Huang, Amelia A	13	Blouberg Marlins-CP	1:11.57	1:16.65
2 Liebenberg, Emily M	13	Swartland Swim Club-WC	1:16.29	1:18.00
3 Zeelie, Shanna-Leigh	13	Blouberg Marlins-CP	1:22.54	1:23.28
4 Van Galen, Ava-Loren	13	Biosplash Swim Academy-CE	NT	1:24.34

**Event 25 Girls 14 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Grobbelaar, Chanè M	14	Swartland Swim Club-WC	NT	1:33.92
2 Burger, Mignon	14	Swartland Swim Club-WC	1:41.06	1:34.50

**Event 25 Women 15 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Fury, Rebecca G	15	Vineyard SC-CP	1:07.87	1:08.29
2 Webber, Isabella L	15	Vineyard SC-CP	1:11.86	1:13.77
3 Ryser, Aurora	15	Tygerberg Aquatics-CP	1:14.47	1:14.60
4 Jeftha, Zara L	15	Marlin Swimming Club-CP	NT	1:23.09

**Event 25 Women 16 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Van Niekerk, Lica	16	Quicksilver Aquatics Winelands-CE	1:07.73	1:07.87
2 Smidt, Clio J	16	Marlin Swimming Club-CP	1:11.07	1:10.56
3 Vorster, Carli	16	Swartland Swim Club-WC	1:14.09	1:20.31
4 Havenga, Skyla K	16	Curro Langebaan Swim Club-WC	1:15.86	1:20.63

**Event 25 Women 17 & Over 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Uys, Tara	17	Tygerberg Aquatics-CP	1:11.64	1:12.02
2 Heyes, Danielle A	17	Aqua Sharks Academy-CP	NT	1:22.66

**Event 25 Boys 11 & Under 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Barnard, Theo J	10	Swartland Swim Club-WC	1:33.34	1:31.65
2 Weber, Daniel	11	Players-CE	1:27.26	1:35.81
3 Lewis, Amaru C	10	Paarl Aquarius SC-CE	1:58.22	2:00.09
--- De Jager, Eben Alternating Kick	11	Quicksilver Aquatics Winelands-CE	1:42.34	DQ DQ
--- Cleophas, Lee L False start	11	Paarl Aquarius SC-CE	2:06.30	DQ DQ

**Event 25 Boys 12 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Kotzè, Arden C	12	Paarl Aquarius SC-CE	1:14.36	1:19.90
2 Oosthuizen, Ethan	12	Players-CE	1:22.45	1:24.97

**Event 25 Boys 13 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 De Kock, John P	13	Lane Leader Stellenbosch-CE	1:08.05	1:09.35

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 25 Boys 13 Year Olds 100 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
2 Beukes, Jaden L	13	Walmers SC-CP	1:14.15	1:12.83
3 Poggenpoel, Troy J	13	Marlin Swimming Club-CP	1:15.76	1:17.55
4 Burger, Rosseau	13	Lane Leader Stellenbosch-CE	1:17.10	1:19.09
5 Lategan, Nicky N	13	Swartland Swim Club-WC	1:16.37	1:19.95
6 Cleophas, Kyle	13	Paarl Aquarius SC-CE	1:42.18	1:28.15

**Event 25 Boys 14 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Trower, Nic T	14	Tygerberg Aquatics-CP	1:08.36	1:05.39
2 Kalapac, Joshua	14	Blouberg Marlins-CP	1:08.24	1:08.22
3 Pautz, Nathan M	14	Blouberg Marlins-CP	1:15.17	1:14.98
--- Burmeister, Marius	14	Quicksilver Aquatics Winelands-CE	1:26.06	DQ DQ
Alternating Kick				

**Event 25 Men 15 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Pearson, Tai L	15	Vineyard SC-CP	54.85	56.18
2 Engelbrecht, Ruben J	15	Players-CE	1:02.60	1:06.78
3 Geysler, Jacques M	15	Lane Leader Stellenbosch-CE	1:08.17	1:07.59
4 Smit, MJ M	15	Jvr Aqua Sport-CP	1:07.99	1:09.02
5 Nelson, Christopher A	15	Lane Leader Stellenbosch-CE	NT	1:09.09
6 Gilbert, Thomas O	15	Swimlab Aquatic Academ-CP	1:11.08	1:10.37
7 Schreuder, Steffen	15	Aquasharks Winelands-CE	1:10.66	1:12.58
8 Hendricks, Joshua	15	Lane Leader Stellenbosch-CE	1:11.71	1:12.87
9 Vd Walt, Lourens M	15	Quicksilver Aquatics Winelands-CE	NT	1:17.81

**Event 25 Men 16 Year Olds 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Stander, Daniel E	16	Lane Leader Stellenbosch-CE	1:01.43	1:01.07
2 Kotzè, Kailen M	16	Paarl Aquarius SC-CE	1:02.29	1:01.78
3 McWilliam, Benn D	16	Tygerberg Aquatics-CP	1:01.57	1:02.41
4 Wright, Keegan	16	Tygerberg Aquatics-CP	NT	1:03.55
5 Foot, Aiden C	16	Swartland Swim Club-WC	1:06.59	1:06.34
6 Malherbe, Nicholas N	16	Lane Leader Stellenbosch-CE	1:03.45	1:06.56

**Event 25 Men 17 & Over 100 LC Meter Butterfly**

Name	Age	Team	Seed Time	Finals Time
1 Vd Merwe, Johan H	17	Maties Aquatics-CE	57.63	57.03
2 Potgieter, Wikus R	18	Vineyard SC-CP	55.75	57.90
3 Truter, Petrus C	19	Lane Leader Stellenbosch-CE	NT	59.17
4 Schlechter, Gustav	20	Lane Leader Stellenbosch-CE	58.54	59.49
5 Peceur, Mark D	18	Paarl Aquarius SC-CE	1:02.71	1:02.47
6 Van Heerden, Stefan F	17	Lane Leader Stellenbosch-CE	NT	1:03.07
7 Beukes, Mateo A	17	Walmers SC-CP	1:04.04	1:03.12
8 Swart, Niklis	17	Players-CE	1:01.89	1:03.30
9 Van Reenen, Ryan	24	Blouberg Marlins-CP	1:03.45	1:04.06
10 Hibberd, Matthew	25	Blouberg Marlins-CP	1:02.73	1:04.93
11 Abrahams, Wasfi	17	Marlin Swimming Club-CP	1:06.24	1:06.35
12 Treurnicht, Wim G	17	Players-CE	1:04.84	1:06.85
13 Terblanche, Kiaan C	17	Tygerberg Aquatics-CP	1:03.07	1:07.18
14 Anthony, Ammar	20	Marlin Swimming Club-CP	1:05.01	1:07.60

**Event 27 Girls 11 & Under 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Villiers, Anja	11	Tygerberg Aquatics-CP	36.96	39.11
2 Fenner, Olivia M	11	Quicksilver Aquatics Winelands-CE	42.09	42.51
3 Louw, Isabella A	11	Blouberg Marlins-CP	39.98	42.59

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 27 Girls 11 & Under 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
4 Oliver, Isabella	11	Quicksilver Aquatics Winelands-CE	42.87	42.83
5 Bircher, Storm Z	11	Curro Hermanus Aquatics-OB	44.78	44.12
6 Van Wyk, Josie	10	Lane Leader Stellenbosch-CE	44.28	46.06
7 Darling, Jessica	11	Blouberg Marlins-CP	44.74	46.11
8 Gerischer, Leah E	11	Biosplash Swim Academy-CE	45.86	46.15
9 De Beer, Isabella C	11	Quicksilver Aquatics Winelands-CE	43.16	46.24
10 Ferguson, Evie D	10	Blouberg Marlins-CP	47.69	47.52
11 Durrans, Jana A	11	Quicksilver Aquatics Winelands-CE	46.82	47.67
12 Liebenberg, Aimee L	11	Swartland Swim Club-WC	47.38	48.09
13 Hawley, Nicola	11	Players-CE	45.40	48.57
14 Kruger, Milan	11	Quicksilver Aquatics Winelands-CE	48.75	48.99
15 Brink, Anye	10	Quicksilver Aquatics Winelands-CE	50.83	49.15
16 Breytenbach, Amore	10	Quicksilver Aquatics Winelands-CE	NT	51.14
17 Jacobs, Mabet	10	Agulhas Aquatics-OB	50.25	51.36
18 Marais, Jodi	11	Blouberg Marlins-CP	NT	53.38
19 Joubert, Elle	11	Quicksilver Aquatics Winelands-CE	53.47	53.72
20 Ferreira, Liane	11	Players-CE	NT	54.53
21 Engelbrecht, Aneeqah	10	Paarl Aquarius SC-CE	57.44	55.36
22 Swanepoel, Emma	8	Curro Langebaan Swim Club-WC	55.66	56.20
23 Myburgh, Anique	11	Paarl Aquarius SC-CE	55.88	57.10
24 Liedeman, Hayley	9	Swartland Swim Club-WC	57.00	57.36
25 Benjamin, Jiya	11	Paarl Aquarius SC-CE	54.42	57.44
26 Jaftas, Zoey	11	Paarl Aquarius SC-CE	NT	59.38
27 Huang, Olivia O	8	Blouberg Marlins-CP	1:00.83	1:04.55
28 Kriel, Cari	9	Worcester Aquatics-CE	57.64	1:04.91
29 vd Bank, Mihanka	9	Curro Hermanus Aquatics-OB	1:07.58	1:08.27

