

CTA JL #3 (L1) - Retreat - 08 Aug 2026
Psych Sheet - CTA JL#3 - Retreat

#101 Mixed 50 SC Meter Backstroke				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Van Roodt, Conn	M12	UWCA-CP	NT	
3 Patentia, Chene I	W17	UWCA-CP	NT	
4 Boks, Mason	M12	UWCA-CP	NT	
5 Wyngaard, Sage	M12	RETR-CP	NT	
6 Slabb, Saig Z	W12	RETR-CP	NT	
7 Sopio, Brooklyn	W10	RETR-CP	NT	
8 Ohlson, Emily S	W11	RETR-CP	NT	
9 Lewin, Seth L	M13	RETR-CP	NT	
10 Dhassiah, Isabell	W14	RETR-CP	NT	
11 Basson, Zac M	M8	RETR-CP	NT	
12 Adams, Elisha	M8	RETR-CP	NT	
13 Fortuin, Niyaaz	M15	VINE-CP	NT	
14 Yin, Zhiang	M9	CYBE-CP	NT	
15 Chivvanza, Ruda	M12	CYBE-CP	NT	
16 Court, Luci	W11	CYBE-CP	NT	
17 Goossens, Marce	M11	CYBE-CP	NT	
18 Jackson, Aiden	M10	CYBE-CP	NT	
19 Bowring, Faye	W11	CYBE-CP	NT	
20 Kotklair, Beatris	W12	CYBE-CP	NT	
21 Achmed, Daniyal	M9	AQDO-CP	NT	
22 Davids, Connor I	M12	AQDO-CP	NT	
23 Africa, Aden R	M9	AQDO-CP	NT	
24 Young, Emily	W12	AQDO-CP	NT	
25 Alli, Muhammed	M9	AQDO-CP	NT	
26 Lewis, Mason E	M12	UWCA-CP	NT	
27 Cockrill, Eden J	M8	UWCA-CP	NT	
28 Humby-Less, Hai	W11	MANT-CP	NT	
29 Bessick, Rizia	W10	MANT-CP	NT	
30 Tucker, Ramona	W10	ORCAS-CP	NT	
31 Kantor, Grayson	M12	ORCAS-CP	NT	
32 Feinberg, Sasha	M10	ORCAS-CP	NT	
33 Feinberg, Lex	M10	ORCAS-CP	NT	
34 Davids, Amina	W12	MARL-CP	NT	
35 Cerff, Carter Z	M8	MARL-CP	NT	
36 Hendricks, Yasaa	W12	MANT-CP	NT	
37 Ramaipato, Boik	W8	UWCA-CP	1:23,56	
38 Ramaipato, Kana	W11	UWCA-CP	1:18,97	
39 Naidu, Mila	W9	VACL-CP	1:10,35	
40 Muganzi, Ezra	M8	VACL-CP	1:08,51	
41 Bester, Azhar	M7	UWCA-CP	1:07,83	
42 Jaftha, Ryo J	M13	UWCA-CP	1:07,59	
43 October, Madiso	W8	VACL-CP	1:03,70	
44 Ravell, Kaden J	M9	UWCA-CP	1:02,78	
45 Jansen, Edwin V	M10	AQDO-CP	1:00,84	
46 Kleynhans, Noah	M7	VACL-CP	1:00,72	
47 Jacobs, Zoey M	W11	AQDO-CP	1:00,52	
48 Japhets, Joel	M13	WEST-CP	1:00,50	
49 Ward, Caleb W	M8	VACL-CP	58,72	
50 Jacobs, Reuben	M13	UWCA-CP	58,34	
51 Joseph-Scheeper	M7	VACL-CP	57,66	
52 Heiberg, Kelly	W9	MANT-CP	57,24	
53 Jagers, Zion C	M7	UWCA-CP	57,20	
54 Goolam, Ruqayy	W12	MANT-CP	57,01	
55 Malan, Isla	W9	MANT-CP	55,89	
56 Hoffman, Max	M11	ORCAS-CP	55,53	
57 Phillips, Tristan I	M12	MARL-CP	55,26	
58 Bester, Azrah	W9	UWCA-CP	55,23	
59 Malan, Imogen	W11	MANT-CP	55,18	

60 Simon, Aaliyah	W13	UWCA-CP	54,84	
61 Leonard, Isabell	W8	AQDO-CP	54,83	
62 Palmer, Amy	W12	WEST-CP	53,21	
63 Freeks, Nahum D	M9	RETR-CP	52,28	
64 Wagenaar, Misch	W13	MARL-CP	51,81	
65 Brooks, Erin-Lee	W10	CYBE-CP	51,75	
66 Bocks, Chardè C	W14	WEST-CP	51,61	
67 Chetty, Shiloh C	W13	UWCA-CP	51,31	
68 Pieterse, Gemma	W11	RETR-CP	50,47	
69 Maloy, Isabella	W10	RETR-CP	49,57	
70 Bloemetje, Kai M	M12	MANT-CP	49,38	
71 Elhadad, Elior	M10	VACL-CP	48,88	
72 Herskovitz, Jon-J	M12	ORCAS-CP	48,75	
73 Fenton, Tyler M	M10	MANT-CP	47,69	
74 Brink, Kenzee	W12	MANT-CP	47,60	
75 Cloete, Grace A	W12	VACL-CP	47,53	
76 Ikedachi, Shekin	W13	MANT-CP	44,29	
77 Cloete, Glenn D	M14	VACL-CP	41,84	

