

SELECTION CRITERIA, AFRICAN AQUATICS SENIOR, JUNIOR, INTER-ZONAL & MASTERS SWIMMING CHAMPIONSHIPS,

ACCRA, GHANA 05 – 10 MAY 2026

1. Eligibility

- 1.1. Only athletes registered with and in good standing with SSA will be considered for selection.
- 1.2. Selected athletes must be in possession of a South African passport valid until November 2026 and have chosen South Africa as their Sport Nationality.
- 1.3. Athletes 18 years and under must be in possession of an unabridged birth certificate.
- 1.4. Members selected to the team must abide by the SSA Code of Conduct as appended to the SSA Constitution and agree to and sign the SSA Athlete / Official Agreement for the event.
- 1.5. Athletes must be available to travel to and compete at the **AFRICAN AQUATICS SENIOR, JUNIOR, INTER-ZONAL & MASTERS SWIMMING CHAMPIONSHIPS; ACCRA, GHANA 05 – 10 MAY 2026.**
- 1.6. To be eligible for selection a swimmer must have participated at either:
 - i. SA National Aquatic Championships 2026
 - ii. SA National Junior Age Group Championships 2026
 - iii. SA National Youth Championships 2026
 - iv. SA Grand Prix 1 or Grand Prix 2 of 2026
 - v. SA National Aquatic Championships 2025
 - vi. SA National Junior Age Group Championships 2025
 - vii. SA Regional Age Group Championships 2025
- 1.7. The times achieved by swimmers at the above competitions may be considered for selection.

- 1.8. Selection will be done in accordance with the athlete's work ethic, physical readiness and suitability in regard to team dynamics and compatibility.
- 1.9. All athletes must be available for relay selection.
- 1.10. **PS: All Swimmers to be available for selection to the Zone IV Team for the Inter-Zonal Competition on Day 6, 10 May 2026.**
- 1.11. Team selection will be in accordance with the SSA Transformation Policy in relation to demographic and gender equity where applicable.
- 1.12. The SSA Executive Committee reserves the right to amend these criteria and circulate such amended criteria.
- 1.13. The final team selection is subject to approval by the SSA Executive.

2. Age Group and Team Size

2.1. Team Size

- 2.1.1. Maximum number of athletes that may be selected is 80 (40 x 2 Juniors & Seniors:

40 females and 40 males athletes

- 2.1.2. Maximum number of athletes that may be selected for the Inter-Zonal championships is 40: 20 Males and 20 Females from those present at the championships

2.2 Age Group:

- 2.2.1 Senior Swimmers (Male and Female), 14 years and over on 31 December 2026 (born on/or before 2012)
- 2.2.2 Junior Swimmers (Boys and Girls): 14 - 18 years on 31 December 2026 (born 2012, 2011, 2010, 2009 and 2008)
- 2.2.3 Inter-Zonal Swimmers (Male and Female), 14 years and over on 31 December 2026 (born on/or before 2012)

3. Individual Events

- 3.1. Athletes who have participated in an Olympic Event at the 2026 &/ 2025 South African National Championships and/or 2026 &/ 2025 S A National Junior Age Group Championships, and/or 2026 S A National Youth Championships and/or 2026 &/ 2025 Regional Age Group Championships and/or 2026 SA Grand Prix 1 &/ 2, may be considered for selection.
- 3.2. Swimmers showing performance progression improvement from Heats to Finals, may be considered for selection.

4. Relays

- 4.1. All Athletes who have participated in the 100m individual events and 200m freestyle individual event may be considered for relay selection.
- 4.2. The final team will only be selected after intensive training with regard to take-over reaction times and matters relating to team-spirit build up.

5. Zone IV Team

- 5.1. A Zonal Team will be selected at the championships that will compete in the 1st ever Inter-Zonal Championship. All Swimmers to be available for selection and participation in this competition that will be held on 10 May 2026

6. Funding

- 6.1. This is a self-funded event.