**Event 27 Girls 12 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Dreyer, Arne'	12	Biosplash Swim Academy-CE	NT	39.72
2 Fourie, Emma	12	Blouberg Marlins-CP	39.95	39.73
3 Bosman, Daizeli	12	Players-CE	39.04	40.03
4 Saayman, Nika D	12	Players-CE	39.63	40.64
5 Robinson, Alana	12	Swimlab Aquatic Academ-CP	43.28	41.44
6 Dreyer, Sadie	12	Biosplash Swim Academy-CE	NT	42.96
7 Mays, Amy	12	Curro Hermanus Aquatics-OB	41.83	43.70
8 Reid, Martine	12	Players-CE	46.43	44.03
9 Engela, Emma N	12	Swimlab Aquatic Academ-CP	NT	44.28
10 Engela, Isabel C	12	Swimlab Aquatic Academ-CP	NT	44.56
11 Brink, Jani	12	Quicksilver Aquatics Winelands-CE	44.72	46.21
12 Rookan-Smith, Helena B	12	Worcester Aquatics-CE	48.16	47.45
13 Vd Bank, Mienke	12	Curro Hermanus Aquatics-OB	46.38	47.70
14 Guntelach, Yemima T	12	Worcester Aquatics-CE	53.00	52.60
15 Gempies, Carla C	12	Worcester Aquatics-CE	55.38	57.75
16 Baadjies, Najya C	12	Paarl Aquarius SC-CE	59.51	58.15

**Event 27 Girls 13 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Combrink, Amy	13	Vineyard SC-CP	33.04	34.30
2 Juries, Sam C	13	Curro Langebaan Swim Club-WC	37.02	37.31
3 Bruwer, Casey	13	Blouberg Marlins-CP	37.95	38.37
4 Vorster, Mia	13	Swartland Swim Club-WC	35.84	39.07
5 Wessels, Remy L	13	Agulhas Aquatics-OB	44.78	42.91
6 Davie, Morgan J	13	Blouberg Marlins-CP	42.68	44.49
7 Louw, Margo	13	Quicksilver Aquatics Winelands-CE	45.26	45.45
8 Van Dyk, Isabè	13	Curro Hermanus Aquatics-OB	42.42	46.81

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**Event 27 Girls 14 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Goebel, Zoë	14	Tygerberg Aquatics-CP	34.74	35.45
2 Jarvis, Jade	14	Swimlab Aquatic Academ-CP	NT	39.16
3 Schreuder, Hannah G	14	Swimlab Aquatic Academ-CP	NT	39.22
4 Burger, Leandrè	14	Quicksilver Aquatics Winelands-CE	40.02	39.79
5 Grootboom, Lulu R	14	Swartland Swim Club-WC	NT	39.88
6 Brand, Emsie	14	Swartland Swim Club-WC	41.16	40.44
7 Louw, Tenè	14	Blouberg Marlins-CP	NT	41.99
8 Buhr, Lelanie	14	Swartland Swim Club-WC	39.70	42.46
9 Grobbelaar, Chanè M	14	Swartland Swim Club-WC	43.16	43.81
10 Van Tonder, Nina L	14	Worcester Aquatics-CE	41.86	44.28
11 Kemp, Anè	14	Swartland Swim Club-WC	42.65	44.47
12 May, Cleo J	14	Marlin Swimming Club-CP	44.05	44.81
13 Van Zyl, Teyna C	14	Worcester Aquatics-CE	42.17	45.21
14 Burger, Mignon	14	Swartland Swim Club-WC	43.96	45.24

**Event 27 Women 15 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Wet, Emma M	15	Vineyard SC-CP	30.18	32.28

**Event 27 Women 16 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Van Huyssteen, Miette	16	Curro Hermanus Aquatics-OB	34.65	36.13
2 Van der Walt, Isabella	16	Quicksilver Aquatics Winelands-CE	41.81	42.66
3 Davids, Kiara H	16	Marlin Swimming Club-CP	44.47	46.37

**Event 27 Women 17 & Over 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Jongh, Grace	17	Lane Leader Stellenbosch-CE	30.06	32.08
2 De Villiers, Lezanne	18	Players-CE	31.46	32.38
3 Yeldon, Annika S	17	Lane Leader Stellenbosch-CE	30.74	32.91
4 Rathner, Ava	17	Swimlab Aquatic Academ-CP	32.38	33.33
5 Canter, Jessica A	23	Lane Leader Stellenbosch-CE	33.66	33.98
6 Renecke, Jen C	17	Vineyard SC-CP	35.54	35.40
7 Heyes, Danielle A	17	Aqua Sharks Academy-CP	NT	37.28
8 O'Neill, Melisa A	31	Aqua Sharks Academy-CP	NT	55.56

**Event 27 Boys 11 & Under 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Möller, Van Zyl V	11	Tygerberg Aquatics-CP	39.46	41.99
2 Tsai, Ethan M	11	Blouberg Marlins-CP	NT	43.10
3 Faulkner, Callum E	11	Blouberg Marlins-CP	41.42	43.21
4 Brand, Kobus P	11	Swartland Swim Club-WC	43.36	43.53
5 Conradie, D'Niel	10	Aquasharks Winelands-CE	42.75	44.35
6 Cillie, Evan J	11	Biosplash Swim Academy-CE	48.33	44.74
7 Fenner, Jenson V	10	Quicksilver Aquatics Winelands-CE	47.84	45.96
8 Mallin, Lukas	8	Swimlab Aquatic Academ-CP	41.74	46.40
9 Stander, Christiaan L	10	Aquasharks Winelands-CE	43.50	46.78
10 Lewis, Amaru C	10	Paarl Aquarius SC-CE	46.27	47.51
11 Schabort, Lowen	9	Quicksilver Aquatics Winelands-CE	50.28	47.68
12 Blake, Jeremy	11	Swimlab Aquatic Academ-CP	NT	47.92
13 Anderson, Chase	10	Blouberg Marlins-CP	NT	48.66
14 Wagener, Tiaan H	10	Aquasharks Winelands-CE	43.56	49.33
15 Oliver, Luca	10	Quicksilver Aquatics Winelands-CE	49.41	49.66
16 Coetzee, Willem A	11	Quicksilver Aquatics Winelands-CE	50.03	50.30
17 De Jongh, Deacon	10	Lane Leader Stellenbosch-CE	49.72	52.60
18 Lategan, Wessel W	10	Swartland Swim Club-WC	46.31	53.21