#202 Mixed 25 SC Meter Butterfly				
Name	Age	Team	Seed Time	
1 Humby-Less, Hai	W11	MANT-CP	NT	
2 Bessick, Rizia	W10	MANT-CP	NT	
3 Taylor, Isaiah M	M11	WEST-CP	NT	
4 Solomon, Yaqeen	M10	WEST-CP	NT	
5 Erasmus, Ezra	M11	WEST-CP	NT	
6 Kleynhans, Noah	M7	VACL-CP	NT	
7 Ward, Caleb W	M8	VACL-CP	NT	
8 Tucker, Ramona	W10	ORCAS-CP	NT	
9 Kuhn, Tayla	W10	ORCAS-CP	NT	
10 Feinberg, Sasha	M10	ORCAS-CP	NT	
11 Feinberg, Lex	M10	ORCAS-CP	NT	
12 Naidu, Mila	W9	VACL-CP	42,52	
13 Ramaipato, Boik	W8	UWCA-CP	39,38	
14 October, Madiso	W8	VACL-CP	33,55	
15 Muganzi, Ezra	M8	VACL-CP	32,72	
16 Ramaipato, Kana	W11	UWCA-CP	31,20	
17 Sclafani, Matteo	M8	VACL-CP	22,05	

#102 Mixed 100 SC Meter Backstroke				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Sopio, Brooklyn	W10	RETR-CP	NT	
3 Ohlson, Emily S	W11	RETR-CP	NT	
4 Lewin, Seth L	M13	RETR-CP	NT	
5 Dhassiah, Isabell	W14	RETR-CP	NT	
6 Pieterse, Gemma	W11	RETR-CP	NT	
7 Adonis, Nieco F	W13	RETR-CP	NT	
8 Maloy, Isabella	W10	RETR-CP	NT	
9 Huang, Bella	W9	CYBE-CP	NT	
10 Southgate, Luca I	M13	AQDO-CP	NT	
11 Barnard, Madiso	W13	AQDO-CP	NT	
12 Visser, Chasin P	M11	UWCA-CP	NT	
13 Simon, Raeeq	M17	UWCA-CP	NT	
14 Pasquallie, Tiyan	W12	UWCA-CP	NT	
15 Bell, Stacey	W9	UWCA-CP	NT	
16 Twilley, Alicia	W8	UWCA-CP	NT	
17 Goolam, Ruqayy	W12	MANT-CP	NT	
18 Elhadad, Elior	M10	VACL-CP	NT	
19 Wallace, Annabe	W13	MARL-CP	NT	
20 Stemmet, Riley	W10	MARL-CP	NT	
21 Abrahams, Israh	W9	MARL-CP	NT	

22 Mohamed, Alma	W9	MARL-CP	2:35,49	
23 Ramaila, Kelebo	W15	UWCA-CP	2:29,08	
24 Ramaila, Kelebo	W15	UWCA-CP	2:06,44	
25 Gierdien, Ayesha	W9	MARL-CP	2:01,26	
26 Visser, Alayna L	W13	UWCA-CP	1:53,25	
27 Lucas, Lily	W14	UWCA-CP	1:47,77	
28 Arendse, Aidan	M12	MANT-CP	1:47,55	
29 Brown, Ishaam	M14	UWCA-CP	1:44,50	
30 Filander, Zeack	M18	UWCA-CP	1:39,93	
31 Louw, Emily C	W13	UWCA-CP	1:34,84	
32 Honneysett, Am	W14	AQDO-CP	1:31,13	
33 De Mink, Matthe	M18	UWCA-CP	1:28,80	

#111 Mixed 9 & Over 200 SC Meter Freestyle				
Name	Age	Team	Seed Time	
1 Witbooi, Mia	W13	RETR-CP	NT	
2 Ohlson, Emily S	W11	RETR-CP	NT	
3 Lewin, Seth L	M13	RETR-CP	NT	
4 Pieterse, Gemma	W11	RETR-CP	NT	
5 Huang, Bella	W9	CYBE-CP	NT	
6 Chibinya, Victori	W11	CYBE-CP	NT	
7 Brooks, Erin-Lee	W10	CYBE-CP	NT	
8 Jackson, Aiden	M10	CYBE-CP	NT	
9 Dembaremba, Ti	W11	CYBE-CP	NT	
10 Chen, Leo	M11	CYBE-CP	NT	
11 Tian, Annie	W8	CYBE-CP	NT	
12 Negen, Leia	W9	CYBE-CP	NT	
13 Southgate, Luca I	M13	AQDO-CP	NT	
14 Cupido, Jesse C	M14	AQDO-CP	NT	
15 Jacobs, Zoey M	W11	AQDO-CP	NT	
16 Daniels, McKenz	W11	AQDO-CP	NT	
17 Barnard, Madiso	W13	AQDO-CP	NT	
18 Bell, Stacey	W9	UWCA-CP	NT	
19 Fenton, Tyler M	M10	MANT-CP	NT	
20 Brink, Kenzee	W12	MANT-CP	NT	
21 Cloete, Grace A	W12	VACL-CP	NT	
22 Cloete, Glenn D	M14	VACL-CP	NT	
23 Malan, Imogen	W11	MANT-CP	3:58,96	
24 Lee, Salma L	W13	MANT-CP	3:31,47	
25 Adonis, Nieco F	W13	RETR-CP	3:25,24	
26 Davids, Connor I	M12	AQDO-CP	3:20,65	
27 Kotklair, Beatris	W12	CYBE-CP	3:07,18	
28 Adams, Hezekiah	M14	RETR-CP	3:05,01	
29 Honneysett, Am	W14	AQDO-CP	3:02,78	

#103 Mixed 50 SC Meter Butterfly				
Name	Age	Team	Seed Time	
1 Maron, Rachel	W12	ORCAS-CP	NT	
2 Van Roodt, Conn	M12	UWCA-CP	NT	
3 Boks, Mason	M12	UWCA-CP	NT	
4 Witbooi, Mia	W13	RETR-CP	NT	
5 Sopio, Brooklyn	W10	RETR-CP	NT	
6 Lewin, Seth L	M13	RETR-CP	NT	
7 Dhassiah, Isabell	W14	RETR-CP	NT	
8 Basson, Zac M	M8	RETR-CP	NT	
9 Pieterse, Gemma	W11	RETR-CP	NT	
10 Fortuin, Niyaaz	M15	VINE-CP	NT	
11 Yin, Zhiang	M9	CYBE-CP	NT	
12 Chivvanza, Ruda	M12	CYBE-CP	NT	
13 Court, Luci	W11	CYBE-CP	NT	
14 Chibinya, Victori	W11	CYBE-CP	NT	
15 Goossens, Marce	M11	CYBE-CP	NT	

CTA JL #3 (L1) - Retreat - 08 Aug 2026
Psych Sheet - CTA JL#3 - Retreat

#103 ... (Mixed 50 SC Meter Butterfly)				
16	Dembaremba, Ti	W11	CYBE-CP	NT
17	Chen, Leo	M11	CYBE-CP	NT
18	Walker, Hannah-	W8	CYBE-CP	NT
19	Nepgen, Leia	W9	CYBE-CP	NT
20	Bowring, Faye	W11	CYBE-CP	NT
21	Kotkliar, Beatris	W12	CYBE-CP	NT
22	Jansen, Edwin V	M10	AQDO-CP	NT
23	Honeysett, Am	W14	AQDO-CP	NT
24	Lewis, Mason E	M12	UWCA-CP	NT
25	Simon, Aaliyah	W13	UWCA-CP	NT
26	Cockrill, Eden J	M8	UWCA-CP	NT
27	Bester, Azhar	M7	UWCA-CP	NT
28	Jaftha, Ryo J	M13	UWCA-CP	NT
29	Arendse, Aidan	M12	MANT-CP	NT
30	Palmer, Amy	W12	WEST-CP	NT
31	Japhets, Joel	M13	WEST-CP	NT
32	Cloete, Grace A	W12	VACL-CP	NT
33	Cloete, Glenn D	M14	VACL-CP	NT
34	Joseph-Scheeper	M7	VACL-CP	NT
35	Kantor, Grayson	M12	ORCAS-CP	NT
36	Herskovitz, Jon-J	M12	ORCAS-CP	NT
37	Hendricks, Yasaa	W12	MANT-CP	NT
38	Visser, Chasin P	M11	UWCA-CP	1:11,34
39	Adams, Elisha	M8	RETR-CP	1:11,23
40	Ravell, Kaden J	M9	UWCA-CP	1:08,03
41	Jagers, Zion C	M7	UWCA-CP	1:07,07
42	Bester, Azrah	W9	UWCA-CP	1:06,75
43	Jacobs, Zoey M	W11	AQDO-CP	59,13
44	Abrahams, Israh	W9	MARL-CP	57,95
45	Freeks, Nahum E	M9	RETR-CP	54,76
46	Elhaddad, Elior	M10	VACL-CP	53,51
47	Daniels, McKenzi	W11	AQDO-CP	52,67
48	Simon, Raeeq	M17	UWCA-CP	51,20
49	Jacobs, Reuben	M13	UWCA-CP	50,25
50	Wagenaar, Misch	W13	MARL-CP	50,15
51	Bloemetje, Kai M	M12	MANT-CP	49,31
52	Adonis, Nieco F	W13	RETR-CP	46,87
53	Fenton, Tyler M	M10	MANT-CP	46,27
54	Louw, Emily C	W13	UWCA-CP	44,51
55	Ikedachi, Shekin	W13	MANT-CP	40,75
56	Adams, Hezekial	M14	RETR-CP	38,35
#201 Mixed 25 SC Meter Backstroke				
	Name	Age	Team	Seed Time
1	Davids, Eli J	M8	RETR-CP	NT
2	Poggenpoel, Zide	M13	RETR-CP	NT
3	Van Reenen, Em	W8	RETR-CP	NT
4	Selebogo, Mothe	M10	RETR-CP	NT
5	Mehl, Ava R	W8	RETR-CP	NT
6	Knowlden, Neha	W9	RETR-CP	NT
7	Fritz, Majesty H	W7	RETR-CP	NT
8	Taylor, Isaiah M	M11	WEST-CP	NT
9	Solomon, Yaqeer	M10	WEST-CP	NT
10	Erasmus, Ezra	M11	WEST-CP	NT
11	Kuhn, Tayla	W10	ORCAS-CP	NT
12	Meyers, Nova Z	W6	RETR-CP	35,66
13	Simpson, Michae	M8	RETR-CP	32,64
14	De Bruin, Eli S	M9	RETR-CP	30,09
15	Cerff, Carter Z	M8	MARL-CP	28,27
16	Sclafani, Matteo	M8	VACL-CP	22,13