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 27 Boys 11 & Under 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
19 Kruger, Blake R	9	Swartland Swim Club-WC	50.18	53.41
20 Snyders, Dylan	10	Curro Langebaan Swim Club-WC	52.45	53.44
21 Baadjies, Cruden H	11	Paarl Aquarius SC-CE	52.02	53.67
22 Basson, Zion	10	Curro Langebaan Swim Club-WC	55.89	54.43
23 Meiring, Lukas	10	Quicksilver Aquatics Winelands-CE	54.19	55.13
24 Bester, Daniël M	11	Quicksilver Aquatics Winelands-CE	50.13	55.48
25 Bester, Nico	11	Quicksilver Aquatics Winelands-CE	51.50	55.69
26 Rheeder, Ian S	11	Quicksilver Aquatics Winelands-CE	NT	57.19
27 Fouche, Xander M	11	Worcester Aquatics-CE	NT	57.47
28 Malherbe, Max M	9	Quicksilver Aquatics Winelands-CE	1:02.76	57.78
29 Burmeister, Zak	11	Quicksilver Aquatics Winelands-CE	53.47	58.36
30 Van der Merwe, Dandre J	10	Biosplash Swim Academy-CE	49.35	58.90
31 Kock, Alex N	10	Quicksilver Aquatics Winelands-CE	NT	59.71
32 Botha, Anthonie N	10	Quicksilver Aquatics Winelands-CE	53.60	1:00.55
33 Jooste, Ben D	11	Curro Hermanus Aquatics-OB	NT	1:02.16
34 Basson, Henk	10	Lane Leader Stellenbosch-CE	NT	1:02.79
35 Whitehouse, Bramwell A	8	Curro Hermanus Aquatics-OB	1:03.46	1:06.68
36 Joubert, Daniel J	8	Quicksilver Aquatics Winelands-CE	1:03.31	1:18.25

**Event 27 Boys 12 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Du Plessis, Jason F	12	Curro Langebaan Swim Club-WC	37.60	37.52
2 Oosthuizen, Ethan	12	Players-CE	37.64	38.09
3 Snyders, Kyle	12	Curro Langebaan Swim Club-WC	36.51	38.27
4 Grobler, Reuben C	12	Players-CE	40.27	39.28
5 De Koker, Erik D	12	Players-CE	39.44	39.69
6 Marais, Ricus	12	Blouberg Marlins-CP	NT	40.70
7 Thomason, Jamie P	12	Swimlab Aquatic Academ-CP	40.99	41.73
8 Rheeder, Liam M	12	Paarl Aquarius SC-CE	38.78	41.81
9 Wessels, Connor M	12	Blouberg Marlins-CP	45.26	47.42
10 Lategan, Matteau A	12	Paarl Aquarius SC-CE	NT	55.42

**Event 27 Boys 13 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Kotze, Eric B	13	Biosplash Swim Academy-CE	29.30	29.46
2 De Kock, John P	13	Lane Leader Stellenbosch-CE	31.71	33.24
3 De Lange, Adriaan	13	Tygerberg Aquatics-CP	32.19	33.63
4 Barge, Zac	13	Swimlab Aquatic Academ-CP	35.20	36.97
5 Abrahams, Rayhan	13	Walmers SC-CP	38.47	38.20
6 Booyesen, Derek	13	Players-CE	43.86	44.35
7 Esterhuizen, Meinhardt	13	Swartland Swim Club-WC	NT	44.46
8 Louw, Jaco A	13	Swartland Swim Club-WC	43.63	45.31
9 Holland-Muter, Jesse	13	Swartland Swim Club-WC	46.62	45.54
10 Wagener, Ethan H	13	Players-CE	45.15	47.40
11 Coetzee, Kevin D	13	Players-CE	NT	49.73

**Event 27 Boys 14 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Trower, Nic T	14	Tygerberg Aquatics-CP	31.29	31.35
2 Wollenschlaeger, Noah	14	Vineyard SC-CP	31.24	31.74
3 Ochsenbein, Lukas	14	Aqua Sharks Academy-CP	NT	33.03
4 Myburgh, Ruan	14	Blouberg Marlins-CP	35.93	35.66
5 Hewitt-Smook, Kristian	14	Swartland Swim Club-WC	36.16	35.96
6 Heyes, Garrick T	14	Aqua Sharks Academy-CP	NT	37.46
7 Vd Berg, Wilan	14	Quicksilver Aquatics Winelands-CE	39.09	40.59

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 27 Boys 14 Year Olds 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
--- O'Ryan, Seth P	14	Swimlab Aquatic Academ-CP	NT	DQ DQ
Completely submerged prior to turn or finish				

**Event 27 Men 15 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Esterhuysen, Joshua N	15	Tygerberg Aquatics-CP	29.60	30.00
2 Orchard, Thomas J	15	Swartland Swim Club-WC	30.52	31.87
3 Engelbrecht, Ruben J	15	Players-CE	30.98	32.93
4 Geysler, Jacques M	15	Lane Leader Stellenbosch-CE	NT	33.68
5 Clarke, Liam	15	Lane Leader Stellenbosch-CE	NT	33.90
6 Engelbrecht, Christie	15	Paarl Aquarius SC-CE	NT	34.31
7 McWilliam, Troy J	15	Tygerberg Aquatics-CP	NT	36.19
8 Boonzaaier, Simon F	15	Aquasharks Winelands-CE	NT	39.08
9 Harel, Sebastian M	15	Blouberg Marlins-CP	40.02	40.47

**Event 27 Men 16 Year Olds 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Potgieter, Michael M	16	Lane Leader Stellenbosch-CE	30.33	31.41

**Event 27 Men 17 & Over 50 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Pool-Jones, Jonah B	20	Maties Aquatics-CE	27.09	28.24
2 Burger, Schalk S	17	Swartland Swim Club-WC	29.34	30.78
3 Myburgh, Jordan	17	Blouberg Marlins-CP	31.20	32.76
4 Strydom, Stephan	17	Tygerberg Aquatics-CP	NT	33.05
5 Krog, Willem	17	Curro Hermanus Aquatics-OB	NT	37.88
6 O'Neill, Sean C	38	Aqua Sharks Academy-CP	NT	50.13

**Event 29 Girls 11 & Under 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 De Villiers, Anja	11	Tygerberg Aquatics-CP	2:57.10	3:01.45
2 Stilwayney, Mia C	10	Paarl Aquarius SC-CE	NT	3:29.02
3 Van Wyk, Josie	10	Lane Leader Stellenbosch-CE	3:43.37	3:36.90
4 Bircher, Storm Z	11	Curro Hermanus Aquatics-OB	3:40.39	3:37.31
5 Kalapac, Lexi	9	Blouberg Marlins-CP	3:45.84	3:37.98
6 Anthony, Jazmin A	10	Paarl Aquarius SC-CE	3:45.28	3:40.71
7 De Beer, Isabella C	11	Quicksilver Aquatics Winelands-CE	NT	3:42.46
8 Hansen, Margelie	11	Players-CE	NT	3:50.09
9 Abrahams, Stella	11	Players-CE	NT	3:50.87
10 Flack, Francesca	11	Curro Langebaan Swim Club-WC	3:47.29	3:52.74
11 Gilligan, Saskia	9	Blouberg Marlins-CP	NT	3:55.83
12 Havemann, Carlin	11	Quicksilver Aquatics Winelands-CE	NT	3:56.60
13 Kent, Isabelle M	10	Blouberg Marlins-CP	4:02.11	3:57.31
14 Dabrowski, Leah A	9	Blouberg Marlins-CP	4:04.66	3:57.47
15 Beyers, Lize M	9	Agulhas Aquatics-OB	NT	3:58.47
16 Ferguson, Evie D	10	Blouberg Marlins-CP	NT	4:00.51
17 Elan-Puttick, Olivia A	11	Quicksilver Aquatics Winelands-CE	NT	4:02.70
18 Marais, Jodi	11	Blouberg Marlins-CP	NT	4:03.16
19 Benjamin, Jiya	11	Paarl Aquarius SC-CE	NT	4:04.88
20 Brink, Anye	10	Quicksilver Aquatics Winelands-CE	4:22.07	4:07.65
21 Myburgh, Anique	11	Paarl Aquarius SC-CE	4:21.35	4:10.56
22 Ferreira, Liane	11	Players-CE	NT	4:15.77
23 Jaftas, Zoey	11	Paarl Aquarius SC-CE	NT	4:19.25
24 Els, Lika	10	Quicksilver Aquatics Winelands-CE	NT	4:29.35
--- Van de Vyver, Mia	10	Quicksilver Aquatics Winelands-CE	3:53.83	DQ 3:44.79
Did not finish on back - back				



**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 29 Girls 12 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Van Wyk, Katie R	12	Blouberg Marlins-CP	3:14.44	3:11.28
2 Fourie, Emma	12	Blouberg Marlins-CP	3:15.29	3:13.32
3 Atkinson, Anouk E	12	Swartland Swim Club-WC	3:10.93	3:18.54
4 Dreyer, Sadie	12	Biosplash Swim Academy-CE	NT	3:24.92
5 Brink, Jani	12	Quicksilver Aquatics Winelands-CE	3:39.19	3:33.90
6 Nieuwstadt, Ruby	12	Blouberg Marlins-CP	3:35.54	3:34.25