#104 Mixed 100 SC Meter Butterfly				
	Name	Age	Team	Seed Time
1	Maron, Rachel	W12	ORCAS-CP	NT
2	Tian, Annie	W8	CYBE-CP	NT
3	Young, Emily	W12	AQDO-CP	NT
4	Ramaila, Kelebo	W15	UWCA-CP	NT
5	Brown, Ishaam	M14	UWCA-CP	NT
6	Visser, Alayna L	W13	UWCA-CP	NT
7	Pasquallie, Tiyan	W12	UWCA-CP	NT
8	Bell, Stacey	W9	UWCA-CP	NT
9	Twilley, Alicia	W8	UWCA-CP	NT
10	Chetty, Shiloh C	W13	UWCA-CP	NT
11	Ramaila, Kealebo	W15	UWCA-CP	2:15,97
12	Lucas, Lily	W14	UWCA-CP	1:49,47
#109 Mixed 9 & Over 200 SC Meter IM				
	Name	Age	Team	Seed Time
1	Huang, Bella	W9	CYBE-CP	NT
2	Chibinya, Victori	W11	CYBE-CP	NT
3	Brooks, Erin-Lee	W10	CYBE-CP	NT
4	Jackson, Aiden	M10	CYBE-CP	NT
5	Dembaremba, Ti	W11	CYBE-CP	NT
6	Chen, Leo	M11	CYBE-CP	NT
7	Tian, Annie	W8	CYBE-CP	NT
8	Nepgen, Leia	W9	CYBE-CP	NT
9	Davids, Connor L	M12	AQDO-CP	NT
10	Cupido, Jesse C	M14	AQDO-CP	NT
11	Daniels, McKenzi	W11	AQDO-CP	NT
12	Barnard, Madiso	W13	AQDO-CP	NT
13	Ramaila, Kelebo	W15	UWCA-CP	NT
14	Ramaila, Kealebo	W15	UWCA-CP	NT
15	Simon, Aaliyah	W13	UWCA-CP	NT
16	Brown, Ishaam	M14	UWCA-CP	NT
17	Visser, Alayna L	W13	UWCA-CP	NT
18	Simon, Raeeq	M17	UWCA-CP	NT
19	Lucas, Lily	W14	UWCA-CP	NT
20	Lee, Salma L	W13	MANT-CP	NT
21	Fenton, Tyler M	M10	MANT-CP	NT
22	Ikedachi, Shekin	W13	MANT-CP	NT
23	Heiberg, Kelly	W9	MANT-CP	NT
24	Cloete, Grace A	W12	VACL-CP	NT
25	Cloete, Glenn D	M14	VACL-CP	NT
26	Hendricks, Yasaa	W12	MANT-CP	NT
27	Malan, Imogen	W11	MANT-CP	4:29,77
28	Louw, Emily C	W13	UWCA-CP	4:01,13
29	De Mink, Matthe	M18	UWCA-CP	3:51,43
30	Brink, Kenzee	W12	MANT-CP	3:30,46
31	Kotkliar, Beatris	W12	CYBE-CP	3:29,68
32	Filander, Zeack	M18	UWCA-CP	3:26,98
#105 Mixed 50 SC Meter Freestyle				
	Name	Age	Team	Seed Time
1	Maron, Rachel	W12	ORCAS-CP	NT
2	Van Roodt, Conn	M12	UWCA-CP	NT
3	Patentia, Chene I	W17	UWCA-CP	NT
4	Boks, Mason	M12	UWCA-CP	NT
5	Wyngaard, Sage	M12	RETR-CP	NT
6	Slabb, Saig Z	W12	RETR-CP	NT
7	Witbooi, Mia	W13	RETR-CP	NT
8	Sopio, Brooklyn	W10	RETR-CP	NT
9	Ohlson, Emily S	W11	RETR-CP	NT
10	Lewin, Seth L	M13	RETR-CP	NT

11	Dhassiah, Isabell	W14	RETR-CP	NT
12	Basson, Zac M	M8	RETR-CP	NT
13	Fortuin, Niyaaz	M15	VINE-CP	NT
14	Yin, Zhiang	M9	CYBE-CP	NT
15	Chivvanza, Ruda	M12	CYBE-CP	NT
16	Court, Luci	W11	CYBE-CP	NT
17	Goossens, Marce	M11	CYBE-CP	NT
18	Jackson, Aiden	M10	CYBE-CP	NT
19	Bowring, Faye	W11	CYBE-CP	NT
20	Lewis, Mason E	M12	UWCA-CP	NT
21	Cockrill, Eden J	M8	UWCA-CP	NT
22	Humby-Less, Hai	W11	MANT-CP	NT
23	Bessick, Rizia	W10	MANT-CP	NT
24	Tucker, Ramona	W10	ORCAS-CP	NT
25	Kuhn, Tayla	W10	ORCAS-CP	NT
26	Kantor, Grayson	M12	ORCAS-CP	NT
27	Feinberg, Sasha	M10	ORCAS-CP	NT
28	Feinberg, Lex	M10	ORCAS-CP	NT
29	Cerff, Carter Z	M8	MARL-CP	NT
30	Raybin, Izayah	M12	RETR-CP	1:12,87
31	Ramaipato, Boik	W8	UWCA-CP	1:07,44
32	Naidu, Mila	W9	VACL-CP	1:07,19
33	Africa, Aden R	M9	AQDO-CP	1:00,52
34	Bester, Azhar	M7	UWCA-CP	1:00,50
35	Ramaipato, Kana	W11	UWCA-CP	57,85
36	Adams, Elisha	M8	RETR-CP	57,65
37	Muganzi, Ezra	M8	VACL-CP	56,38
38	Kleynhans, Noah	M7	VACL-CP	55,46
39	October, Madiso	W8	VACL-CP	53,32
40	Jaftha, Ryo J	M13	UWCA-CP	49,46
41	Ward, Caleb W	M8	VACL-CP	47,85
42	Phillips, Tristan	M12	MARL-CP	47,50
43	Joseph-Scheeper	M7	VACL-CP	46,92
44	Bester, Azrah	W9	UWCA-CP	46,89
45	Goolam, Ruqayy	W12	MANT-CP	46,58
46	Jacobs, Reuben	M13	UWCA-CP	44,58
47	Bocks, Chardè C	W14	WEST-CP	43,71
48	Chetty, Shiloh C	W13	UWCA-CP	43,33
49	Simon, Aaliyah	W13	UWCA-CP	42,97
50	Maloy, Isabella	W10	RETR-CP	42,55
51	Pieterse, Gemma	W11	RETR-CP	42,52
52	Lamohr, Ishrah	W13	RETR-CP	42,16
53	Hoffman, Max	M11	ORCAS-CP	42,12
54	Sclafani, Matteo	M8	VACL-CP	41,25
55	Freeks, Nahum E	M9	RETR-CP	41,19
56	Cloete, Grace A	W12	VACL-CP	40,20
57	Japhets, Joel	M13	WEST-CP	40,19
58	Adonis, Nieco F	W13	RETR-CP	38,37
59	Herskovitz, Jon-J	M12	ORCAS-CP	36,38
60	Arendse, Aidan	M12	MANT-CP	35,38
61	Adams, Hezekial	M14	RETR-CP	35,14
62	Cloete, Glenn D	M14	VACL-CP	33,54
63	De Mink, Matthe	M18	UWCA-CP	30,03

#203 Mixed 25 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Davids, Eli J	M8	RETR-CP	NT
2	Poggenpoel, Zide	M13	RETR-CP	NT
3	Van Reenen, Em	W8	RETR-CP	NT
4	Mehl, Ava R	W8	RETR-CP	NT
5	Knowlden, Neha	W9	RETR-CP	NT
6	Fritz, Majesty H	W7	RETR-CP	NT