**Event 29 Girls 13 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Badenhorst, Storme	13	Marlin Swimming Club-CP	2:53.59	3:01.89
2 Aucamp, Larah	13	Tygerberg Aquatics-CP	NT	3:15.95
3 McWilliam, Amy L	13	Tygerberg Aquatics-CP	3:12.17	3:16.03
4 Jansen van Rensburg, Emma	13	Quicksilver Aquatics Winelands-CE	3:27.04	3:16.87
5 Barnard, Adelmari D	13	Swartland Swim Club-WC	3:22.92	3:20.65

**Event 29 Girls 14 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Goebel, Zoë	14	Tygerberg Aquatics-CP	2:53.02	2:50.69
2 Havemann, Bella	14	Maties Aquatics-CE	2:59.74	2:56.42
*3 Jarvis, Jade	14	Swimlab Aquatic Academ-CP	NT	2:59.56
*3 Röntgen, Carine	14	Aquasharks Winelands-CE	2:57.08	2:59.56
5 Pieterse, Chloe	14	Quicksilver Aquatics Winelands-CE	3:05.89	3:08.87
6 Louw, Tenè	14	Blouberg Marlins-CP	NT	3:29.80
7 Van Tonder, Nina L	14	Worcester Aquatics-CE	3:32.32	3:30.45
8 Van Zyl, Teyna C	14	Worcester Aquatics-CE	NT	3:37.38

**Event 29 Women 15 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Ryser, Aurora	15	Tygerberg Aquatics-CP	2:40.83	2:44.80
2 Van Reenen, Kirsten	15	Lane Leader Stellenbosch-CE	2:54.17	3:00.72
3 Louw, Alexa	15	Blouberg Marlins-CP	2:56.47	3:01.07
4 Mansfield, Bella K	15	Lane Leader Stellenbosch-CE	3:00.98	3:01.59
5 Flack, Rebecca I	15	Curro Langebaan Swim Club-WC	3:05.46	3:15.38
--- Steenkamp, Aliska	15	Worcester Aquatics-CE	NT	DQ 3:33.75
One hand touch - breast				

**Event 29 Women 16 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Van Niekerk, Lica	16	Quicksilver Aquatics Winelands-CE	2:33.35	2:32.98
2 Vd Berg, Talia	16	Quicksilver Aquatics Winelands-CE	2:58.70	3:03.63
3 Van der Walt, Isabella	16	Quicksilver Aquatics Winelands-CE	3:08.42	3:12.63
--- Novello, Utah	16	Curro Langebaan Swim Club-WC	2:40.71	DQ 2:51.38
Non-continuous turning action - back				

**Event 29 Women 17 & Over 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 LE Roux, Chloe	18	Kovsies Swimming Club Bfn-MA	2:34.04	2:35.01
2 Cilliers, Kara K	17	Quicksilver Aquatics Winelands-CE	2:35.90	2:35.49
3 Booth, Jess H	20	Maties Aquatics-CE	2:35.29	2:40.09

**Event 29 Boys 11 & Under 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Faulkner, Callum E	11	Blouberg Marlins-CP	3:17.74	3:09.38
2 Barnard, Theo J	10	Swartland Swim Club-WC	3:17.92	3:12.62
3 Jonas, Leonardo	11	Quicksilver Aquatics Winelands-CE	3:27.39	3:15.60
4 Tsai, Ethan M	11	Blouberg Marlins-CP	NT	3:16.87
5 De Jager, Eben	11	Quicksilver Aquatics Winelands-CE	3:38.29	3:25.15

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**(Event 29 Boys 11 & Under 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
6 Kruger, Zachary C	10	Swartland Swim Club-WC	3:31.14	3:26.96
7 Schreve, Lehan	10	Swartland Swim Club-WC	3:27.33	3:33.72
8 Schabort, Lowen	9	Quicksilver Aquatics Winelands-CE	NT	3:34.70
9 Hough, Caleb	11	Curro Langebaan Swim Club-WC	3:36.42	3:39.45
10 Oliver, Luca	10	Quicksilver Aquatics Winelands-CE	NT	3:39.67
11 Blake, Jeremy	11	Swimlab Aquatic Academ-CP	NT	3:40.89
12 Bester, Daniël M	11	Quicksilver Aquatics Winelands-CE	3:53.58	4:01.28
13 Fouche, Xander M	11	Worcester Aquatics-CE	3:52.38	4:03.72
14 Beirowski, Seth L	10	Blouberg Marlins-CP	NT	4:11.51
15 Meiring, Lukas	10	Quicksilver Aquatics Winelands-CE	NT	4:12.29
16 Kock, Alex N	10	Quicksilver Aquatics Winelands-CE	NT	4:20.65
17 Meintjes, Ruben	11	Quicksilver Aquatics Winelands-CE	NT	4:25.98
--- Weber, Daniel	11	Players-CE	3:13.69	DQ 3:17.50
Did not finish on back - back				
--- Visagie, Dian	10	Swartland Swim Club-WC	3:43.67	DQ 3:53.93
Alternating Kick - fly				
--- Whitehead, Charl H	10	Biosplash Swim Academy-CE	NT	DQ 4:09.45
Arms underwater recovery - fly				

**Event 29 Boys 12 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Van Graan, Matthew D	12	Biosplash Swim Academy-CE	3:04.39	3:02.08
2 Du Plessis, Jason F	12	Curro Langebaan Swim Club-WC	3:09.89	3:10.30
3 Marais, Ricus	12	Blouberg Marlins-CP	NT	3:21.72
4 Grobler, Reuben C	12	Players-CE	3:28.71	3:26.08
5 Meiring, Schalk	12	Quicksilver Aquatics Winelands-CE	3:34.63	3:28.34
6 Raath, Tayhne E	12	Blouberg Marlins-CP	3:40.17	3:38.02
7 Lategan, Matteau A	12	Paarl Aquarius SC-CE	NT	4:05.38
8 Wium, Hugo H	12	Quicksilver Aquatics Winelands-CE	NT	4:09.98

**Event 29 Boys 13 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Gilbert, Andrew A	13	Swimlab Aquatic Academ-CP	2:43.33	2:47.41
2 Beukes, Jaden L	13	Walmers SC-CP	2:50.97	2:48.72
3 Poggenpoel, Troy J	13	Marlin Swimming Club-CP	2:49.90	2:51.98
4 Jacobs, Zoon S	13	Lane Leader Stellenbosch-CE	3:04.46	3:05.26
5 Kriek, Divan D	13	Quicksilver Aquatics Winelands-CE	3:01.47	3:05.63
6 Strydom, Benrich	13	Worcester Aquatics-CE	3:29.50	3:35.22
7 Brits, Ruben	13	Curro Hermanus Aquatics-OB	NT	3:47.98
8 Esterhuizen, Meinhardt	13	Swartland Swim Club-WC	NT	3:48.33
9 Burger, Francois F	13	Swartland Swim Club-WC	NT	4:08.37

**Event 29 Boys 14 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Kalapac, Joshua	14	Blouberg Marlins-CP	2:31.82	2:36.74
2 Atkinson, Samuel A	14	Swartland Swim Club-WC	2:39.09	2:42.96
3 Myburgh, Ruan	14	Blouberg Marlins-CP	2:43.41	2:43.34
4 Hewitt-Smook, Kristian	14	Swartland Swim Club-WC	2:46.85	2:46.78
5 Hahn, Rudi Y	14	Agulhas Aquatics-OB	NT	3:12.52
6 Burmeister, Marius	14	Quicksilver Aquatics Winelands-CE	3:14.09	3:13.79

**Event 29 Men 15 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Esterhuysen, Joshua N	15	Tygerberg Aquatics-CP	2:16.40	2:17.57
3 Nelson, Christopher A	15	Lane Leader Stellenbosch-CE	2:26.88	2:26.08
4 Clayton, Antony L	15	Lane Leader Stellenbosch-CE	2:26.44	2:26.30
5 Wessels, Armin L	15	Lane Leader Stellenbosch-CE	2:36.40	2:34.23