CTA JL #3 (L1) - Retreat - 08 Aug 2026
Psych Sheet - CTA JL#3 - Retreat

#203 ... (Mixed 25 SC Meter Breaststroke)				
7	Africa, Aden R	M9	AQDO-CP	NT
8	Taylor, Isaiah M	M11	WEST-CP	NT
9	Solomon, Yaqeer	M10	WEST-CP	NT
10	Erasmus, Ezrah	M11	WEST-CP	NT
11	October, Madison	W8	VACL-CP	NT
12	Feinberg, Lex	M10	ORCAS-CP	NT
13	Meyers, Nova Z	W6	RETR-CP	46,24
14	Selebogo, Mothe	M10	RETR-CP	34,73
15	Stemmet, Riley	W10	MARL-CP	33,18
16	Simpson, Michael	M8	RETR-CP	30,74
17	Mohamed, Almar	W9	MARL-CP	30,26
18	De Bruin, Eli S	M9	RETR-CP	29,23
#106 Mixed 100 SC Meter Freestyle				
	Name	Age	Team	Seed Time
1	Maron, Rachel	W12	ORCAS-CP	NT
2	Lewin, Seth L	M13	RETR-CP	NT
3	Dhassiah, Isabell	W14	RETR-CP	NT
4	Lamohr, Ishrah	W13	RETR-CP	NT
5	Yin, Zhiang	M9	CYBE-CP	NT
6	Chivvanza, Ruda	M12	CYBE-CP	NT
7	Court, Luci	W11	CYBE-CP	NT
8	Goossens, Marce	M11	CYBE-CP	NT
9	Bowring, Faye	W11	CYBE-CP	NT
10	Achmed, Daniyal	M9	AQDO-CP	NT
11	Leonard, Isabell	W8	AQDO-CP	NT
12	Alli, Muhammed	M9	AQDO-CP	NT
13	Pasquallie, Tiyan	W12	UWCA-CP	NT
14	Jagers, Zion C	M7	UWCA-CP	NT
15	Humby-Less, Hai	W11	MANT-CP	NT
16	Ikedachi, Shekin	W13	MANT-CP	NT
17	Hendricks, Yasaa	W12	MANT-CP	NT
18	Muganzi, Ezra	M8	VACL-CP	2:20,07
19	Ravell, Kaden J	M9	UWCA-CP	2:07,60
20	Mohamed, Almar	W9	MARL-CP	2:07,32
21	Kleynhans, Noah	M7	VACL-CP	2:06,40
22	October, Madison	W8	VACL-CP	2:02,92
23	Heiberg, Kelly	W9	MANT-CP	2:00,46
24	Walker, Hannah-	W8	CYBE-CP	1:59,69
25	Visser, Chasin P	M11	UWCA-CP	1:56,66
26	Twilley, Alicia	W8	UWCA-CP	1:53,88
27	Stemmet, Riley	W10	MARL-CP	1:51,37
28	Malan, Isla	W9	MANT-CP	1:50,89
29	Davids, Amina	W12	MARL-CP	1:50,47
30	Goolam, Ruqayy	W12	MANT-CP	1:50,26
31	Abrahams, Israh	W9	MARL-CP	1:49,15
32	Pieterse, Gemma	W11	RETR-CP	1:43,70
33	Ramaila, Kelebo	W15	UWCA-CP	1:42,73
34	Elhadad, Elior	M10	VACL-CP	1:41,21
35	Ramaila, Kealebr	W15	UWCA-CP	1:36,30
36	Visser, Alayna L	W13	UWCA-CP	1:36,10
37	Lee, Salma L	W13	MANT-CP	1:33,89
38	Palmer, Amy	W12	WEST-CP	1:33,26
39	Lucas, Lily	W14	UWCA-CP	1:32,46
40	Wallace, Annabe	W13	MARL-CP	1:31,02
41	Wagenaar, Misch	W13	MARL-CP	1:29,92
42	Simon, Raeeq	M17	UWCA-CP	1:29,91
43	Brown, Ishaam	M14	UWCA-CP	1:28,17
44	Shem-Tov, Georg	W13	VACL-CP	1:27,39
45	Kotklier, Beatris	W12	CYBE-CP	1:25,68