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**(Event 29 Men 15 Year Olds 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time
6 McWilliam, Troy J	15	Tygerberg Aquatics-CP	2:32.08	2:34.80
7 Alexander, Ammaar	15	Marlin Swimming Club-CP	2:26.34	2:34.83
8 Möller, FC C	15	Tygerberg Aquatics-CP	2:34.26	2:37.85
9 Vd Walt, Lourens M	15	Quicksilver Aquatics Winelands-CE	NT	2:50.13
10 Botha, Lourens	15	Curro Langebaan Swim Club-WC	2:56.35	3:06.52
11 Harel, Sebastian M	15	Blouberg Marlins-CP	3:33.15	3:31.63

**Event 29 Men 16 Year Olds 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 McWilliam, Benn D	16	Tygerberg Aquatics-CP	2:21.63	2:23.42
*2 Hugo, Retief R	16	Aquasharks Winelands-CE	2:21.47	2:23.13
*2 Omar, Ilyaas I	16	Marlin Swimming Club-CP	2:26.73	2:28.71
3 Spiro, Gabriel	16	Blouberg Marlins-CP	2:31.79	2:38.35
4 Booysen, Matthew	16	Blouberg Marlins-CP	2:46.47	2:47.47
5 Van der Sandt, Joah N	16	Worcester Aquatics-CE	NT	3:44.22

**Event 29 Men 17 & Over 200 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time
1 Louw, Andro	18	Kovsies Swimming Club Bfn-MA	NT	2:14.45
2 West, Gabriel	18	Tygerberg Aquatics-CP	2:18.90	2:19.29
3 Swart, Niklis	17	Players-CE	2:24.96	2:26.26
4 Barnard, Rohan C	18	Blouberg Marlins-CP	2:29.45	2:29.41
5 Beukes, Mateo A	17	Walmers SC-CP	2:34.92	2:35.43
6 Gounden, Mikhael A	17	Curro Langebaan Swim Club-WC	2:34.76	2:37.79
7 Sadie, Christian M	25	Lane Leader Stellenbosch-CE	2:38.78	2:41.65
8 Anthony, Ammar	20	Marlin Swimming Club-CP	2:32.69	2:44.78
9 Krog, Willem	17	Curro Hermanus Aquatics-OB	NT	3:00.53

**Event 31 Girls 11 & Under 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Louw, Isabella A	11	Blouberg Marlins-CP	3:16.30	3:14.03
2 Liebenberg, Aimee L	11	Swartland Swim Club-WC	3:26.66	3:36.31
3 De Beer, Isabella C	11	Quicksilver Aquatics Winelands-CE	3:34.66	3:40.79
4 Darling, Jessica	11	Blouberg Marlins-CP	NT	3:47.78
5 Swanepoel, Emma	8	Curro Langebaan Swim Club-WC	NT	4:22.25

**Event 31 Girls 12 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Basson, Lenè	12	Curro Langebaan Swim Club-WC	2:49.76	2:55.28
2 O'Carroll, Nia E	12	Biosplash Swim Academy-CE	2:55.13	2:57.01
3 Van Wyk, Katie R	12	Blouberg Marlins-CP	3:03.31	3:05.74
4 Saayman, Nika D	12	Players-CE	3:12.16	3:12.33
5 Nieuwstadt, Ruby	12	Blouberg Marlins-CP	NT	3:26.98

**Event 31 Girls 13 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Juries, Sam C	13	Curro Langebaan Swim Club-WC	2:50.49	2:48.99
2 Huang, Amelia A	13	Blouberg Marlins-CP	2:44.75	2:49.55
3 Vorster, Mia	13	Swartland Swim Club-WC	2:49.02	2:54.35
4 Van Galen, Ava-Loren	13	Biosplash Swim Academy-CE	NT	2:56.22
5 Bruwer, Casey	13	Blouberg Marlins-CP	NT	2:58.68
6 Visagie, Jani	13	Swartland Swim Club-WC	2:59.16	2:59.70
7 Davie, Morgan J	13	Blouberg Marlins-CP	3:25.10	3:24.95
8 Hager, Carle	13	Worcester Aquatics-CE	3:24.20	3:27.51

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 31 Girls 14 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Goebel, Zoë	14	Tygerberg Aquatics-CP	2:47.86	2:48.17
2 Burger, Leandrè	14	Quicksilver Aquatics Winelands-CE	3:02.94	2:59.81
3 Brand, Emsie	14	Swartland Swim Club-WC	3:00.21	2:59.99
4 De Lange, Marizaan	14	Curro Langebaan Swim Club-WC	3:02.02	3:00.35
5 Grootboom, Lulu R	14	Swartland Swim Club-WC	3:03.68	3:01.40
6 Pieterse, Chloe	14	Quicksilver Aquatics Winelands-CE	2:56.16	3:05.58
7 Buhr, Lelanie	14	Swartland Swim Club-WC	2:56.42	3:06.35
8 Carrol, Jessica C	14	Blouberg Marlins-CP	3:00.64	3:07.81
9 Kemp, Anè	14	Swartland Swim Club-WC	3:16.86	3:17.92

**Event 31 Women 15 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Wet, Emma M	15	Vineyard SC-CP	2:16.96	2:26.73
2 Du Plessis, Chanel P	15	Vineyard SC-CP	2:24.10	2:35.95
3 Rinquest, Taaliah	15	Marlin Swimming Club-CP	3:01.31	3:06.96

**Event 31 Women 16 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Groepes, Rachel L	16	Swimlab Aquatic Academ-CP	2:23.61	2:31.39
2 Smidt, Clio J	16	Marlin Swimming Club-CP	2:31.96	2:34.93
3 De Roubaix, Maric M	16	Lane Leader Stellenbosch-CE	2:44.78	2:46.08
4 Vd Berg, Talia	16	Quicksilver Aquatics Winelands-CE	NT	3:10.90
5 Anders, Erin D	16	Marlin Swimming Club-CP	3:01.33	3:12.18
6 Davids, Kiara H	16	Marlin Swimming Club-CP	3:15.70	3:23.79

**Event 31 Women 17 & Over 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Villiers, Lezanne	18	Players-CE	2:30.01	2:42.79
2 O'Neill, Melisa A	31	Aqua Sharks Academy-CP	NT	4:06.68

**Event 31 Boys 11 & Under 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Wagener, Tiaan H	10	Aquasharks Winelands-CE	3:27.91	3:25.93
2 Cleophas, Lee L	11	Paarl Aquarius SC-CE	3:40.15	3:32.83
--- Van Vondel, Roland	11	Tygerberg Aquatics-CP	3:13.77	DQ 3:14.00

Delay initiating turn after past vertical

**Event 31 Boys 12 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Snyders, Kyle	12	Curro Langebaan Swim Club-WC	2:52.36	2:53.87
2 Rheeder, Liam M	12	Paarl Aquarius SC-CE	2:52.67	2:59.53
3 Thomason, Jamie P	12	Swimlab Aquatic Academ-CP	3:15.30	3:14.68
4 Haarhoff, Dylan J	12	Quicksilver Aquatics Winelands-CE	3:05.91	3:14.97
--- Wessels, Connor M	12	Blouberg Marlins-CP	3:28.37	DQ 3:39.19

Not on back off wall

**Event 31 Boys 13 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 De Lange, Adriaan	13	Tygerberg Aquatics-CP	2:29.95	2:30.73
2 Bestel, Luc M	13	Vineyard SC-CP	2:33.49	2:34.95
3 De Kock, John P	13	Lane Leader Stellenbosch-CE	2:31.23	2:35.92
4 Lategan, Nicky N	13	Swartland Swim Club-WC	2:43.21	2:54.41
5 Cleophas, Kyle	13	Paarl Aquarius SC-CE	3:00.33	3:12.87
6 Louw, Jaco A	13	Swartland Swim Club-WC	3:06.46	3:21.63
7 Holland-Muter, Jesse	13	Swartland Swim Club-WC	3:18.81	3:22.96

**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 31 Boys 14 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Trower, Nic T	14	Tygerberg Aquatics-CP	2:17.65	2:17.18
2 Wollenschlaeger, Noah	14	Vineyard SC-CP	2:27.02	2:27.15
3 De Lange, Ruben	14	Curro Langebaan Swim Club-WC	NT	2:49.91
4 Pautz, Nathan M	14	Blouberg Marlins-CP	2:50.86	2:50.14
5 Heyes, Garrick T	14	Aqua Sharks Academy-CP	NT	2:50.50
6 De Bruyn, Cornè C	14	Aqua Sharks Academy-CP	2:53.68	2:52.30