46	Louw, Emily C	W13	UWCA-CP	1:23,65
47	Southgate, Luca	M13	AQDO-CP	1:23,37
48	Filander, Zeack	M18	UWCA-CP	1:21,78
49	Brink, Kenzee	W12	MANT-CP	1:20,01
50	Gierdien, Ayesha	W9	MARL-CP	57,30
#107 Mixed 50 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Maron, Rachel	W12	ORCAS-CP	NT
2	Van Roodt, Conn	M12	UWCA-CP	NT
3	Patentia, Chene I	W17	UWCA-CP	NT
4	Boks, Mason	M12	UWCA-CP	NT
5	Witbooi, Mia	W13	RETR-CP	NT
6	Sopio, Brooklyn	W10	RETR-CP	NT
7	Ohlson, Emily S	W11	RETR-CP	NT
8	Dhassiah, Isabell	W14	RETR-CP	NT
9	Basson, Zac M	M8	RETR-CP	NT
10	Raybin, Izayah	M12	RETR-CP	NT
11	Yin, Zhiang	M9	CYBE-CP	NT
12	Chivvanza, Ruda	M12	CYBE-CP	NT
13	Court, Luci	W11	CYBE-CP	NT
14	Huang, Bella	W9	CYBE-CP	NT
15	Goossens, Marce	M11	CYBE-CP	NT
16	Jackson, Aiden	M10	CYBE-CP	NT
17	Chen, Leo	M11	CYBE-CP	NT
18	Bowring, Faye	W11	CYBE-CP	NT
19	Davids, Connor L	M12	AQDO-CP	NT
20	Barnard, Madiso	W13	AQDO-CP	NT
21	Lewis, Mason E	M12	UWCA-CP	NT
22	Ramaipato, Kana	W11	UWCA-CP	NT
23	Ramaipato, Boik	W8	UWCA-CP	NT
24	Jacobs, Reuben	M13	UWCA-CP	NT
25	Cockrill, Eden J	M8	UWCA-CP	NT
26	Japhets, Joel	M13	WEST-CP	NT
27	Kleynhans, Noah	M7	VACL-CP	NT
28	Tucker, Ramona	W10	ORCAS-CP	NT
29	Kantor, Grayson	M12	ORCAS-CP	NT
30	Alli, Muhammed	M9	AQDO-CP	1:15,62
31	Naidu, Mila	W9	VACL-CP	1:14,68
32	Adams, Elisha	M8	RETR-CP	1:14,36
33	Maloy, Isabella	W10	RETR-CP	1:13,33
34	Bester, Azhar	M7	UWCA-CP	1:12,56
35	Muganzi, Ezra	M8	VACL-CP	1:11,01
36	Simon, Aaliyah	W13	UWCA-CP	1:10,07
37	Jagers, Zion C	M7	UWCA-CP	1:09,52
38	Visser, Chasin P	M11	UWCA-CP	1:09,50
39	Achmed, Daniyal	M9	AQDO-CP	1:07,36
40	Adams, Hezekiah	M14	RETR-CP	1:06,96
41	Ward, Caleb W	M8	VACL-CP	1:06,71
42	Goolam, Ruqayy	W12	MANT-CP	1:03,92
43	Pieterse, Gemma	W11	RETR-CP	1:00,44
44	Sclafani, Matteo	M8	VACL-CP	59,35
45	Kuhn, Tayla	W10	ORCAS-CP	59,06
46	Malan, Imogen	W11	MANT-CP	57,14
47	Bloemetje, Kai M	M12	MANT-CP	57,05
48	Hoffman, Max	M11	ORCAS-CP	55,10
49	Lamohr, Ishrah	W13	RETR-CP	54,74
50	Palmer, Amy	W12	WEST-CP	54,65
51	Freeks, Nahum D	M9	RETR-CP	54,59
52	Wagenaar, Misch	W13	MARL-CP	54,09
53	Arendse, Aidan	M12	MANT-CP	51,82
54	Kotklier, Beatris	W12	CYBE-CP	51,74

55	Shem-Tov, Georg	W13	VACL-CP	51,09
56	Lee, Salma L	W13	MANT-CP	48,58
57	Adonis, Nieco F	W13	RETR-CP	48,16
58	Bocks, Chardè C	W14	WEST-CP	46,85
#204 Mixed 25 SC Meter Freestyle				
	Name	Age	Team	Seed Time
1	Davids, Eli J	M8	RETR-CP	NT
2	Poggenpoel, Zida	M13	RETR-CP	NT
3	Van Reenen, Em	W8	RETR-CP	NT
4	Mehl, Ava R	W8	RETR-CP	NT
5	Knowlden, Neha	W9	RETR-CP	NT
6	Fritz, Majesty H	W7	RETR-CP	NT
7	Taylor, Isaiah M	M11	WEST-CP	NT
8	Solomon, Yaqeer	M10	WEST-CP	NT
9	Erasmus, Ezrah	M11	WEST-CP	NT
10	Mohamed, Almar	W9	MARL-CP	NT
11	Selebogo, Mothe	M10	RETR-CP	28,04
12	Cerff, Carter Z	M8	MARL-CP	27,19
13	Meyers, Nova Z	W6	RETR-CP	27,13
14	Simpson, Michael	M8	RETR-CP	25,57
15	De Bruin, Eli S	M9	RETR-CP	24,39
16	Stemmet, Riley	W10	MARL-CP	22,48
17	Gierdien, Ayesha	W9	MARL-CP	21,84
#108 Mixed 100 SC Meter Breaststroke				
	Name	Age	Team	Seed Time
1	Maron, Rachel	W12	ORCAS-CP	NT
2	Witbooi, Mia	W13	RETR-CP	NT
3	Sopio, Brooklyn	W10	RETR-CP	NT
4	Ohlson, Emily S	W11	RETR-CP	NT
5	Adams, Hezekiah	M14	RETR-CP	NT
6	Raybin, Izayah	M12	RETR-CP	NT
7	Lamohr, Ishrah	W13	RETR-CP	NT
8	Huang, Bella	W9	CYBE-CP	NT
9	Dembaremba, Ti	W11	CYBE-CP	NT
10	Chen, Leo	M11	CYBE-CP	NT
11	Walker, Hannah-	W8	CYBE-CP	NT
12	Nepgen, Leia	W9	CYBE-CP	NT
13	Southgate, Luca	M13	AQDO-CP	NT
14	Cupido, Jesse C	M14	AQDO-CP	NT
15	Leonard, Isabell	W8	AQDO-CP	NT
16	Jansen, Edwin V	M10	AQDO-CP	NT
17	Honneysett, Am	W14	AQDO-CP	NT
18	Daniels, McKenzi	W11	AQDO-CP	NT
19	Ravell, Kaden J	M9	UWCA-CP	NT
20	De Mink, Matthe	M18	UWCA-CP	NT
21	Simon, Raeeq	M17	UWCA-CP	NT
22	Bester, Azrah	W9	UWCA-CP	NT
23	Bell, Stacey	W9	UWCA-CP	NT
24	Jaftha, Ryo J	M13	UWCA-CP	NT
25	Japhets, Joel	W13	WEST-CP	NT
26	Shem-Tov, Georg	W13	VACL-CP	NT
27	Elhadad, Elior	M10	VACL-CP	NT
28	Cloete, Grace A	W12	VACL-CP	NT
29	Cloete, Glenn D	M14	VACL-CP	NT
30	Gierdien, Ayesha	W9	MARL-CP	NT
31	Hendricks, Yasaa	W12	MANT-CP	NT
32	Visser, Alayna L	W13	UWCA-CP	2:17,47
33	Malan, Isla	W9	MANT-CP	2:17,39
34	Joseph-Scheeper	M7	VACL-CP	2:15,09
35	Pasquallie, Tiyan	W12	UWCA-CP	2:10,73