**Event 31 Men 15 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Pearson, Tai L	15	Vineyard SC-CP	2:12.03	2:15.95
2 Orchard, Thomas J	15	Swartland Swim Club-WC	2:32.59	2:31.40
3 Gilbert, Thomas O	15	Swimlab Aquatic Academ-CP	2:45.41	2:43.13
4 Saayman, Dehan	15	Players-CE	2:49.04	2:50.19
5 Boonzaaier, Simon F	15	Aquasharks Winelands-CE	3:04.52	3:00.83

**Event 31 Men 16 Year Olds 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Wright, Keegan	16	Tygerberg Aquatics-CP	2:14.15	2:16.91
2 Van Vondel, Anton J	16	Tygerberg Aquatics-CP	2:15.56	2:22.47
3 Foot, Aiden C	16	Swartland Swim Club-WC	2:27.39	2:26.62

**Event 31 Men 17 & Over 200 LC Meter Backstroke**

Name	Age	Team	Seed Time	Finals Time
1 Burger, Schalk S	17	Swartland Swim Club-WC	2:18.33	2:29.83
2 Hopkins, Tim	17	Tygerberg Aquatics-CP	2:21.25	2:30.31
3 Abrahams, Wasfi	17	Marlin Swimming Club-CP	2:58.69	2:42.69
4 O'Neill, Sean C	38	Aqua Sharks Academy-CP	NT	2:56.30
5 Krog, Willem	17	Curro Hermanus Aquatics-OB	NT	3:01.14

**Event 33 Girls 11 & Under 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 De Villiers, Anja	11	Tygerberg Aquatics-CP	31.62	32.05
2 Oliver, Isabella	11	Quicksilver Aquatics Winelands-CE	33.99	34.33
3 Fenner, Olivia M	11	Quicksilver Aquatics Winelands-CE	35.38	34.58
4 Faul, Ellen J	11	Quicksilver Aquatics Winelands-CE	33.52	35.05
5 Darling, Jessica	11	Blouberg Marlins-CP	37.16	36.64
6 Dowle, Alessia C	11	Players-CE	38.61	37.28
7 Stilwayney, Mia C	10	Paarl Aquarius SC-CE	NT	37.62
8 Gerischer, Leah E	11	Biosplash Swim Academy-CE	40.48	37.75
9 Flack, Francesca	11	Curro Langebaan Swim Club-WC	37.47	37.83
10 Hawley, Nicola	11	Players-CE	39.53	38.42
11 Bircher, Storm Z	11	Curro Hermanus Aquatics-OB	38.38	38.68
12 Abrahams, Amaani	11	Marlin Swimming Club-CP	38.68	38.85
*13 Liebenberg, Aimee L	11	Swartland Swim Club-WC	38.53	39.62
*13 Kruger, Milan	11	Quicksilver Aquatics Winelands-CE	40.75	39.62
15 Ferguson, Evie D	10	Blouberg Marlins-CP	40.64	40.17
16 Anthony, Jazmin A	10	Paarl Aquarius SC-CE	41.41	40.19
17 Havemann, Carlin	11	Quicksilver Aquatics Winelands-CE	39.72	40.57
18 Boustred, Sophia J	9	Biosplash Swim Academy-CE	NT	40.70
19 Retief, Jane	10	Lane Leader Stellenbosch-CE	NT	41.20
20 Kent, Isabelle M	10	Blouberg Marlins-CP	40.39	41.79
21 Beyers, Lize M	9	Agulhas Aquatics-OB	42.32	42.16
22 Jaftas, Zoey	11	Paarl Aquarius SC-CE	NT	42.60
23 Hansen, Margelie	11	Players-CE	NT	42.97
24 Benjamin, Jiya	11	Paarl Aquarius SC-CE	NT	43.87
25 Joubert, Elle	11	Quicksilver Aquatics Winelands-CE	45.81	44.14

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 33 Girls 11 & Under 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
26 Breytenbach, Amore	10	Quicksilver Aquatics Winelands-CE	NT	44.34
27 Marais, Jodi	11	Blouberg Marlins-CP	NT	44.66
28 Jacobs, Mabet	10	Agulhas Aquatics-OB	44.75	45.19
29 Engelbrecht, Aneeqah	10	Paarl Aquarius SC-CE	46.73	45.42
30 Du Toit, Anmari	9	Quicksilver Aquatics Winelands-CE	46.53	46.93
31 Swanepoel, Emma	8	Curro Langebaan Swim Club-WC	48.10	47.14
32 Myburgh, Anique	11	Paarl Aquarius SC-CE	50.06	48.01
33 Swart, Annabel	7	Quicksilver Aquatics Winelands-CE	53.75	48.12
34 Els, Lika	10	Quicksilver Aquatics Winelands-CE	NT	49.16
35 Ferreira, Liane	11	Players-CE	43.94	51.23
36 Liedeman, Hayley	9	Swartland Swim Club-WC	49.22	52.45
37 Huang, Olivia O	8	Blouberg Marlins-CP	1:03.13	55.21
38 vd Bank, Mihanka	9	Curro Hermanus Aquatics-OB	54.87	57.45
--- Kriel, Cari	9	Worcester Aquatics-CE	49.93	DQ 50.32
False start				

**Event 33 Girls 12 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Bosman, Daizeli	12	Players-CE	33.97	33.91
2 Fourie, Emma	12	Blouberg Marlins-CP	34.86	34.85
3 Saayman, Nika D	12	Players-CE	35.00	35.35
4 Mays, Amy	12	Curro Hermanus Aquatics-OB	35.74	36.96
5 Reid, Martine	12	Players-CE	38.50	37.17
6 Rookan-Smith, Helena B	12	Worcester Aquatics-CE	40.06	38.08
7 Baadjies, Najya C	12	Paarl Aquarius SC-CE	47.10	43.42
8 Guntelach, Yemima T	12	Worcester Aquatics-CE	44.90	45.27
9 Gempies, Carla C	12	Worcester Aquatics-CE	48.91	46.09

**Event 33 Girls 13 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Kotze, Abigail	13	Vineyard SC-CP	26.71	26.75
2 Combrink, Amy	13	Vineyard SC-CP	28.81	29.19
3 Briggs, Rebecca	13	Lane Leader Stellenbosch-CE	31.63	31.63
4 Geysler, Almi	13	Lane Leader Stellenbosch-CE	31.10	31.68
5 Liebenberg, Emily M	13	Swartland Swim Club-WC	31.19	31.97
6 Badenhorst, Storme	13	Marlin Swimming Club-CP	32.14	32.78
7 Vorster, Mia	13	Swartland Swim Club-WC	32.05	33.15
*8 Visagie, Jani	13	Swartland Swim Club-WC	35.20	35.81
*8 Louw, Margo	13	Quicksilver Aquatics Winelands-CE	35.99	35.81
10 Hager, Carle	13	Worcester Aquatics-CE	35.10	36.06
11 Cloete, Milla D	13	Worcester Aquatics-CE	34.56	36.47
12 Davie, Morgan J	13	Blouberg Marlins-CP	36.52	38.28
13 Wessels, Remy L	13	Agulhas Aquatics-OB	41.66	38.68
14 Van Zyl, Coreta A	13	Worcester Aquatics-CE	43.81	41.09

**Event 33 Girls 14 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Havemann, Bella	14	Maties Aquatics-CE	30.75	30.42
2 Jarvis, Jade	14	Swimlab Aquatic Academ-CP	NT	31.30
3 Goebel, Zoë	14	Tygerberg Aquatics-CP	30.80	31.39
4 Röntgen, Carine	14	Aquasharks Winelands-CE	31.59	31.78
5 Schreuder, Hannah G	14	Swimlab Aquatic Academ-CP	NT	33.26
6 Buhr, Lelanie	14	Swartland Swim Club-WC	33.83	33.84
7 Van Tonder, Nina L	14	Worcester Aquatics-CE	34.09	34.68
8 Kemp, Anè	14	Swartland Swim Club-WC	34.58	34.99
9 Grobbelaar, Chanè M	14	Swartland Swim Club-WC	36.27	35.50

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 33 Girls 14 Year Olds 50 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
10	Carrol, Jessica C	14	Blouberg Marlins-CP	34.66	35.56
11	Louw, Tenè	14	Blouberg Marlins-CP	NT	35.81
12	Van Zyl, Teyna C	14	Worcester Aquatics-CE	38.30	36.30
13	Burger, Leandrè	14	Quicksilver Aquatics Winelands-CE	36.73	36.42
14	Brand, Emsie	14	Swartland Swim Club-WC	37.33	36.62
15	Burger, Mignon	14	Swartland Swim Club-WC	38.34	37.93

**Event 33 Women 15 Year Olds 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Ryser, Aurora	15	Tygerberg Aquatics-CP	30.22	30.55
2	Jeftha, Zara L	15	Marlin Swimming Club-CP	32.05	31.63
3	Van Reenen, Kirsten	15	Lane Leader Stellenbosch-CE	NT	32.96
4	Harris, Gemma	15	Marlin Swimming Club-CP	34.46	34.54
5	Rinquest, Taaliah	15	Marlin Swimming Club-CP	35.05	38.56

**Event 33 Women 16 Year Olds 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Van Niekerk, Lica	16	Quicksilver Aquatics Winelands-CE	29.18	28.81
2	Van Huyssteen, Miette	16	Curro Hermanus Aquatics-OB	30.87	29.93
3	Vorster, Carli	16	Swartland Swim Club-WC	30.68	30.65
4	Van der Walt, Isabella	16	Quicksilver Aquatics Winelands-CE	32.63	32.53
5	Rinquest, Aqeelah	16	Marlin Swimming Club-CP	34.45	33.98
6	Kemp, Mari	16	Swartland Swim Club-WC	NT	37.39

**Event 33 Women 17 & Over 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Yeldon, Annika S	17	Lane Leader Stellenbosch-CE	27.55	27.98
2	Canter, Jessica A	23	Lane Leader Stellenbosch-CE	28.95	28.91
3	De Jongh, Grace	17	Lane Leader Stellenbosch-CE	28.62	29.04
4	Uys, Tara	17	Tygerberg Aquatics-CP	29.26	29.53
5	Hechter, Coreen C	21	Super Seals-MA	29.21	29.63
*6	Ricco, Lilly C	19	Maties Aquatics-CE	29.42	29.96
*6	Rathner, Ava	17	Swimlab Aquatic Academ-CP	29.75	29.96
8	Ribeiro, Nuria A	20	Maties Aquatics-CE	28.27	29.99
9	Reneclé, Jen C	17	Vineyard SC-CP	31.36	30.30

**Event 33 Boys 11 & Under 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Barnard, Theo J	10	Swartland Swim Club-WC	35.43	33.63
2	Stander, Christiaan L	10	Aquasharks Winelands-CE	34.90	34.11
3	Hough, Caleb	11	Curro Langebaan Swim Club-WC	36.28	34.96
4	Faulkner, Callum E	11	Blouberg Marlins-CP	35.77	35.52
5	Mallin, Lukas	8	Swimlab Aquatic Academ-CP	35.25	35.76
6	Möller, Van Zyl V	11	Tygerberg Aquatics-CP	33.91	35.78
7	VerLoren Van Themaat, Hein M	11	Lane Leader Stellenbosch-CE	NT	35.81
8	Conradie, D'Niel	10	Aquasharks Winelands-CE	34.46	36.16
9	Brand, Kobus P	11	Swartland Swim Club-WC	37.03	36.99
10	Kotze, Christian S	9	Biosplash Swim Academy-CE	NT	37.42
11	Fenner, Jenson V	10	Quicksilver Aquatics Winelands-CE	39.64	37.57
12	Schreve, Lehan	10	Swartland Swim Club-WC	38.39	38.34
13	Kruger, Zachary C	10	Swartland Swim Club-WC	39.88	38.56
14	Schabort, Lowen	9	Quicksilver Aquatics Winelands-CE	41.12	38.80
15	Ellis, Alec C	10	Lane Leader Stellenbosch-CE	NT	39.45
16	Cleophas, Lee L	11	Paarl Aquarius SC-CE	42.32	40.33
17	Van der Merwe, Dandre J	10	Biosplash Swim Academy-CE	42.59	40.54
18	Snyders, Dylan	10	Curro Langebaan Swim Club-WC	40.75	40.68
19	Oliver, Luca	10	Quicksilver Aquatics Winelands-CE	45.03	41.22

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 33 Boys 11 & Under 50 LC Meter Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
20	Lewis, Amaru C	10	Paarl Aquarius SC-CE	39.60	41.70
21	Lategan, Wessel W	10	Swartland Swim Club-WC	40.17	41.75
22	Whitehead, Charl H	10	Biosplash Swim Academy-CE	40.95	41.84
23	Rheeder, Ian S	11	Quicksilver Aquatics Winelands-CE	43.44	41.88
24	Basson, Zion	10	Curro Langebaan Swim Club-WC	42.22	42.37
25	Fouche, Xander M	11	Worcester Aquatics-CE	40.88	42.56
26	Baadjies, Cruden H	11	Paarl Aquarius SC-CE	41.99	42.68
27	Anderson, Chase	10	Blouberg Marlins-CP	48.99	42.86
28	Meiring, Lukas	10	Quicksilver Aquatics Winelands-CE	NT	43.24
29	Burmeister, Zak	11	Quicksilver Aquatics Winelands-CE	42.44	43.66
30	Malherbe, Max M	9	Quicksilver Aquatics Winelands-CE	40.72	43.77
31	Bester, Nico	11	Quicksilver Aquatics Winelands-CE	41.38	43.86
32	Visagie, Dian	10	Swartland Swim Club-WC	46.35	44.15
33	Kruger, Blake R	9	Swartland Swim Club-WC	47.09	44.81
34	Coetzee, Willem A	11	Quicksilver Aquatics Winelands-CE	43.74	45.25
35	Havemann, Ayden A	9	Quicksilver Aquatics Winelands-CE	48.92	45.56
36	Jooste, Ben D	11	Curro Hermanus Aquatics-OB	54.57	46.93
37	Boustred, David C	8	Biosplash Swim Academy-CE	53.59	47.31
38	Botha, Anthonie N	10	Quicksilver Aquatics Winelands-CE	45.24	48.11
39	Whitehouse, Bramwell A	8	Curro Hermanus Aquatics-OB	55.88	52.84
40	Swarts, Zeeck	11	Quicksilver Aquatics Winelands-CE	54.18	54.19
41	Joubert, Daniel J	8	Quicksilver Aquatics Winelands-CE	44.84	55.64

**Event 33 Boys 12 Year Olds 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Snyders, Kyle	12	Curro Langebaan Swim Club-WC	30.56	31.33
2	Oosthuizen, Ethan	12	Players-CE	30.99	31.35
3	Du Plessis, Jason F	12	Curro Langebaan Swim Club-WC	30.73	31.45
4	Thomason, Jamie P	12	Swimlab Aquatic Academ-CP	32.74	32.94
5	De Koker, Erik D	12	Players-CE	NT	33.83
6	Grobler, Reuben C	12	Players-CE	36.32	34.57
7	Meiring, Schalk	12	Quicksilver Aquatics Winelands-CE	NT	35.81
8	Marais, Ricus	12	Blouberg Marlins-CP	NT	36.58
9	Haarhoff, Dylan J	12	Quicksilver Aquatics Winelands-CE	36.12	39.65
10	Wium, Hugo H	12	Quicksilver Aquatics Winelands-CE	39.09	40.47
11	Lategan, Matteau A	12	Paarl Aquarius SC-CE	NT	42.51

**Event 33 Boys 13 Year Olds 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	<b>Finals Time</b>
1	Barge, Zac	13	Swimlab Aquatic Academ-CP	28.48	28.65
2	De Kock, John P	13	Lane Leader Stellenbosch-CE	28.39	28.97
3	Beukes, Jaden L	13	Walmers SC-CP	30.70	29.46
4	Burger, Rosseau	13	Lane Leader Stellenbosch-CE	30.42	29.61
5	Abrahams, Rayhan	13	Walmers SC-CP	30.50	30.10
6	Poggenpoel, Troy J	13	Marlin Swimming Club-CP	30.08	31.83
7	Cleophas, Kyle	13	Paarl Aquarius SC-CE	31.58	32.05
8	Kriek, Divan D	13	Quicksilver Aquatics Winelands-CE	31.20	32.38
9	Coetzee, Kevin D	13	Players-CE	NT	33.13
10	Taljaard, Cornell J	13	Players-CE	34.52	33.94
11	Jacobs, Zoon S	13	Lane Leader Stellenbosch-CE	32.88	34.55
12	Strydom, Benrich	13	Worcester Aquatics-CE	35.19	35.47
13	Brits, Ruben	13	Curro Hermanus Aquatics-OB	39.32	37.45
14	Esterhuizen, Meinhardt	13	Swartland Swim Club-WC	NT	38.25
15	Burger, Francois F	13	Swartland Swim Club-WC	40.19	40.09