CTA JL #3 (L1) - Retreat - 08 Aug 2026

Psych Sheet - CTA JL#3 - Retreat

#108 ... (Mixed 100 SC Meter Breaststroke)

36	Twilley, Alicia	W8	UWCA-CP	2:10,40
37	Chetty, Shiloh C	W13	UWCA-CP	2:08,51
38	Heiberg, Kelly	W9	MANT-CP	2:07,63
39	Davids, Amina	W12	MARL-CP	2:07,26
40	Ramaila, Kelebo	W15	UWCA-CP	2:05,44
41	Young, Emily	W12	AQDO-CP	2:04,79
42	Lucas, Lily	W14	UWCA-CP	2:04,08
43	Phillips, Tristan I	M12	MARL-CP	2:01,16
44	Ramaila, Kealebo	W15	UWCA-CP	1:53,42
45	Brink, Kenzee	W12	MANT-CP	1:52,11
46	Bocks, Chardè C	W14	WEST-CP	1:51,98
47	Adonis, Nieco F	W13	RETR-CP	1:49,38
48	Kotklier, Beatris	W12	CYBE-CP	1:47,70
49	Brown, Ishaam	M14	UWCA-CP	1:45,81
50	Lee, Salma L	W13	MANT-CP	1:45,38
51	Louw, Emily C	W13	UWCA-CP	1:43,97
52	Filander, Zeack	M18	UWCA-CP	1:39,34

#110 Mixed 100 SC Meter IM

	Name	Age	Team	Seed Time
1	Yin, Zhiang	M9	CYBE-CP	NT
2	Chivvanza, Ruda	M12	CYBE-CP	NT
3	Court, Luci	W11	CYBE-CP	NT
4	Goossens, Marce	M11	CYBE-CP	NT
5	Jackson, Aiden	M10	CYBE-CP	NT
6	Dembaremba, Ti	W11	CYBE-CP	NT
7	Chen, Leo	M11	CYBE-CP	NT
8	Walker, Hannah-	W8	CYBE-CP	NT
9	Nepgen, Leia	W9	CYBE-CP	NT
10	Bowring, Faye	W11	CYBE-CP	NT
11	Kotklier, Beatris	W12	CYBE-CP	NT
12	Jansen, Edwin V	M10	AQDO-CP	NT
13	Jacobs, Zoey M	W11	AQDO-CP	NT
14	Visser, Chasin P	M11	UWCA-CP	NT
15	Ramaipato, Kana	W11	UWCA-CP	NT
16	Ramaipato, Boik	W8	UWCA-CP	NT
17	Pasquallie, Tiyan	W12	UWCA-CP	NT
18	Bester, Azhar	M7	UWCA-CP	NT
19	Jagers, Zion C	M7	UWCA-CP	NT
20	Humby-Less, Hai	W11	MANT-CP	NT
21	Palmer, Amy	W12	WEST-CP	NT
22	Naidu, Mila	W9	VACLC-CP	NT
23	Hoffman, Max	M11	ORCAS-CP	NT
24	Kantor, Grayson	M12	ORCAS-CP	NT
25	Herskovitz, Jon-J	M12	ORCAS-CP	NT
26	Davids, Amina	W12	MARL-CP	NT
27	Phillips, Tristan I	M12	MARL-CP	NT
28	Ward, Caleb W	M8	VACLC-CP	2:18,76
29	Ravell, Kaden J	M9	UWCA-CP	2:12,03
30	Twilley, Alicia	W8	UWCA-CP	2:06,37
31	Abrahams, Israh	W9	MARL-CP	2:04,03
32	Malan, Isla	W9	MANT-CP	2:02,49
33	Bester, Azrah	W9	UWCA-CP	2:02,06
34	Wagenaar, Misch	W13	MARL-CP	1:53,83
35	Wallace, Annabe	W13	MARL-CP	1:49,62
36	Bloemetje, Kai M	M12	MANT-CP	1:49,09
37	Elhadad, Elior	M10	VACLC-CP	1:44,91