**Winelands SL Final - 2023/01/28**  
**Results - Winelands SL Final: Session 3**

**Event 33 Boys 14 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Hewitt-Smook, Kristian	14	Swartland Swim Club-WC	28.21	28.09
2 Wollenschlaeger, Noah	14	Vineyard SC-CP	27.59	28.11
3 Atkinson, Samuel A	14	Swartland Swim Club-WC	28.95	29.01
4 Myburgh, Ruan	14	Blouberg Marlins-CP	31.28	30.02
5 Vd Berg, Wilan	14	Quicksilver Aquatics Winelands-CE	30.37	31.55
6 O'Ryan, Seth P	14	Swimlab Aquatic Academ-CP	NT	34.45

**Event 33 Men 15 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Esterhuysen, Joshua N	15	Tygerberg Aquatics-CP	24.62	24.44
2 Engelbrecht, Ruben J	15	Players-CE	26.42	27.24
3 Orchard, Thomas J	15	Swartland Swim Club-WC	27.09	27.35
4 Alexander, Ammaar	15	Marlin Swimming Club-CP	26.60	27.50
5 Smit, MJ M	15	Jvr Aqua Sport-CP	27.56	27.80
*6 Clayton, Antony L	15	Lane Leader Stellenbosch-CE	NT	27.93
*6 Vd Walt, Lourens M	15	Quicksilver Aquatics Winelands-CE	NT	27.93
8 Uys, Keegan	15	Lane Leader Stellenbosch-CE	NT	28.34
9 Engelbrecht, Christie	15	Paarl Aquarius SC-CE	NT	28.70
10 Botha, Lourens	15	Curro Langebaan Swim Club-WC	29.22	28.81
11 Basson, Luan	15	Swartland Swim Club-WC	29.97	28.88
12 Saayman, Dehan	15	Players-CE	31.50	31.76

**Event 33 Men 16 Year Olds 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Potgieter, Michael M	16	Lane Leader Stellenbosch-CE	25.25	25.94
2 Field, Luke D	16	Vineyard SC-CP	26.25	26.15
3 Hugo, Retief R	16	Aquasharks Winelands-CE	27.01	26.70
4 Foot, Aiden C	16	Swartland Swim Club-WC	26.35	26.91
5 Forbes, Nicholas J	16	Lane Leader Stellenbosch-CE	26.91	27.03
6 Malherbe, Nicholas N	16	Lane Leader Stellenbosch-CE	26.11	27.19
7 Naude, Zian	16	Paarl Aquarius SC-CE	27.22	27.75
8 Spiro, Gabriel	16	Blouberg Marlins-CP	28.69	28.97
9 Booyesen, Matthew	16	Blouberg Marlins-CP	28.37	29.05
10 Van der Sandt, Joah N	16	Worcester Aquatics-CE	31.79	30.64

**Event 33 Men 17 & Over 50 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time
1 Luck, Taylor R	17	Vineyard SC-CP	23.96	23.44
2 Van Heerden, Stefan F	17	Lane Leader Stellenbosch-CE	24.19	23.93
3 Schlechter, Gustav	20	Lane Leader Stellenbosch-CE	23.73	24.00
4 Moncherry, Adam J	24	Maties Aquatics-CE	24.65	24.48
5 Truter, Petrus C	19	Lane Leader Stellenbosch-CE	24.16	24.67
6 Pool-Jones, Jonah B	20	Maties Aquatics-CE	24.84	24.87
7 Etzold, Peter S	17	Vineyard SC-CP	NT	25.05
8 Myburgh, Jordan	17	Blouberg Marlins-CP	25.24	25.55
9 West, Gabriel	18	Tygerberg Aquatics-CP	25.22	25.59
10 Beukes, Mateo A	17	Walmers SC-CP	25.74	25.93
11 Van Reenen, Ryan	24	Blouberg Marlins-CP	25.66	26.07
12 Hopkins, Tim	17	Tygerberg Aquatics-CP	25.38	26.19
13 Kotze, Pierce	17	Worcester Aquatics-CE	26.59	26.45
14 Burger, Schalk S	17	Swartland Swim Club-WC	26.42	26.62
15 Carrol, Matt	17	Blouberg Marlins-CP	25.99	26.74
16 Abrahams, Matthew N	23	Aqua Sharks Academy-CP	26.80	26.78
17 Peceur, Mark D	18	Paarl Aquarius SC-CE	27.61	27.15
18 Treurnicht, Wim G	17	Players-CE	27.17	27.19
19 Anthony, Ammar	20	Marlin Swimming Club-CP	27.34	27.93

**Winelands SL Final - 2023/01/28****Results - Winelands SL Final: Session 3****(Event 33 Men 17 & Over 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
20 Abrahams, Wasfi	17	Marlin Swimming Club-CP	27.98	28.53
21 Vorster, Heinrich A	20	Maties Aquatics-CE	27.62	30.35
22 Krog, Willem	17	Curro Hermanus Aquatics-OB	NT	31.31

**Combined Team Scores****Combined Team Scores - Through Event 33**

1. Swartland Swim Club	2181	2. Quicksilver Aquatics Winelands	2088.5
3. Blouberg Marlins	2052	4. Lane Leader Stellenbosch	1940
5. Tygerberg Aquatics	1842.5	6. Players	1336.5
7. Swimlab Aquatic Academ	1113	8. Marlin Swimming Club	1081
9. Vineyard SC	944	10. Curro Langebaan Swim Club	914
11. Paarl Aquarius SC	900	12. Cybersmart Aquatics	695
13. Biosplash Swim Academy	539.5	14. Aquasharks Winelands	526.5
15. Maties Aquatics	507.5	16. Aqua Sharks Academy	381
17. Worcester Aquatics	376	18. Curro Hermanus Aquatics	292
19. Walmers SC	261	20. Kovsies Swimming Club Bfn	147
21. Agulhas Aquatics	101	22. Sport Science Institute of SA	56
23. Jvr Aqua Sport	52	24. Super Seals	43
25. Manta SC	19		

**Scores - Women****Women - Team Rankings - Through Event 33**

1. Quicksilver Aquatics Winelands	1302	2. Blouberg Marlins	1112
3. Swartland Swim Club	947.5	4. Lane Leader Stellenbosch	711.5
5. Marlin Swimming Club	699	6. Tygerberg Aquatics	621
7. Players	595.5	8. Swimlab Aquatic Academ	565
9. Curro Langebaan Swim Club	453	10. Vineyard SC	432
11. Biosplash Swim Academy	319.5	12. Maties Aquatics	295.5
13. Paarl Aquarius SC	269	14. Worcester Aquatics	248
15. Curro Hermanus Aquatics	204	16. Aquasharks Winelands	187.5
17. Aqua Sharks Academy	162	18. Cybersmart Aquatics	150
19. Kovsies Swimming Club Bfn	76	20. Sport Science Institute of SA	56
21. Super Seals	43	22. Agulhas Aquatics	42
23. Walmers SC	24		

**Scores - Men****Men - Team Rankings - Through Event 33**

1. Swartland Swim Club	1233.5	2. Lane Leader Stellenbosch	1228.5
3. Tygerberg Aquatics	1221.5	4. Blouberg Marlins	940
5. Quicksilver Aquatics Winelands	786.5	6. Players	741
7. Paarl Aquarius SC	631	8. Swimlab Aquatic Academ	548
9. Cybersmart Aquatics	545	10. Vineyard SC	512
11. Curro Langebaan Swim Club	461	12. Marlin Swimming Club	382
13. Aquasharks Winelands	339	14. Walmers SC	237
15. Biosplash Swim Academy	220	16. Aqua Sharks Academy	219
17. Maties Aquatics	212	18. Worcester Aquatics	128
19. Curro Hermanus Aquatics	88	20. Kovsies Swimming Club Bfn	71
21. Agulhas Aquatics	59	22. Jvr Aqua Sport	52
23. Manta SC	19		